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1 552 Gilligan, Paul	Rochester, NY	Gen	16 19 and Under Male	49:20.647 101 67 56.
Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender Poir

2021-2022 Freezeroo. Hearnish 5 mile 1/22/2022 Results by Age Group

20-24 Male

Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender Poi
1 547 Broderick, Jack	Victor, NY	Male	24 20-24 Male	27:42.520 1 1 100

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	548 Allen, Morgan	Naples, NY	Female	28	25-29 Female	37:48.970	39	10	80.20
2	165 Cole, Brittany	Geneva, NY	Female	29	25-29 Female	51:01.893	104	36	59.43

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	498 Couse, Nathan	Clifton Springs, NY	Male	28	25-29 Male	31:42.720	12	11	87.38
2	65 Urs, Sanjay	Brockport, NY	Male	29	25-29 Male	39:31.073	49	36	70.12
3	555 Alston, Hyena	Honeoye Falls, NY	Male	27	25-29 Male	1:03:22.653	126	80	43.72

2021-2022 Freezeroo. Hearnish 5 mile 1/22/2022 Results by Age Group

30-34 Female

Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gende	r Points
1 64 Bulloch, Alexi	Rochester, NY	Female	31 30-34 Female	34:58.117 29 7	86.73

30-34	Male	
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	157 Nobles, Aaron	Rochester, NY	Male	33	30-34 Male	28:02.183	2	2	98.83
2	554 Patalano, David	Rochester, NY	Male	34	30-34 Male	31:39.293	11	10	87.53

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	477 Youngman, Lynn	Penfield, NY	Female	35	35-39 Female	32:19.030	15	2	93.84
2	155 Nagel, Kirsten	Pittsford, NY	Female	38	35-39 Female	34:10.100	24	5	88.76
3	437 Simning, Inga	Pittsford, NY	Female	35	35-39 Female	34:54.747	26	6	86.87
4	553 Kohn, Philippa	Rochester, NY	Female	35	35-39 Female	42:25.653	71	20	71.48
5	170 Nesbitt, Christina	Caledonia, NY	Female	36	35-39 Female	53:45.117	109	38	56.42
6	175 Jones, Erica	Pittsford, NY	Female	36	35-39 Female	55:59.857	117	43	54.16
7	168 Pellitteri, Lynn	Caledonia, NY	Female	39	35-39 Female	1:00:16.020	120	44	50.32

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	84 Hameline, AJ	Macedon, NY	Male	36	35-39 Male	29:18.467	3	3	94.54
2	424 King, Roger	Buffalo, NY	Male	36	35-39 Male	31:34.057	9	8	87.78
3	539 Burkhartt, Matthew	FAIRPORT, NY	Male	35	35-39 Male	32:12.550	14	13	86.03
4	117 Van Kirk, Chris	Palmyra, NY	Male	37	35-39 Male	32:50.040	17	15	84.39
5	31 Cornwell, Adam	Rochester, NY	Male	36	35-39 Male	34:56.267	28	22	79.31
6	125 Burgoyne, Russell	Honeoye Falls, NY	Male	37	35-39 Male	37:13.537	36	28	74.43
7	135 Grant, Dan	Henrietta, NY	Male	36	35-39 Male	38:01.770	41	30	72.86
8	54 Bigelow, Donald	Churchville, NY	Male	35	35-39 Male	38:18.783	43	31	72.32
9	98 Albert, Greg	Rochester, NY	Male	38	35-39 Male	42:01.360	67	50	65.94
10	546 Chatters, Kenny	Penfield, NY	Male	36	35-39 Male	51:31.253	105	69	53.78

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	129 Johnson-White, Melissa	Fairport, NY	Female	40	40-44 Female	30:19.617	6	1	100.00
2	149 Matthews, Elizabeth	Pittsford, NY	Female	41	40-44 Female	33:46.750	19	3	89.78
3	1 Della Pietra, Rachael	East Rochester, NY	Female	42	40-44 Female	41:42.593	64	17	72.71
4	141 McFarlane, Melissa	Canandaigua, NY	Female	42	40-44 Female	43:23.520	78	24	69.89

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	436 Presby, David	Fairport, NY	Male	44	40-44 Male	29:51.590	4	4	92.80
2	29 Barkau, Greg	Penfield, NY	Male	42	40-44 Male	33:49.137	20	17	81.93
3	30 Glass, Brian	Spencerport, NY	Male	42	40-44 Male	36:35.383	33	25	75.73
4	86 Hettrick, Jeff	Avon, NY	Male	41	40-44 Male	39:38.250	51	38	69.91
5	23 Panzarella, Joe	East Rochetser, NY	Male	40	40-44 Male	42:25.533	70	51	65.31
6	171 Berardi, Cory	Rochester, NY	Male	43	40-44 Male	45:34.903	89	61	60.79
7	544 Drain, Corey	Rochester, NY	Male	43	40-44 Male	47:22.560	94	63	58.49

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	116 Patterson, Heather	Rochester, NY	Female	46	45-49 Female	34:01.100	22	4	89.15
2	53 George, Jeanette	Palmyra, NY	Female	47	45-49 Female	38:11.590	42	12	79.40
3	74 Abdella, Michelle	Batavia, NY	Female	49	45-49 Female	39:21.363	48	13	77.06
4	158 Gunther, Claire	Fairport, NY	Female	46	45-49 Female	39:42.387	53	14	76.38
5	52 Shields, Ruth	Canandaigua, NY	Female	49	45-49 Female	40:20.970	57	16	75.16
6	35 DiSalvo, Jennifer	Ontario, NY	Female	47	45-49 Female	42:31.797	72	21	71.31
7	120 Gelfuso, Jennifer	Spencerport, NY	Female	46	45-49 Female	43:21.507	77	23	69.94
8	63 Bell, Renee	Fairport, NY	Female	48	45-49 Female	47:50.010	96	32	63.40
9	126 Gaudino, Jennifer	Rochester, NY	Female	48	45-49 Female	48:03.963	97	33	63.09
10	509 Fromm, Amy	North Chili, NY	Female	49	45-49 Female	48:37.437	98	34	62.37
11	111 Beaver, Vickey	Rochester, NY	Female	47	45-49 Female	55:58.893	116	42	54.17
12	92 Pellegrin, Tina	Rochester, NY	Female	47	45-49 Female	1:08:55.610	128	48	44.00

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	112 Kumar, Prem	Pittsford, NY	Male	46	45-49 Male	33:59.113	21	18	81.53
2	101 Yates, Joel	Rochester, NY	Male	45	45-49 Male	34:53.240	25	20	79.42
3	28 Adams, Dave	Palmyra, NY	Male	48	45-49 Male	35:18.307	30	23	78.48
4	2 Lopez, Carlos	Webster, NY	Male	49	45-49 Male	35:47.083	32	24	77.43
5	130 Johnson, Chad	Fairport, NY	Male	45	45-49 Male	36:38.517	34	26	75.62
6	172 Schmidt, Timothy	East Rochester, NY	Male	46	45-49 Male	41:43.270	65	48	66.41
7	59 Ciecierega, Joseph	Geneseo, NY	Male	48	45-49 Male	41:52.337	66	49	66.17
8	14 Heeks, Dale	Fairport, NY	Male	48	45-49 Male	44:49.530	86	58	61.81

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	43 Bice, Lisa	Churchville, NY	Female	53	50-54 Female	35:25.743	31	8	85.60
2	10 Larson, Cindy	Rochester, NY	Female	50	50-54 Female	37:18.073	37	9	81.30
3	90 Burdick, Maureen	penfield, NY	Female	54	50-54 Female	44:16.943	82	26	68.49
4	4 Cratsley, Lori	Springwater, NY	Female	51	50-54 Female	44:23.177	84	28	68.33
5	58 Ciaio, Laura	Victor, NY	Female	54	50-54 Female	46:34.543	92	30	65.11
6	75 Kean, Valerie	Palmyra, NY	Female	52	50-54 Female	46:43.300	93	31	64.91
7	187 HENWOOD, EILEEN	Fairport, NY	Female	53	50-54 Female	55:08.523	113	41	55.00

50-54 Male	Š
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	108 Gage, Marcus	Palmyra, NY	Male	50	50-54 Male	29:58.280	5	5	92.45
2	121 Bolton, Roger	Albion, NY	Male	51	50-54 Male	32:01.890	13	12	86.50
3	9 Larson, Mark	Rochester, NY	Male	52	50-54 Male	32:46.873	16	14	84.53
4	8 Cox, Jeffrey	Rochester, NY	Male	53	50-54 Male	37:26.957	38	29	73.99
5	44 Tedquist, Michael	Rochester, NY	Male	54	50-54 Male	39:03.823	45	33	70.93
6	142 MEEHAN, RICHARD	Farmington, NY	Male	51	50-54 Male	39:42.073	52	39	69.79
7	36 Casilio, Mark	Hilton, NY	Male	50	50-54 Male	43:12.630	76	54	64.12
8	33 Flores, Joao	Rochester, NY	Male	54	50-54 Male	43:34.790	79	55	63.58
9	7 Whorton, James	Rochester, NY	Male	54	50-54 Male	45:07.170	87	59	61.41
10	174 Natale, John	Fairport, NY	Male	53	50-54 Male	45:43.970	90	62	60.59
11	95 Freiberger, John	East Rochester, NY	Male	50	50-54 Male	48:56.600	100	66	56.61
12	180 Caswell, Doug	,	Male	52	50-54 Male	55:26.667	114	73	49.98

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	151 Lindblom, Bonnie	Rochester, NY	Female	58	55-59 Female	38:00.787	40	11	79.78
2	56 Vanderberg, Carol	Batavia, NY	Female	59	55-59 Female	42:20.997	69	19	71.61
3	551 Gilligan, Nancy	Rochester, NY	Female	57	55-59 Female	53:59.773	110	39	56.16
4	136 Tantillo, Maria	Webster, NY	Female	58	55-59 Female	54:29.490	112	40	55.65
5	96 DeHond, Christine	Rochester, NY	Female	56	55-59 Female	1:00:58.087	121	45	49.74

5-59 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	97 Ciancione, Tim	Geneseo, NY	Male	56	55-59 Male	31:09.287	7	6	88.94
2	19 Kellman, Matthew	Penfield, NY	Male	57	55-59 Male	31:36.683	10	9	87.65
3	167 Weber, Bill	Fairport, NY	Male	55	55-59 Male	34:55.493	27	21	79.34
4	57 Ciaio, Andrew	Victor, NY	Male	56	55-59 Male	36:47.150	35	27	75.32
5	143 Iovoli, Louis	Honeoye Falls, NY	Male	56	55-59 Male	39:05.337	46	34	70.89
6	118 Mruzek, Daniel	Fairport, NY	Male	56	55-59 Male	39:08.557	47	35	70.79
7	190 Gleason, Phil	,	Male	58	55-59 Male	41:13.563	60	44	67.21
8	62 Bambury, Kevin	Fairport, NY	Male	59	55-59 Male	41:36.723	63	47	66.59
9	77 Erickson, Paul	Hemlock, NY	Male	55	55-59 Male	44:41.697	85	57	62.00
10	504 McLaen, WILLIAM	Spencerport, NY	Male	56	55-59 Male	49:57.580	102	68	55.46
11	55 Paeth, Ron	Holley, NY	Male	58	55-59 Male	55:28.047	115	74	49.95

0-64 l	-emale
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Pos Bib Last, First	City, Sta	te Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1 103 Trabucco,	Cathie Rocheste	r, NY Female	62	60-64 Female	42:55.110	74	22	70.66
2 45 Eisenman	, Carol Rocheste	r, NY Female	64	60-64 Female	43:49.590	80	25	69.20
3 73 Spiotta, J	anice Batavia,	NY Female	64	60-64 Female	44:19.290	83	27	68.42
4 164 WHITE, M.	ARIE ,	Female	61	60-64 Female	45:58.750	91	29	65.96
5 146 Cowan, Ro	osemary Elba, NY	Female	64	60-64 Female	1:05:00.510	127	47	46.65

