

# ROcovery Fitness 5K and ROcovery X-Challenge

9/8/2018

## Results by Gender

### ROAD COURSE - Female

Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
1	157	Wade, Elizabeth	Rochester, NY	Female	36	00:23:44.757	10
2	90	Peters, Michela	Rochester, NY	Female	41	00:25:32.937	14
3	317	Crandall, Virginia	Rochester, NY	Female	42	00:25:33.390	15
4	193	Zoltoski, Erin	Webster, NY	Female	41	00:26:47.857	21
5	232	Fisher, Leanne	Ontario, NY	Female	41	00:26:55.303	23
6	73	Perkins, Audrey	Rochester, NY	Female	30	00:27:07.513	25
7	51	Coon, Kaitlyn	Rochester, NY	Female	26	00:27:10.450	26
8	379	Burns, Allie	East Rochester, NY	Female	24	00:27:57.117	30
9	474	De Moura, Najara	Rochester, NY	Female	27	00:28:13.477	31
10	448	Denk, Madison	Webster, NY	Female	33	00:28:28.800	33
11	225	Chiesi Brown, Veronica	Rochester, NY	Female	40	00:28:29.833	34
12	118	Mendoza, Elena	Rochester, NY	Female	13	00:28:34.277	36
13	250	McKinley, Barbara	Penfield, NY	Female	57	00:29:15.813	38
14	113	Appleton, Katherine	Penfield, NY	Female	55	00:29:16.020	39
15	309	Copening, Rosie	Rochester, NY	Female	34	00:29:21.763	41
16	11	Stuckless, Abigail	Penfield, NY	Female	29	00:29:39.223	43
17	370	Mulford, Deborah	Rochester, NY	Female	49	00:30:13.750	46
18	78	Fox, Lori	Pittsford, NY	Female	59	00:30:45.773	48
19	490	Waldorfer, Kathleen	Hilton, NY	Female	49	00:31:42.507	51
20	329	Henwood, EILEEN	Fairport, NY	Female	49	00:31:45.583	52
21	167	Lombardo, Giana	Webster, NY	Female	14	00:32:12.967	56
22	298	Wiedrick, Jill	Rochester, NY	Female	36	00:32:20.370	59
23	493	Dady, Kelly	Richester, NY	Female	37	00:32:22.797	62
24	247	Eaton, Morgan	Rochester, NY	Female	30	00:32:31.560	63
25	60	Corcimiglia, Nicole	Rochester, NY	Female	27	00:33:05.337	64
26	64	Casolari, Nicole	Rochester, NY	Female	31	00:33:33.423	65
27	119	Vargish, Lisa	Rochester, NY	Female	46	00:33:43.483	66
28	194	Zoltoski, Brynn	Webster, NY	Female	10	00:34:11.167	68
29	80	Meyers, Marti	Henrietta, NY	Female	57	00:34:23.040	69
30	269	Schlicker, Darlene	Webster, NY	Female	25	00:34:40.327	71
31	41	Knipfing, Amanda	Rochester, NY	Female	33	00:35:15.657	72
32	303	Glaubinger, Cady	Rochester, NY	Female	29	00:35:18.343	73
33	302	LoVetro, Michelle	Rochester, NY	Female	25	00:35:20.637	74



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### ROAD COURSE - Female

Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
34	326	Aponte, Michelle	Rochester, NY	Female	46	00:35:21.813	75
35	399	LePore, Jamie	Rochester, NY	Female	34	00:35:25.517	77
36	387	Forsyth, Megan	Fairport, NY	Female	35	00:35:44.640	78
37	325	Drake, Mya	Rochester, NY	Female	12	00:35:59.210	80
38	437	Forsyth, Jen	Basom, NY	Female	36	00:35:59.713	81
39	106	Kennedy, Angela	Le Roy, NY	Female	46	00:36:02.303	82
40	95	Shores, Courtney	Rochester, NY	Female	41	00:36:08.023	84
41	324	Cromheecke, Dana	Rochester, NY	Female	39	00:36:21.263	85
42	336	Budinski, Cheryl	Rochester, NY	Female	56	00:36:25.177	86
43	597	Monaghan, Robin	Rochester, NY	Female	56	00:36:47.010	87
44	430	Ciufo, Evangelina	Manchester, NY	Female	29	00:37:03.840	89
45	265	Macrillo, Marnie	Ontario, NY	Female	44	00:37:06.173	90
46	97	Handlewich, Erica	Le Roy, NY	Female	40	00:37:08.747	91
47	57	Russell, Holly	Fairport, NY	Female	40	00:38:15.560	102
48	20	Marcello, Donna	Fairport, NY	Female	43	00:38:44.673	104
49	220	Falletti, Ariana	Rochester, NY	Female	22	00:39:52.320	108
50	33	Bowman, Tonhya	West Henrietta, NY	Female	55	00:40:15.813	110
51	146	Pope, Rebekah	Rochester, NY	Female	34	00:40:25.653	112
52	246	Appleton, Kelly	Rochester, NY	Female	23	00:40:30.270	113
53	467	Zito, Aubrie	Rochester, NY	Female	31	00:41:48.783	115
54	469	Zito, Stephanie	Rochester, NY	Female	68	00:41:48.813	116
55	287	Durand, Michele	Rochester, NY	Female	47	00:41:57.643	117
56	105	Greibus, Mairi	Rochester, NY	Female	30	00:43:27.217	121
57	67	Baciewicz, Gloria	Rochester, NY	Female	66	00:43:50.217	122
58	266	Mickles, Alexia	Rochester, NY	Female	27	00:44:05.067	123
59	267	Colombo, Ellen	Rochester, NY	Female	28	00:44:05.937	124
60	482	Schiedel, Kristen	Rochester, NY	Female	47	00:45:26.950	126
61	375	Loria, Anne	Rochester, NY	Female	55	00:46:20.043	128
62	376	Estratti, Debbie	Rochester, NY	Female	57	00:46:21.363	129
63	374	Carnevale, Karin	Rochester, NY	Female	53	00:46:22.550	130
64	112	Migliore, Christine	Rochester, NY	Female	56	00:46:23.047	131
65	368	Spinosa, Mary jo	Rochester, NY	Female	55	00:46:24.443	132
66	148	Cady, Kimberly	Williamson, NY	Female	29	00:46:29.717	133



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### ROAD COURSE - Female

Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
67	184	Schimpf, Carin	Walworth, NY	Female	53	00:46:29.810	134
68	235	Kirsch, Erika	Rochester, NY	Female	29	00:47:34.343	135
69	5	Brand, Jennifer	Fairport, NY	Female	36	00:48:37.947	136
70	434	Ganze, Eileen	Rochester, NY	Female	50	00:49:24.953	138
71	170	Mullin, Mary	Rochester, NY	Female	63	00:49:48.850	139
72	335	Velazquez, Shani	Rochester, NY	Female	35	00:49:54.207	140
73	453	Thompson, Terria	Rochester, NY	Female	36	00:49:54.677	141
74	218	Falletti, Maddy	Rochester, NY	Female	45	00:50:01.133	142
75	285	Malloy Desormeaux, Eileen	Rochester, NY	Female	64	00:50:07.977	144
76	371	szulgit, Katarina	Rochester, NY	Female	9	00:50:19.783	146
77	445	Pavan-Macias, Sofia	Rochester, NY	Female	28	00:50:25.410	147
78	412	Breunig, Jennifer	Rochester, NY	Female	32	00:50:26.247	148
79	363	Killeen, Denise	Webster, NY	Female	30	00:50:27.760	149
80	483	Murphy, Annette	Fairport, NY	Female	56	00:52:02.830	150
81	507	Carroll, Madison	Rochester, NY	Female	15	00:53:35.347	154
82	487	Colindres-Vasquez, Lucia	Rochester, NY	Female	45	00:54:04.953	155
83	39	Penta, Nicole	Newark, NY	Female	28	00:54:32.023	158
84	17	Peralta, Andrea	Rochester, NY	Female	44	00:55:17.147	159
85	352	Canale, Stephanie	Hilton, NY	Female	37	00:55:17.380	160
86	74	Masters, Gina	Rochester, NY	Female	42	00:55:18.270	161
87	353	Campbell, Courtney	Holley, NY	Female	38	00:55:19.490	162
88	498	Ransom, Wendy	Rochester, NY	Female	52	00:55:23.907	163
89	151	Peterson, Toni	Fairport, NY	Female	32	00:55:26.513	164
90	12	Boylan, Laura	Palmyra, NY	Female	30	00:55:28.620	165
91	431	de la Puente, Erika	Rochester, NY	Female	28	00:55:28.690	166
92	432	Wink, Gloria	Rochester, NY	Female	28	00:55:29.250	167
93	372	Bryniarski, Maureen	Rochester, NY	Female	55	00:55:36.710	169
94	454	Roberts, Amberley	Batavia, NY	Female	37	00:56:03.797	171
95	72	Roach, Korinna	Stanley, NY	Female	50	00:57:13.393	172
96	506	Levinstein, Tara	Corfu, NY	Female	40	00:57:37.413	173
97	380	Calkins, Sarah	Batavia, NY	Female	38	00:57:39.340	176
98	440	Murphy, Maureen	Victor, NY	Female	47	00:57:47.190	177
99	196	Lentine, Lani	Rochester, NY	Female	32	00:58:31.610	179



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### ROAD COURSE - Female

Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
100	494	Fries, Nancy	Rochester, NY	Female	66	00:58:50.980	181
101	217	Ferraro-Spalding, Heather	Rochester, NY	Female	43	00:58:51.770	182
102	455	Whiters, Debbie	Batavia, NY	Female	58	00:58:59.880	183
103	405	Warney, Colleen	Rochester, NY	Female	32	01:00:27.717	187
104	143	Hinton, Jennifer	West Henrietta, NY	Female	42	01:00:30.083	188
105	144	Hinton, Paige	West Henrietta, NY	Female	12	01:00:31.273	189
106	260	Cuyler, Cate	Webster, NY	Female	28	01:00:40.897	191
107	242	Doorley, Sandra	Rochester, NY	Female	55	01:00:45.957	192
108	359	Farsace, Karen	Hilton, NY	Female	59	01:00:55.843	193
109	357	Cole, Joyce	Rochester, NY	Female	64	01:01:39.207	194
110	408	Collier, Erin	Rochester, NY	Female	40	01:01:52.853	196
111	331	Wetmore-Rivera, Francesca	Webster, NY	Female	25	01:02:15.077	198
112	332	Leonard, Ashley	Rochester, NY	Female	29	01:02:15.127	199
113	435	White, Heather	East Rochester, NY	Female	47	01:04:10.713	201
114	409	Gafford, Sandra	Rochester, NY	Female	47	01:04:12.073	202
115	163	Forken, Adrienne	Rochester, NY	Female	31	01:04:32.393	203
116	364	Goodlein, Sue	Rochester, NY	Female	58	01:05:33.253	206
117	48	Whittaker, Robyn	Rochester, NY	Female	56	01:05:44.287	207
118	35	McDougal, Julie	Victor, NY	Female	40	01:05:51.200	209
119	40	Penta, Chelsea	Newark, NY	Female	23	01:05:51.303	210
120	418	Stubbings, Michelle	Rochester, NY	Female	41	01:06:28.873	212
121	401	Budinski, Jaime	Hilton, NY	Female	20	01:06:39.093	214
122	403	Budinski, Shelly	Hilton, NY	Female	50	01:06:39.780	215
123	422	Hilberer, Wendy	Phelps, NY	Female	37	01:06:41.403	216
124	423	Mitchell, Jessica	Phelps, NY	Female	39	01:06:47.453	218
125	464	Teneyck, Regina	Cohoes, NY	Female	34	01:07:17.243	221
126	252	Matzen, Ericka	Cohoes, NY	Female	27	01:07:17.670	223
127	491	Zeller, Trisha	Rochester, NY	Female	36	01:07:22.403	224
128	237	Caldwell, Courtney	Rochester, NY	Female	35	01:08:15.017	225
129	239	Serio, Katie	Rochester, NY	Female	40	01:08:15.350	227
130	134	Rose, Zoey	Rochester, NY	Female	1	01:11:10.227	232
131	133	Rose, Liliana	Rochester, NY	Female	5	01:11:10.323	233
132	130	Rose, Shannon	Rochester, NY	Female	35	01:11:17.920	235



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## ROAD COURSE - Female

Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
133	132	Rose, EmmaMarie	Rochester, NY	Female	7	01:11:18.077	236
134	497	Rose, Cheryl	Farmington, NY	Female	56	01:11:19.920	237
135	147	Stringer, Samantha	Rochester, NY	Female	30	01:11:27.473	238
136	397	Nyereyegona, Gillian	Rochester, NY	Female	43	01:12:31.543	239
137	395	Kimble, Kellie	Rochester, NY	Female	36	01:12:36.623	240
138	449	Hilberer, Patricia	Penn Yan, NY	Female	63	01:13:08.137	241
139	42	Nacy, Virginia	Rochester, NY	Female	62	01:14:06.593	243
140	91	Cameron, Mary Beth	Rochester, NY	Female	60	01:14:07.837	244
141	100	David, Andrea	Rochester, NY	Female	68	01:14:08.160	245
142	355	Hall, Chris	Rochester, NY	Female	47	01:15:31.533	246
143	354	Refici, Melissa	Rochester, NY	Female	38	01:15:41.430	247
144	262	Parrish, Rick	Rochester, NY	Female	26	01:17:55.597	248
145	190	Halat, Kathryn	Rochester, NY	Female	69	01:18:43.910	249
146	27	Russell, Janet	Rochester, NY	Female	53	01:19:03.273	251
147	420	Magro, Deanna	Rochester, NY	Female	48	01:19:05.187	252
148	55	Baird, Susan	Henrietta, NY	Female	51	01:37:40.593	253



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### ROAD COURSE - Male

Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
1	444	Lopez Hidalgo, Oscar	Rochester, NY	Male	30	00:17:19.103	1
2	338	Budinski, Nick	Rochester, NY	Male	25	00:17:38.840	2
3	344	Chilton, Bill	Rochester, NY	Male	37	00:21:14.657	3
4	350	Biggs, Justin	Rochester, NY	Male	27	00:21:17.087	4
5	238	Sobieraski, Brett	Rochester, NY	Male	52	00:22:14.270	5
6	13	Kemp, Deryk	Rochester, NY	Male	48	00:22:34.837	6
7	415	Grisales, Diego	Rush, NY	Male	44	00:22:40.883	7
8	98	Smith, Daniel	Le Roy, NY	Male	45	00:22:51.123	8
9	195	O'Brien, Conor	Rochester, NY	Male	35	00:23:09.737	9
10	343	Ruiz, Chris	Rochester, NY	Male	37	00:24:22.830	11
11	486	Dawson, