Resu	lts	by 🏻	Age	Group
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19 and Under Female				
Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender Points
1 417 Dixon Helena	Fairport NY	Female	14 19 and Under Fem	37:04 040 36 11 80 67

Results by	y Age	Group
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1	139 Dixon, Jake	Fairport, NY	Male	16 19 and Under Male	29:42.313	4	4	91.42
Pos	Bib Last, First	City, State	Gen	Age Age Group	Finish Time	Overall	Gender	Points
19 a	nd Under Male							

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	48 Menarchem, Cathryn	Rochester, NY	Female	29	25-29 Female	39:26.050	52	17	75.82
2	120 Gilbert, Christie	Rochester, NY	Female	26	25-29 Female	44:39.917	87	33	66.94

5-70	Male
J-Z /	Male

Pos Bib Last, F	ïrst	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1 557 Hurley	, Corey	Palmyra, NY	Male	27	25-29 Male	36:04.553	34	25	75.27
2 164 Critelli	i, Anthony	Rochester, NY	Male	29	25-29 Male	38:22.313	45	31	70.77
3 157 Alston,	, Hyena	,	Male	28	25-29 Male	53:35.010	121	68	50.68
4 556 Moran,	Emilio	Rochester, NY	Male	28	25-29 Male	1:03:33.623	138	76	42.72

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	544 Huselton, Laura	ROCHESTER, NY	Female	33	30-34 Female	29:54.043	5	1	100.00
2	571 Bulloch, Alexi	ROCHESTER, NY	Female	32	30-34 Female	33:31.843	24	7	89.17
3	94 Spencer, Lisa	Honeoye Falls, NY	Female	33	30-34 Female	53:37.400	124	55	55.76

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	563 Galeazzo, Laura	Webster, NY	Female	35	35-39 Female	31:12.057	7	2	95.83
2	162 Hansen, Jennie	Rochester, NY	Female	38	35-39 Female	32:31.093	14	3	91.95
3	114 Nagel, Kirsten	Pittsford, NY	Female	39	35-39 Female	33:09.870	21	5	90.16
4	566 Simning, Inga	Pittsford, NY	Female	36	35-39 Female	33:28.170	23	6	89.34
5	554 Coleman, Shea	Lima, NY	Female	38	35-39 Female	40:27.207	58	20	73.91
6	567 Lou, Valerie	Rochester, NY	Female	37	35-39 Female	40:52.950	63	23	73.14
7	40 Nesbitt, Christina	Caledonia, NY	Female	37	35-39 Female	48:59.457	103	44	61.03
8	113 Jones, Erica	Pittsford, NY	Female	37	35-39 Female	53:44.873	125	56	55.63

5-39	Male
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	53 Byler, Chad	Honeoye Falls, NY	Male	39	35-39 Male	27:09.367	1	1	100.00
2	75 Hameline, AJ	Macedon, NY	Male	37	35-39 Male	28:51.763	2	2	94.09
3	31 Rapone, Joe	Le Roy, NY	Male	39	35-39 Male	31:51.767	11	9	85.23
4	62 Cornwell, Adam	Rochester, NY	Male	37	35-39 Male	35:18.700	31	22	76.90
5	569 Harty, Eric	Fairport, NY	Male	35	35-39 Male	38:19.230	44	30	70.87
6	32 Albert, Greg	Rochester, NY	Male	39	35-39 Male	43:05.637	81	51	63.02

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	560 Pouliot, Carolynne	Rochester, NY	Female	40	40-44 Female	34:03.003	26	8	87.81
2	22 Courtney, Katie	spencerport, NY	Female	41	40-44 Female	37:07.730	37	12	80.53
3	24 Palacio, Maria	Palmyra, NY	Female	43	40-44 Female	40:34.643	60	21	73.69
4	39 McFarlane, Melissa	Canandaigua, NY	Female	43	40-44 Female	41:36.340	67	25	71.87
5	44 Della Pietra, Rachael	East Rochester, NY	Female	43	40-44 Female	42:53.823	78	29	69.70
6	156 Adanti, Megan	Rochester, NY	Female	43	40-44 Female	43:19.690	83	31	69.01
7	5 Niertit, Amy	Rochester, NY	Female	41	40-44 Female	46:18.090	94	40	64.58
8	78 McCarthy, Melissa	North Chili, NY	Female	44	40-44 Female	50:49.487	111	48	58.83
9	92 Moscicki, Ann	Honeoye Falls, NY	Female	40	40-44 Female	53:37.347	123	54	55.76
10	543 Andruczyk, Tori	Honeoye Falls, NY	Female	43	40-44 Female	1:00:29.313	134	60	49.43