60-64 Male

Pos	Bib Last, First	City, State	Gen	Δσρ	Age Group	Finish Time	Overall	Gender	Points
1 03	515 Ed3t, 1 113t	only, state	0011	750	75c Oloup	i iiiiSii i iiiiC	Overati	Geriaei	. 011163
1	42 Dwyer, Tim	Rochester, NY	Male	62	60-64 Male	31:18.720	8	7	88.49
2	162 Brunett, Peter	Honeoye Falls, NY	Male	63	60-64 Male	32:56.607	18	16	84.11
3	183 Thull, Ted	,	Male	60	60-64 Male	34:03.580	23	19	81.35
4	115 Dunham, Randy	Spencerport, NY	Male	60	60-64 Male	38:20.393	44	32	72.27
5	122 DeWeaver, Douglas	Rochester, NY	Male	64	60-64 Male	39:59.090	55	41	69.30
6	185 McElroy, Brian	,	Male	60	60-64 Male	40:41.697	58	42	68.09
7	191 Benson, John	,	Male	63	60-64 Male	40:45.917	59	43	67.97
8	41 Brewster, Novis	Rochester, NY	Male	62	60-64 Male	41:26.867	61	45	66.85
9	145 Cowan, Roger	Elba, NY	Male	64	60-64 Male	42:45.977	73	52	64.79
10	464 Palmieri, John	Baldwinsville, NY	Male	64	60-64 Male	45:16.467	88	60	61.20
11	87 Rosengrant, Wes	Churchville, NY	Male	61	60-64 Male	48:55.747	99	65	56.63
12	21 Fitzgerald, David	Rochester, NY	Male	60	60-64 Male	53:06.097	108	71	52.18
13	82 Norris, James	Fairport, NY	Male	62	60-64 Male	56:01.120	118	75	49.46
14	39 Alston, Wilton	Rochester, NY	Male	63	60-64 Male	1:03:22.533	125	79	43.72

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Pos Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1 88 Guth, Cheryl	Rochester, NY	Female	67	65-69 Female	40:06.070	56	15	75.63
2 26 Crowe, Mary	Rochester, NY	Female	65	65-69 Female	42:16.067	68	18	71.75
3 16 Riley, Anne	East Rochester, NY	Female	65	65-69 Female	50:42.360	103	35	59.81
4 549 Curry, Stacey	Jamestown, NY	Female	67	65-69 Female	1:02:46.510	124	46	48.31

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	34 Moran, Thomas	Batavia, NY	Male	69	65-69 Male	39:34.263	50	37	70.02
2	69 Kane, Brian	Rochester, NY	Male	68	65-69 Male	41:36.060	62	46	66.61
3	152 Boyce, Randy	Oakfield, NY	Male	65	65-69 Male	43:03.210	75	53	64.36
4	5 Lavner, Mark	Fairport, NY	Male	65	65-69 Male	44:02.653	81	56	62.91
5	147 Degma, Matt	Rochester, NY	Male	67	65-69 Male	47:49.900	95	64	57.93
6	24 Zonitch, John	Albion, NY	Male	68	65-69 Male	54:19.943	111	72	51.00
7	138 Sillick, Daniel	Hilton, NY	Male	65	65-69 Male	1:01:24.467	123	78	45.12

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Pos	Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender	Points
1	38 Lewandowski, Mitzie	Rochester, NY	Female	74 70-74 Female	52:41.270 107 37	57.56

70-74 Ma	ıle
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Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall	Gender	Points
1 27 Crowe, Bill	Rochester, NY	Male	71 70-74 Male	39:51.493 54	40	69.52
2 550 Burkhartt, Glen	Fairport, NY	Male	71 70-74 Male	51:40.143 106	70	53.63
3 22 Davenport, David	Rochester, NY	Male	70 70-74 Male	1:00:06.757 119	76	46.09
4 11 Murphy, William	Rochester, NY	Male	73 70-74 Male	1:49:56.483 129	81	25.20

2021-2022 Freezeroo. Hearnish 5 mile 1/22/2022 Results by Age Group

80	and	Over	Male	

Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender	Points
1 18 Rogers, Dwight	Churchville, NY	Male	80 80 and Over Male	1:01:14.857 122 77	45 24