19 aı	nd Under Female								
Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	65 Noble, Leslie	Scottsville, NY	Female	19	19 and Under Fem	42:37.617	70	21	76.51
2	147 Russell, Katie	Scottsville, NY	Female	19	19 and Under Fem	01:00:41.483	142	61	53.74

19 an	nd Under Male								
Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	100 Wehle, Kevin	Scottsville, NY	Male	17	19 and Under Male	38:01.330	43	32	77.24
2	101 Wehle, Connor	Scottsville, NY	Male	15	19 and Under Male	41:54.483	66	46	70.08

:0-24 Male	
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	163 Carr IV, Joe	Churchville, NY	Male	23	20-24 Male	42:30.740	69	49	69.08
2	151 Clark, Aaron	Scottsville, NY	Male	20	20-24 Male	42:41.617	71	50	68.79
3	542 Dunham, Chad	Spencerport, NY	Male	23	20-24 Male	49:01.307	109	68	59.91

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	176 Menarchem, Cathryn	Rochester, NY	Female	25	25-29 Female	40:49.417	58	16	79.89
2	41 Lachell, Jennifer	Waterford, NY	Female	25	25-29 Female	46:39.403	95	33	69.90

Resu	lts	by 🏄	Age	Grou	IP
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Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender Po	oints
1 182 Curley Luke	Rochester NY	Male	28 25-29 Male	38:30.937 44 33 76	6 25

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	114 Galeazzo, Laura	Rochester, NY	Female	31	30-34 Female	32:36.910	5	1	100.00
2	138 Rekkerth, Laura	Victor, NY	Female	31	30-34 Female	40:26.293	57	15	80.65

30-34 Ma	ale

Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Ov	verall Gender	Points
1 91 Nesbitt, Philip	Caledonia, NY	Male	32 30-34 Male	30:58.300	3 3	94.82
2 112 Gianniny, Max	Rochester, NY	Male	30 30-34 Male	34:08.643	11 10	86.01
3 88 Cornwell, Adam	Rochester, NY	Male	33 30-34 Male	34:59.667	17 15	83.92
4 62 Van Kirk, Chris	Geneva, NY	Male	34 30-34 Male	37:55.810	41 31	77.42
5 439 Bennett, Mark	Warsaw, NY	Male	30 30-34 Male	39:50.810	53 39	73.70

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall (	Gender	Points
1	187 Novick, Kiki	Rochester, NY	Female	35	35-39 Female	34:50.190	15	2	93.62
2	474 Konopka, Amy	Scottsville, NY	Female	39	35-39 Female	35:01.030	18	3	93.14
3	150 Gottfried, Lynn	Penfield, NY	Female	39	35-39 Female	35:04.447	19	4	92.99
4	131 Courtney, Katie	Spencerport, NY	Female	37	35-39 Female	35:50.733	24	6	90.99
5	11 Vanderlip, Tracy	Rochester, NY	Female	38	35-39 Female	37:09.487	32	7	87.77
	157 Pouliot, Carolynne	Rochester, NY	Female	36	35-39 Female	37:57.933	42	11	85.91
7	4 Palacio, Maria	Palmyra, NY	Female	39	35-39 Female	38:54.763	46	12	83.82
8	5 Park, Julie	Farmington, NY	Female	36	35-39 Female	44:36.143	78	25	73.12
9	49 Della Pietra, Rachael	East Rochester, NY	Female	39	35-39 Female	45:28.077	88	30	71.73

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	61 Glass, Brian	Spencerport, NY	Male	39	35-39 Male	36:09.223	25	19	81.23
2	18 BARKAU, GREG	Penfield, NY	Male	39	35-39 Male	37:12.740	33	26	78.92
3	106 Panzarella, Joe	East Rochetser, NY	Male	37	35-39 Male	37:42.803	37	28	77.87
4	190 Stratton, Josh	Rochester, NY	Male	37	35-39 Male	39:12.203	48	35	74.91
5	165 Heerkens Jr, Ron	Webster, NY	Male	38	35-39 Male	40:57.770	60	43	71.69
6	143 Insalaco, Adam	Irondequoit, NY	Male	38	35-39 Male	49:24.367	110	69	59.44

10-44	Femal	le
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	71 Patterson, Heather	Rochester, NY	Female	43	40-44 Female	35:06.060	20	5	92.92
2	540 Ayers, Pamela	Rochester, NY	Female	42	40-44 Female	39:21.713	51	14	82.86
3	26 Croll, Alexandra	Rochester, NY	Female	44	40-44 Female	46:45.573	98	36	69.75
4	42 Cassetta, Alvi	Rochester, NY	Female	44	40-44 Female	50:24.277	116	46	64.71
5	130 Montrois, Cara	Spencerport, NY	Female	42	40-44 Female	53:54.353	128	51	60.50
6	142 Beaver, Vickey	Rochester, NY	Female	44	40-44 Female	55:53.977	131	53	58.35
7	85 Pellegrin, Tina	Rochester, NY	Female	44	40-44 Female	01:11:24.680	149	65	45.67

#### Results by Age Group

40-44	ł Male							
Pos	Bib Last, First	City, State	Gen	Age Age Group	Finish Time	Overall	Gender	Points
1	539 Harter, Josh	Avon, NY	Male	43 40-44 Male	29:22.033	1	1	100.00
2	193 Blodgett, Matt	Fairport, NY	Male	41 40-44 Male	30:45.183	2	2	95.49
	15 Kumar, Prem	Pittsford, NY	Male	43 40-44 Male	36:15.193	26	20	81.01
4	115 Morgan, Phil	Rochester, NY	Male	41 40-44 Male	36:27.450	28	22	80.55
5	192 Vidmar, Jason	Rochester, NY	Male	41 40-44 Male	37:18.260	35	27	78.72

Male

Male

41 40-44 Male

40-44 Male

44:16.340

47:51.443

53

65

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66.33

61.36

Rochester, NY

Rochester, NY

21 Burns, Michael

7 123 Hardy, Jon

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	110 Mathis, Carolyn	Penfield, NY	Female	49	45-49 Female	37:45.520	38	10	86.38
2	103 Popen, Jen	Macedon, NY	Female	47	45-49 Female	40:55.507	59	17	79.69
3	14 Thoen, Susan	Penfield, NY	Female	48	45-49 Female	41:27.020	64	19	78.68
4	72 Gilman, Gail Marie	Churchville, NY	Female	49	45-49 Female	43:55.893	76	24	74.24
5	32 Cratsley, Lori	Springwater, NY	Female	48	45-49 Female	45:05.100	83	28	72.34
6	422 Roberts, Kelly	Barker, NY	Female	48	45-49 Female	45:06.650	84	29	72.30
7	19 Fromm, Amy	North Chili, NY	Female	46	45-49 Female	46:11.837	92	32	70.60
8	81 Jorstad, Amy	Rochester, NY	Female	47	45-49 Female	46:46.647	99	37	69.72
9	54 Gaudino, Jennifer	Rochester, NY	Female	45	45-49 Female	50:12.003	115	45	64.97
10	462 Piazza, Joele	Le Roy, NY	Female	45	45-49 Female	53:45.840	127	50	60.66
11	57 Lok, Amy	Fairport, NY	Female	45	45-49 Female	56:09.713	132	54	58.07
12	116 Sanford, Tanya	Webster, NY	Female	48	45-49 Female	57:47.840	136	57	56.43

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	104 Bolton, Roger	Albion, NY	Male	48	45-49 Male	33:16.120	9	8	88.27
2	1 Larson, Mark	Rochester, NY	Male	49	45-49 Male	33:49.400	10	9	86.83
3	76 Gage, Marcus	Palmyra, NY	Male	47	45-49 Male	34:31.750	12	11	85.05
4	177 Mauro, Douglas	Penfield, NY	Male	45	45-49 Male	34:38.897	14	13	84.76
5	174 Foos, Tom	Hilton, NY	Male	46	45-49 Male	34:52.957	16	14	84.19
6	10 Adams, Dave	Macedon, NY	Male	45	45-49 Male	35:48.683	23	18	82.01
7	156 Piccarreto, Brandon	Rochester, NY	Male	45	45-49 Male	40:15.437	55	41	72.95
8	70 Gardner, Kenneth	Rochester, NY	Male	47	45-49 Male	40:20.157	56	42	72.81
9	27 Tally, Joseph	Fairport, NY	Male	47	45-49 Male	42:22.200	68	48	69.31
10	168 Holley, Steven	Batavia, NY	Male	48	45-49 Male	45:31.920	90	59	64.50
11	124 Arbelo, Ralph	West Henrietta, NY	Male	48	45-49 Male	51:19.827	117	71	57.21

0-54 F	emale
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	189 Bice, Lisa	Churchville, NY	Female	50	50-54 Female	37:14.943	34	8	87.56
2	139 Samis, Karen	Le Roy, NY	Female	52	50-54 Female	39:08.803	47	13	83.32
3	186 Kellman, Karen	Penfield, NY	Female	51	50-54 Female	41:09.323	61	18	79.25
4	154 Iovoli, JoAnne	Mendon, NY	Female	54	50-54 Female	41:43.590	65	20	78.16
5	74 Burdick, Maureen	penfield, NY	Female	51	50-54 Female	43:24.677	74	22	75.13
6	48 Godshall, Karen	Spencerport, NY	Female	54	50-54 Female	44:58.270	82	27	72.52
7	64 Ciaio, Laura	Victor, NY	Female	51	50-54 Female	48:19.103	106	40	67.50
8	129 Derousie, Laurie	Hilton, NY	Female	51	50-54 Female	48:47.223	107	41	66.85
9	127 Ruhland, Christina	North Chili, NY	Female	50	50-54 Female	52:45.750	122	48	61.82
10	43 DeHond, Christine	Rochester, NY	Female	53	50-54 Female	01:02:01.443	143	62	52.58

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	94 Kellman, Matthew	Penfield, NY	Male	54	50-54 Male	32:48.497	6	5	89.51
2	164 Ciancione, Timothy	Rochester, NY	Male	53	50-54 Male	32:57.557	7	6	89.10
3	171 Ruchlin, Stephen	Rochester, NY	Male	50	50-54 Male	35:17.307	21	16	83.22
4	173 Mahood, Cameron	Chili, NY	Male	50	50-54 Male	36:25.233	27	21	80.63
5	102 Mruzek, Daniel	Fairport, NY	Male	53	50-54 Male	36:53.733	29	23	79.60
6	2 Cox, Jeffrey	Rochester, NY	Male	50	50-54 Male	36:57.423	30	24	79.46
7	126 Crilly, Anthony F.	Rochester, NY	Male	54	50-54 Male	37:02.517	31	25	79.28
8	63 Ciaio, Andrew	Victor, NY	Male	53	50-54 Male	37:52.523	40	30	77.54
9	118 Flores, Joao	Rochester, NY	Male	51	50-54 Male	39:21.010	50	37	74.63
10	155 Iovoli, Louis	Mendon, NY	Male	53	50-54 Male	39:23.020	52	38	74.57
11	7 Whorton, James	Rochester, NY	Male	51	50-54 Male	44:39.507	80	54	65.76
12	120 Savoca, Steven	Fairport, NY	Male	53	50-54 Male	44:52.073	81	55	65.45
13	35 Lanthier, Nick	Pittsford, NY	Male	50	50-54 Male	45:12.973	86	57	64.95
14	153 Trifiro, Nicholas	Pittsford, NY	Male	52	50-54 Male	53:28.833	125	77	54.91
15	59 Flores, Joaquim	Rochester, NY	Male	52	50-54 Male	57:48.130	137	80	50.81
16	30 Butler, Thomas	Rochester, NY	Male	54	50-54 Male	58:12.303	139	81	50.45
17	441 Howard, Jamie	Albany, NY	Male	53	50-54 Male	01:10:59.673	148	84	41.37

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	13 Lindblom, Bonnie	Rochester, NY	Female	55	55-59 Female	37:25.307	36	9	87.16
2	83 Vanderberg, Carol	Batavia, NY	Female	56	55-59 Female	43:52.680	75	23	74.33
3	180 White, Marie	Henrietta, NY	Female	58	55-59 Female	45:29.397	89	31	71.70
4	38 Keefe, Margaret	Rochester, NY	Female	59	55-59 Female	46:42.563	97	35	69.83
5	96 Merberg, Eileen	Fairport, NY	Female	57	55-59 Female	47:48.433	103	39	68.22
6	55 Battaglia, Linda	Rochester, NY	Female	55	55-59 Female	49:27.973	111	42	65.93
7	122 Maynard, Donna C	Rochester, NY	Female	57	55-59 Female	49:31.977	112	43	65.85
8	86 Nudd, Pam	Rochester, NY	Female	57	55-59 Female	49:41.970	113	44	65.62
9	515 Stigler, Laurie	Rochester, NY	Female	57	55-59 Female	53:42.177	126	49	60.73
10	52 Lord, Amy	Honeoye Falls, NY	Female	56	55-59 Female	56:25.477	133	55	57.80

55-59 Male
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	47 Dwyer, Tim	Rochester, NY	Male	59	55-59 Male	31:48.690	4	4	92.32
2	17 Madigan, Mark	Pittsford, NY	Male	57	55-59 Male	35:29.807	22	17	82.73
3	181 Dunham, Randy	Spencerport, NY	Male	57	55-59 Male	39:14.183	49	36	74.85
4	56 Taggerty, Daniel	Rochester, NY	Male	55	55-59 Male	41:18.657	63	45	71.09
5	179 Brewster, Novis	Rochester, NY	Male	59	55-59 Male	42:19.847	67	47	69.38
6	16 Rotoli, John	Penfield, NY	Male	56	55-59 Male	45:12.080	85	56	64.97
7	111 Van Dusen, Scott R	Rochester, NY	Male	58	55-59 Male	46:07.040	91	60	63.68
8	481 Ingraham, Eric	Cornelius, NC	Male	57	55-59 Male	46:16.370	93	61	63.47
9	87 Rosengrant, Wes	Churchville, NY	Male	58	55-59 Male	47:07.013	101	63	62.33
10	97 Merberg, Bob	Fairport, NY	Male	58	55-59 Male	47:39.063	102	64	61.63
11	20 Colavecchia, Frank	Rochester, NY	Male	59	55-59 Male	47:53.117	105	66	61.33
12	502 Duge, Ken	Batavia, NY	Male	58	55-59 Male	52:13.327	118	72	56.24
13	162 Carr, Joe	Churchville, NY	Male	55	55-59 Male	01:09:54.420	146	83	42.01

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	44 Crowe, Mary	Rochester, NY	Female	62	60-64 Female	44:37.613	79	26	73.08
2	33 Riley, Anne	Fairport, NY	Female	62	60-64 Female	46:39.723	96	34	69.90
3	98 Cowan, Rosemary	Elba, NY	Female	61	60-64 Female	52:44.583	121	47	61.84
4	119 Quinlan, Janine	sodus point, NY	Female	63	60-64 Female	58:04.960	138	58	56.15
5	133 Helman, Joyce	Rochester, NY	Female	63	60-64 Female	59:17.700	140	59	55.00
6	132 Bauman-O'Dell, Marian	Rochester, NY	Female	64	60-64 Female	59:40.653	141	60	54.65

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	24 Clinefelter, Kevin	Rochester, NY	Male	63	60-64 Male	33:10.497	8	7	88.52
2	167 Brunett, Peter	Honeoye Falls, NY	Male	60	60-64 Male	34:33.277	13	12	84.99
3	31 DeWeaver, Douglas	Rochester, NY	Male	61	60-64 Male	38:43.787	45	34	75.83
4	169 Cowan, Roger	Elba, NY	Male	61	60-64 Male	40:09.440	54	40	73.13
5	23 Lavner, Mark	Fairport, NY	Male	62	60-64 Male	45:16.350	87	58	64.87
6	50 Mills, Mark	Conesus, NY	Male	60	60-64 Male	53:04.510	123	75	55.33
7	69 Kerr, Jim	Canandaigua, NY	Male	64	60-64 Male	53:09.307	124	76	55.25
8	537 Erdeli, Scott	Palmyra, NY	Male	60	60-64 Male	01:13:51.107	150	85	39.77

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	36 Boettrich, Ellen	Hilton, NY	Female	68	65-69 Female	56:46.197	134	56	57.45
2	40 Witkiewitz, Mary Jane	Hilton, NY	Female	65	65-69 Female	01:02:13.293	145	63	52.42

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	77 Moran, Thomas	Batavia, NY	Male	66	65-69 Male	37:47.793	39	29	77.70
2	45 Crowe, Bill	Rochester, NY	Male	68	65-69 Male	41:12.833	62	44	71.26
3	68 Kane, Brian	Rochester, NY	Male	65	65-69 Male	42:52.097	72	51	68.51
4	28 Davenport, David	Rochester, NY	Male	67	65-69 Male	42:56.760	73	52	68.38
5	149 Hedges, Stephen	Rochester, NY	Male	69	65-69 Male	48:54.103	108	67	60.05
6	46 Matzan, Andy	Rochester, NY	Male	66	65-69 Male	52:20.573	120	74	56.11
7	75 Zonitch, John	Albion, NY	Male	65	65-69 Male	55:32.220	129	78	52.88
8	541 Galetto, Donald	Spencerport, NY	Male	66	65-69 Male	56:56.693	135	79	51.57
9	538 Jones, Douglas	Pittsford, NY	Male	66	65-69 Male	01:02:04.123	144	82	47.31

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	99 McGuire, Lynda	Scottsville, NY	Female	70	70-74 Female	46:55.390	100	38	69.51
2	78 Lewandowski, Mitzie	Rochester, NY	Female	71	70-74 Female	55:36.200	130	52	58.66

#### Results by Age Group

Male

70 70-74 Male

01:37:38.190

151

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Pos Bib Last, First City, State Gen Age Age Group Finish Time Overall Gender P	1	183 Howe, Roger	Rochester, NY	Male	71	70-74 Male	46:31.243	94	62	(
	Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Р

Rochester, NY

84 Murphy, William

Points

63.13

30.08

#### 2018-2018 Freezeoo. Pineway Ponds Park 5 mile 1/12/2019 Results by Age Group

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Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender Points
1 51 Kriesen Carolyn	Webster NY	Female	75 75-79 Female	01:09:55 410 147 64 46 64

75-79	Male								
Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	109 Otto, Bob	Rochester, NY	Male	79	75-79 Male	50:05.883	114	70	58.62
2	90 Rogers Dwight	Churchville NY	Male	77	75-79 Male	52.10 323	119	73	56 13