10-44 Male	•
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	155 Adanti, Seth	Rochester, NY	Male	43	40-44 Male	31:38.550	9	7	85.82
2	36 Barkau, Greg	Penfield, NY	Male	43	40-44 Male	34:58.287	30	21	77.65
3	93 Moscicki, Craig	Honeoye Falls, NY	Male	43	40-44 Male	38:42.597	48	33	70.15
4	152 Berardi, Cory	Rochester, NY	Male	44	40-44 Male	43:34.190	84	53	62.33
5	559 Stephens, Chris	Canandaigua, NY	Male	43	40-44 Male	49:14.587	105	60	55.15
6	551 Colavecchia, Jeff	Rochester, NY	Male	40	40-44 Male	53:32.350	119	66	50.72

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	83 Patterson, Heather	Rochester, NY	Female	47	45-49 Female	32:42.963	17	4	91.39
2	538 Bartell, Amy	Mendon, NY	Female	48	45-49 Female	34:42.247	29	9	86.16
3	110 George, Jeanette	Palmyra, NY	Female	48	45-49 Female	37:31.807	41	14	79.67
4	52 DiSalvo, Jennifer	Ontario, NY	Female	48	45-49 Female	39:48.370	55	18	75.12
5	144 Puckett, Theresa	Grand Island, NY	Female	49	45-49 Female	45:29.890	89	35	65.72
6	101 Croll, Alexandra	Rochester, NY	Female	48	45-49 Female	45:36.187	91	37	65.57
7	86 Gaudino, Jennifer	Rochester, NY	Female	49	45-49 Female	51:33.103	113	50	58.00
8	23 Pietrzykowski, Jessica	Rochester, NY	Female	47	45-49 Female	51:51.083	114	51	57.67
9	47 Beaver, Vickey	Rochester, NY	Female	48	45-49 Female	56:21.493	130	58	53.05
10	539 Suriani, Alice	Canandaigua, NY	Female	46	45-49 Female	1:06:13.587	145	68	45.15
11	96 Pellegrin, Tina	Rochester, NY	Female	48	45-49 Female	1:07:25.180	146	69	44.35

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	76 Presby, David	Fairport, NY	Male	45	45-49 Male	29:58.483	6	5	90.60
2	558 Nowatchik, Joel	Lockport, NY	Male	45	45-49 Male	32:15.617	12	10	84.18
3	166 Williams, Josh	Avon, NY	Male	48	45-49 Male	32:35.890	16	13	83.31
4	85 Kumar, Prem	Pittsford, NY	Male	47	45-49 Male	33:16.527	22	17	81.61
5	109 Adams, Dave	Palmyra, NY	Male	49	45-49 Male	34:27.580	28	20	78.81
6	45 Schmidt, Timothy	East Rochester, NY	Male	47	45-49 Male	42:37.043	77	49	63.72
7	81 Parry, Sean	Webster, NY	Male	47	45-49 Male	43:17.433	82	52	62.73
8	125 Ciecierega, Joseph	Geneseo, NY	Male	49	45-49 Male	44:00.227	86	54	61.71

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	14 Larson, Cindy	Rochester, NY	Female	51	50-54 Female	37:25.433	40	13	79.90
2	117 Hays, Michelle	Penfield, NY	Female	51	50-54 Female	38:38.290	47	15	77.39
3	172 Abdella, Michelle	Batavia, NY	Female	50	50-54 Female	39:13.040	50	16	76.24
4	65 Popen, Jen	Macedon, NY	Female	51	50-54 Female	40:20.967	57	19	74.10
5	550 Rybak, Jennifer	Rochester, NY	Female	52	50-54 Female	41:46.480	70	27	71.58
6	115 Nash, Kelly	Rochester, NY	Female	51	50-54 Female	42:26.580	75	28	70.45
7	12 Cratsley, Lori	Springwater, NY	Female	52	50-54 Female	43:01.687	80	30	69.49
8	51 Reisig, Susan	Rochester, NY	Female	51	50-54 Female	48:31.773	100	42	61.61
9	564 Lidestri, Amy	Victor, NY	Female	53	50-54 Female	48:43.250	101	43	61.37
10	158 HENWOOD, EILEEN	Fairport, NY	Female	54	50-54 Female	55:32.663	129	57	53.83
11	167 Schofield, Coleen	Rochester, NY	Female	54	50-54 Female	57:48.067	133	59	51.73
12	54 Sanford, Tanya	Rochester, NY	Female	52	50-54 Female	1:04:17.177	139	63	46.51
13	134 Terwilliger, Tracy	Rochester, NY	Female	52	50-54 Female	1:04:51.113	140	64	46.11
14	135 Devins, Julie	Hilton, NY	Female	53	50-54 Female	1:04:51.927	141	65	46.10

0-54 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	25 Gage, Marcus	Palmyra, NY	Male	51	50-54 Male	29:15.560	3	3	92.81
2	13 Larson, Mark	Rochester, NY	Male	53	50-54 Male	32:33.447	15	12	83.41
3	137 Ekholm, Eric	Honeoye Falls, NY	Male	54	50-54 Male	33:09.060	20	16	81.92
4	562 Ferrett, David	Rochester, NY	Male	51	50-54 Male	33:51.287	25	18	80.21
5	8 Lopez, Carlos	Webster, NY	Male	50	50-54 Male	35:39.810	33	24	76.15
6	153 Bolton, Roger	Albion, NY	Male	52	50-54 Male	37:44.090	42	28	71.97
7	1 Spencer, Matt	Pittsford, NY	Male	52	50-54 Male	39:42.273	54	37	68.40
8	168 Meehan, Richard	,	Male	52	50-54 Male	40:30.610	59	39	67.04
9	541 Davis, William	Geneseo, NY	Male	50	50-54 Male	42:03.247	73	46	64.57
10	568 Ouriel, Jeffrey	Rochester, NY	Male	54	50-54 Male	46:37.830	96	56	58.24
11	565 Reed, Mike	Livonia, NY	Male	53	50-54 Male	46:59.190	97	57	57.80
12	545 Reynolds, Peter	Avon, NY	Male	54	50-54 Male	48:57.193	102	59	55.47
13	73 Freiberger, John	Rochester, NY	Male	51	50-54 Male	51:52.667	116	64	52.35

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	95 Lindblom, Bonnie	Rochester, NY	Female	59	55-59 Female	37:02.640	35	10	80.72
2	11 McLyman, Christina	Rochester, NY	Female	55	55-59 Female	45:31.040	90	36	65.69
3	80 Ciaio, Laura	Victor, NY	Female	55	55-59 Female	48:01.597	99	41	62.26
4	61 Godshall, Karen	Spencerport, NY	Female	58	55-59 Female	49:11.293	104	45	60.79
5	6 Battaglia, Linda	Rochester, NY	Female	59	55-59 Female	50:22.020	109	47	59.37
6	561 Foley, Robin	Mendon, NY	Female	55	55-59 Female	52:18.587	117	53	57.16
7	72 DeHond, Christine	Rochester, NY	Female	57	55-59 Female	1:04:53.080	142	66	46.08

5-59	Male
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	124 Ciancione, Timothy	Rochester, NY	Male	57	55-59 Male	31:31.153	8	6	86.16
2	66 Kellman, Matthew	Penfield, NY	Male	58	55-59 Male	33:03.237	18	14	82.16
3	57 Weber, Bill	Fairport, NY	Male	56	55-59 Male	34:15.100	27	19	79.28
4	35 Lambert, Hugh	Rochester, NY	Male	55	55-59 Male	35:26.250	32	23	76.63
5	79 Ciaio, Andrew	Victor, NY	Male	57	55-59 Male	37:12.447	38	26	72.99
6	67 Bongard, Jim	Webster, NY	Male	58	55-59 Male	37:21.387	39	27	72.69
7	140 Taggerty, Daniel	Rochester, NY	Male	59	55-59 Male	37:47.040	43	29	71.87
8	68 Iovoli, Louis	Honeoye Falls, NY	Male	57	55-59 Male	39:09.637	49	34	69.35
9	169 natarelli, david	,	Male	55	55-59 Male	39:13.130	51	35	69.24
10	16 Whorton, James	Rochester, NY	Male	55	55-59 Male	41:01.723	64	41	66.19
11	21 Zawacki, Mark	Pittsford, NY	Male	55	55-59 Male	41:32.930	66	42	65.36
12	19 Erickson, Paul	Hemlock, NY	Male	56	55-59 Male	42:03.123	72	45	64.58
13	56 Mruzek, Daniel	Fairport, NY	Male	57	55-59 Male	42:57.697	79	50	63.21
14	555 Martin, Ed	Victor, NY	Male	59	55-59 Male	49:16.600	106	61	55.11
15	123 Howard, Jamie	Albany, NY	Male	57	55-59 Male	54:26.740	127	71	49.88

o0-64 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	37 Vanderberg, Carol	Batavia, NY	Female	60	60-64 Female	41:40.627	68	26	71.74
2	163 Martin, Ann	Victor, NY	Female	64	60-64 Female	43:55.310	85	32	68.08
3	141 Trabucco, Cathie	Rochester, NY	Female	63	60-64 Female	45:23.193	88	34	65.88
4	165 White, Marie	Henrietta, NY	Female	62	60-64 Female	46:13.227	93	39	64.69
5	7 Maynard, Donna	Rochester, NY	Female	61	60-64 Female	51:52.013	115	52	57.65
6	570 Lord, Amy	Honeoye Falls, NY	Female	60	60-64 Female	1:05:56.287	144	67	45.35

