0-24 Femal	е
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	533 Allen, Julia	Fairport, NY	Female	20	20-24 Female	41:57.410	56	16	73.77
2	446 Burdick, Shannon	penfield, NY	Female	20	20-24 Female	56:26.757	119	48	54.83

#### 2021-2022 Freezeoo. Pineway Ponds Park 5 mile 1/8/2022 Results by Age Group

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Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender Points
1 165 Cole, Brittany	Geneva, NY	Female	29 25-29 Female	56:11.627 116 46 55.08

5-29	Male	
.J-Z )	Male	

Pos E	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1 4	430 Richards, David	Rochester, NY	Male	29	25-29 Male	27:31.577	1	1	100.00
2 1	177 Gala, John	Spencerport, NY	Male	25	25-29 Male	33:54.360	14	13	81.18
3	65 Urs, Sanjay	Brockport, NY	Male	29	25-29 Male	41:10.773	51	36	66.84
4 5	536 Alston, Hyena	,	Male	27	25-29 Male	58:28.310	126	75	47.08

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	85 Galeazzo, Laura	Webster, NY	Female	34	30-34 Female	36:48.790	24	5	84.07
2	64 Bulloch, Alexi	Rochester, NY	Female	31	30-34 Female	36:55.577	26	6	83.82

#### Results by Age Group

Male

33 30-34 Male

30-34	Male								
Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	
1	532 Selke, Greg	Penfield, NY	Male	31	30-34 Male	29:48.507	2	2	

Rochester, NY

2 157 Nobles, Aaron

Points

92.34

91.34

30:08.077

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	155 Nagel, Kirsten	Pittsford, NY	Female	38	35-39 Female	35:44.680	20	3	86.59
2	163 Pouliot, Carolynne	Rochester, NY	Female	39	35-39 Female	39:03.573	33	8	79.24
3	133 Bronson, Diana	Hilton, NY	Female	36	35-39 Female	39:11.327	34	9	78.98
4	439 Stoller, Ashley	Hilton, NY	Female	37	35-39 Female	43:16.953	69	19	71.51
5	184 McCabe, Carly	,	Female	37	35-39 Female	52:41.420	112	44	58.74
6	175 Jones, Erica	Pittsford, NY	Female	36	35-39 Female	59:10.463	127	52	52.30
7	170 Nesbitt, Christina	Caledonia, NY	Female	36	35-39 Female	1:00:49.197	128	53	50.89
8	168 Pellitteri, Lynn	Caledonia, NY	Female	39	35-39 Female	1:07:15.880	133	58	46.01

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	132 Sullivan, Peter	Rochester, NY	Male	38	35-39 Male	30:52.800	4	4	89.14
2	160 Merriam, Richie	North Chili, NY	Male	38	35-39 Male	30:56.267	5	5	88.97
3	84 Hameline, AJ	Macedon, NY	Male	36	35-39 Male	31:28.700	7	6	87.45
4	117 Van Kirk, Chris	Palmyra, NY	Male	37	35-39 Male	33:51.307	13	12	81.31
5	31 Cornwell, Adam	Rochester, NY	Male	36	35-39 Male	35:47.163	22	18	76.92
6	54 Bigelow, Donald	Churchville, NY	Male	35	35-39 Male	39:26.873	37	27	69.78
7	135 Grant, Dan	Henrietta, NY	Male	36	35-39 Male	41:15.763	52	37	66.71
8	98 Albert, Greg	Rochester, NY	Male	38	35-39 Male	45:38.563	84	58	60.31

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	129 Johnson-White, Melissa	Fairport, NY	Female	40	40-44 Female	30:56.993	6	1	100.00
2	149 Matthews, Elizabeth	Pittsford, NY	Female	41	40-44 Female	35:43.047	19	2	86.65
3	124 Courtney, Katie	spencerport, NY	Female	40	40-44 Female	40:13.757	44	12	76.93
4	1 Della Pietra, Rachael	East Rochester, NY	Female	42	40-44 Female	43:45.120	73	21	70.74
5	141 McFarlane, Melissa	Canandaigua, NY	Female	42	40-44 Female	47:07.793	97	34	65.67

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	25 Glor, Paul	Rochester, NY	Male	43	40-44 Male	31:54.823	8	7	86.25
2	471 Presby, David	Fairport, NY	Male	44	40-44 Male	32:22.990	9	8	85.00
3	30 Glass, Brian	Spencerport, NY	Male	42	40-44 Male	40:03.370	43	32	68.72
4	23 Panzarella, Joe	East Rochetser, NY	Male	40	40-44 Male	41:06.480	50	35	66.96
5	86 Hettrick, Jeff	Avon, NY	Male	41	40-44 Male	42:22.370	64	47	64.96
6	13 Burns, Michael	Rochester, NY	Male	44	40-44 Male	43:07.573	68	50	63.83
7	171 Berardi, Cory	Rochester, NY	Male	43	40-44 Male	48:36.173	100	64	56.64

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	116 Patterson, Heather	Rochester, NY	Female	46	45-49 Female	35:45.363	21	4	86.56
2	74 Abdella, Michelle	Batavia, NY	Female	49	45-49 Female	40:42.370	47	13	76.03
3	158 Gunther, Claire	Fairport, NY	Female	46	45-49 Female	41:01.420	48	14	75.44
4	53 George, Jeanette	Palmyra, NY	Female	47	45-49 Female	41:05.603	49	15	75.32
5	52 Shields, Ruth	Canandaigua, NY	Female	49	45-49 Female	42:40.547	66	18	72.52
6	35 DiSalvo, Jennifer	Ontario, NY	Female	47	45-49 Female	45:49.190	86	28	67.55
7	120 Gelfuso, Jennifer	Spencerport, NY	Female	46	45-49 Female	46:20.683	89	29	66.78
8	63 Bell, Renee	Fairport, NY	Female	48	45-49 Female	48:26.043	99	36	63.90
9	50 Strossman, Sarah	Rochester, NY	Female	49	45-49 Female	50:50.343	106	39	60.88
10	126 Gaudino, Jennifer	Rochester, NY	Female	48	45-49 Female	51:29.883	108	41	60.10
11	154 Montrois, Cara	Spencerport, NY	Female	45	45-49 Female	57:13.990	122	51	54.08
12	111 Beaver, Vickey	Rochester, NY	Female	47	45-49 Female	1:01:58.897	129	54	49.93
13	92 Pellegrin, Tina	Rochester, NY	Female	47	45-49 Female	1:12:27.320	136	60	42.72

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	112 Kumar, Prem	Pittsford, NY	Male	46	45-49 Male	35:04.987	17	16	78.46
2	2 Lopez, Carlos	Webster, NY	Male	49	45-49 Male	36:40.587	23	19	75.05
3	188 Williams, Joshua	,	Male	47	45-49 Male	36:56.727	27	21	74.51
4	101 Yates, Joel	Rochester, NY	Male	45	45-49 Male	37:34.413	30	23	73.26
5	28 Adams, Dave	Palmyra, NY	Male	48	45-49 Male	39:30.300	39	29	69.68
6	130 Johnson, Chad	Fairport, NY	Male	45	45-49 Male	39:41.680	41	30	69.35
7	59 Ciecierega, Joseph	Geneseo, NY	Male	48	45-49 Male	40:24.157	46	34	68.13
8	172 Schmidt, Timothy	East Rochester, NY	Male	46	45-49 Male	43:37.187	72	52	63.11
9	14 Heeks, Dale	Fairport, NY	Male	48	45-49 Male	45:52.137	88	60	60.01

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	43 Bice, Lisa	Churchville, NY	Female	53	50-54 Female	37:01.847	28	7	83.58
2	10 Larson, Cindy	Rochester, NY	Female	50	50-54 Female	39:24.027	36	10	78.55
3	176 Hays, Michelle	Penfield, NY	Female	50	50-54 Female	43:17.967	70	20	71.48
4	48 Mathis, Carolyn	Penfield, NY	Female	52	50-54 Female	45:11.470	80	25	68.49
5	90 Burdick, Maureen	penfield, NY	Female	54	50-54 Female	46:20.803	90	30	66.78
6	68 Thoen, Sue	Penfield, NY	Female	51	50-54 Female	47:07.333	96	33	65.68
7	58 Ciaio, Laura	Victor, NY	Female	54	50-54 Female	48:13.177	98	35	64.19
8	75 Kean, Valerie	Palmyra, NY	Female	52	50-54 Female	49:07.050	101	37	63.01
9	453 Roberts, Kelly	Barker, NY	Female	51	50-54 Female	49:46.507	104	38	62.18
10	187 HENWOOD, EILEEN	Fairport, NY	Female	53	50-54 Female	56:16.600	118	47	55.00
11	148 Sanford, Tanya	Rochester, NY	Female	51	50-54 Female	1:02:52.120	131	56	49.23