60-64 Ma	ιle
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	26 Dwyer, Tim	Rochester, NY	Male	63	60-64 Male	31:47.493	10	8	85.42
2	55 Brunett, Peter	Honeoye Falls, NY	Male	64	60-64 Male	32:17.900	13	11	84.08
3	132 Thull, Ted	Macedon, NY	Male	61	60-64 Male	33:05.103	19	15	82.08
4	91 Lindblom, Peter	Rochester, NY	Male	61	60-64 Male	38:33.653	46	32	70.42
5	112 Madigan, Mark	Pittsford, NY	Male	61	60-64 Male	39:38.940	53	36	68.49
6	58 Jerris, Tom	Livonia, NY	Male	64	60-64 Male	41:46.447	69	43	65.01
7	136 Brewster, Novis	Rochester, NY	Male	63	60-64 Male	41:57.757	71	44	64.72
8	46 Colavecchia, Frank	ROCHESTER, NY	Male	63	60-64 Male	53:32.563	120	67	50.72
9	89 Alston, Wilton	Rochester, NY	Male	64	60-64 Male	53:35.443	122	69	50.67
10	69 Cope, Robert	Livonia, NY	Male	62	60-64 Male	57:01.653	132	74	47.62

5-69	Femal	le
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	118 Guth, Cheryl	Rochester, NY	Female	68	65-69 Female	40:42.620	61	22	73.45
2	121 Crowe, Mary	Rochester, NY	Female	66	65-69 Female	41:12.483	65	24	72.56
3	171 Eisenman, Carol	Rochester, NY	Female	65	65-69 Female	45:48.587	92	38	65.27
4	127 Salvaggio, Susan	Webster, NY	Female	65	65-69 Female	50:20.047	108	46	59.40
5	148 Cowan, Rosemary	Elba, NY	Female	65	65-69 Female	1:01:28.460	135	61	48.64
6	552 Curry, Stacey	Jamestown, NY	Female	68	65-69 Female	1:02:26.087	136	62	47.89

5-69	Male
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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	99 DeWeaver, Douglas	Rochester, NY	Male	65	65-69 Male	40:05.757	56	38	67.73
2	147 Cowan, Roger	Elba, NY	Male	65	65-69 Male	42:31.650	76	48	63.86
3	549 Lavner, Mark	Fairport, NY	Male	66	65-69 Male	47:39.740	98	58	56.98
4	103 Degma, Matt	Rochester, NY	Male	68	65-69 Male	49:39.107	107	62	54.69
5	4 TheWonderDog, Callie	Irondequoit, NY	Male	66	65-69 Male	50:33.180	110	63	53.72
6	150 Sillick, Daniel	Hilton, NY	Male	66	65-69 Male	54:26.243	126	70	49.89
7	42 Clary, Kevin	Pavilion, NY	Male	65	65-69 Male	56:58.560	131	73	47.66
8	542 Cronise, Rick	Victor, NY	Male	68	65-69 Male	1:02:32.297	137	75	43.42

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Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	122 Crowe, Bill	Rochester, NY	Male	72	70-74 Male	40:52.263	62	40	66.44
2	553 More, Tracey	Alfred Station, NY	Male	71	70-74 Male	42:23.187	74	47	64.07
3	50 Blake, David	Stafford, NY	Male	73	70-74 Male	46:20.810	95	55	58.59
4	548 Jones, Loren	Basom, NY	Male	72	70-74 Male	52:36.400	118	65	51.62
5	154 Davenport, David	Rochester, NY	Male	71	70-74 Male	55:24.363	128	72	49.01
6	17 Murphy, William	Rochester, NY	Male	74	70-74 Male	1:54:40.777	147	78	23.68

Results by Age Group

75-79 Female

Pos Bib Last, First	City, State	Gen	Age Age Group	Finish Time Overall Gender	Points
1 38 Lewandowski, Mitzie	Rochester, NY	Female	75 75-79 Female	50:56.483 112 49	58.70

2022-2023 Freezeroo. Hearnish 5 mile 1/21/2023 Results by Age Group

80 and Over Male									
Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	88 Rogers, Dwight	Churchville, NY	Male	81	80 and Over Male	1:05:30.557	143	77	41.45