00-54 Male	
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	121 Bolton, Roger	Albion, NY	Male	51	50-54 Male	33:39.977	11	10	81.76
2	9 Larson, Mark	Rochester, NY	Male	52	50-54 Male	34:49.497	16	15	79.04
3	461 Nowakowski, Gregory	Rochester, NY	Male	54	50-54 Male	39:00.767	32	25	70.56
4	8 Cox, Jeffrey	Rochester, NY	Male	53	50-54 Male	39:12.750	35	26	70.20
5	142 MEEHAN, RICHARD	Farmington, NY	Male	51	50-54 Male	42:08.967	62	45	65.31
6	535 Mahood, Cameron	Rochester, NY	Male	53	50-54 Male	42:16.327	63	46	65.12
7	174 Natale, John	Fairport, NY	Male	53	50-54 Male	44:25.280	76	54	61.97
8	7 Whorton, James	Rochester, NY	Male	54	50-54 Male	45:50.297	87	59	60.05
9	36 Casilio, Mark	Hilton, NY	Male	50	50-54 Male	46:38.010	93	62	59.03
10	95 Freiberger, John	East Rochester, NY	Male	50	50-54 Male	50:42.030	105	67	54.29
11	180 Caswell, Doug	,	Male	52	50-54 Male	57:29.940	124	73	47.87

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	151 Lindblom, Bonnie	Rochester, NY	Female	58	55-59 Female	39:33.347	40	11	78.24
2	144 Iovoli, JoAnne	Honeoye Falls, NY	Female	57	55-59 Female	44:09.980	75	22	70.08
3	56 Vanderberg, Carol	Batavia, NY	Female	59	55-59 Female	44:39.723	77	23	69.30
4	60 Battaglia, Linda	Rochester, NY	Female	58	55-59 Female	52:35.100	111	43	58.86
5	136 Tantillo, Maria	Webster, NY	Female	58	55-59 Female	56:37.997	120	49	54.65
6	32 Lyaski Pierce, Brenda	Webster, NY	Female	57	55-59 Female	57:03.673	121	50	54.24
7	96 DeHond, Christine	Rochester, NY	Female	56	55-59 Female	1:02:42.673	130	55	49.35
8	113 Lord, Amy	Honeoye Falls, NY	Female	59	55-59 Female	1:10:17.217	135	59	44.03

5-59	Male
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	19 Kellman, Matthew	Penfield, NY	Male	57	55-59 Male	33:25.773	10	9	82.34
2	97 Ciancione, Tim	Geneseo, NY	Male	56	55-59 Male	33:44.143	12	11	81.59
3	167 Weber, Bill	Fairport, NY	Male	55	55-59 Male	36:51.750	25	20	74.67
4	57 Ciaio, Andrew	Victor, NY	Male	56	55-59 Male	37:30.960	29	22	73.37
5	102 Reinhardt, Mike	Rochester, NY	Male	58	55-59 Male	38:25.030	31	24	71.65
6	106 Bongard, Jim	Webster, NY	Male	57	55-59 Male	39:27.200	38	28	69.77
7	143 Iovoli, Louis	Honeoye Falls, NY	Male	56	55-59 Male	40:20.037	45	33	68.25
8	118 Mruzek, Daniel	Fairport, NY	Male	56	55-59 Male	41:42.613	54	39	65.99
9	62 Bambury, Kevin	Fairport, NY	Male	59	55-59 Male	42:07.800	61	44	65.34
10	190 Gleason, Phil	,	Male	58	55-59 Male	42:25.893	65	48	64.87
11	77 Erickson, Paul	Hemlock, NY	Male	55	55-59 Male	44:56.323	78	55	61.25
12	80 Howard, Jamie	Albany, NY	Male	56	55-59 Male	55:14.720	113	69	49.83
13	55 Paeth, Ron	Holley, NY	Male	58	55-59 Male	57:28.733	123	72	47.89
14	173 Butler, Thomas	Rochester, NY	Male	57	55-59 Male	1:15:04.063	138	78	36.67

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Pos Bib Last, First	City, State	Gen	Age Age	e Group	Finish Time	Overall	Gender	Points
1 73 Spiotta, Janice	Batavia, NY	Female	64 60-	64 Female	45:28.953	83	26	68.05
2 103 Trabucco, Cathie	Rochester, NY	Female	62 60-	64 Female	45:49.037	85	27	67.55
3 45 Eisenman, Carol	Rochester, NY	Female	64 60-	64 Female	46:27.713	91	31	66.61
4 164 WHITE, MARIE	,	Female	61 60-	64 Female	46:40.320	94	32	66.31
5 182 Meyers, Marti	,	Female	60 60-	64 Female	1:03:30.007	132	57	48.74

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	42 Dwyer, Tim	Rochester, NY	Male	62	60-64 Male	34:44.947	15	14	79.21
2	162 Brunett, Peter	Honeoye Falls, NY	Male	63	60-64 Male	35:05.663	18	17	78.44
3	185 McElroy, Brian	,	Male	60	60-64 Male	41:39.447	53	38	66.08
4	150 Lindblom, Peter	Rochester, NY	Male	60	60-64 Male	41:49.987	55	40	65.80
5	122 DeWeaver, Douglas	Rochester, NY	Male	64	60-64 Male	41:57.883	57	41	65.59
6	153 Benson, John	Rochester, NY	Male	63	60-64 Male	42:42.180	67	49	64.46
7	41 Brewster, Novis	Rochester, NY	Male	62	60-64 Male	43:46.580	74	53	62.88
8	145 Cowan, Roger	Elba, NY	Male	64	60-64 Male	45:24.830	82	57	60.61
9	429 Palmieri, John	Baldwinsville, NY	Male	64	60-64 Male	46:32.787	92	61	59.14
10	534 Molineaux, Charles	Elgin, SC	Male	60	60-64 Male	46:49.893	95	63	58.78
11	87 Rosengrant, Wes	Churchville, NY	Male	61	60-64 Male	49:17.980	102	65	55.83
12	82 Norris, James	Fairport, NY	Male	62	60-64 Male	56:15.917	117	71	48.92
13	39 Alston, Wilton	Rochester, NY	Male	63	60-64 Male	58:27.160	125	74	47.09

5-69	Fema	le
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	88 Guth, Cheryl	Rochester, NY	Female	67	65-69 Female	42:02.837	59	17	73.61
2	26 Crowe, Mary	Rochester, NY	Female	65	65-69 Female	45:02.867	79	24	68.70
3	16 Riley, Anne	East Rochester, NY	Female	65	65-69 Female	51:14.480	107	40	60.40
4	134 Pryor, Marilee	Rochester, NY	Female	66	65-69 Female	56:08.520	114	45	55.13

5-69	Ma	le
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	189 beyerbach, bill	,	Male	66	65-69 Male	39:47.993	42	31	69.16
2	34 Moran, Thomas	Batavia, NY	Male	69	65-69 Male	41:58.123	58	42	65.59
3	69 Kane, Brian	Rochester, NY	Male	68	65-69 Male	43:33.270	71	51	63.20
4	152 Boyce, Randy	Oakfield, NY	Male	65	65-69 Male	45:19.980	81	56	60.72
5	15 TheWonderDog, Callie	Irondequoit, NY	Male	65	65-69 Male	49:43.060	103	66	55.37
6	147 Degma, Matt	Rochester, NY	Male	67	65-69 Male	51:32.220	109	68	53.41
7	24 Zonitch, John	Albion, NY	Male	68	65-69 Male	56:10.607	115	70	49.00
8	20 Matzan, Andy	Rochester, NY	Male	69	65-69 Male	1:18:10.143	140	80	35.21

### Results by Age Group

70-74 Female

1 38 Lewandowski Mitzie	Rochester NY	Female	74 70-74 Female	52:13 667 110 42	59 26
Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender	Points

70-74	Male								
Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	27 Crowe, Bill	Rochester, NY	Male	71	70-74 Male	42:03.553	60	43	65.45
2	460 Jones, Loren	Basom, NY	Male	71	70-74 Male	1:08:43.053	134	76	40.06
3	22 Davenport, David	Rochester, NY	Male	70	70-74 Male	1:18:09.120	139	79	35.22
4	11 Murphy, William	Rochester, NY	Male	73	70-74 Male	1:53:45.840	142	81	24.20

#### 2021-2022 Freezeoo. Pineway Ponds Park 5 mile 1/8/2022 Results by Age Group

75-79 Female

Pos	Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender	Points
1	37 Kriesen, Carolyn	Webster NY	Female	78 75-79 Female	1.25.22 410 141 61	36 25

#### 2021-2022 Freezeoo. Pineway Ponds Park 5 mile 1/8/2022 Results by Age Group 80 and Over Male City, State Finish Time Overall Gender Pos Bib Last, First Gen Age Age Group Points 18 Rogers, Dwight Churchville, NY Male 80 and Over Male 1:12:40.220 137 77 37.88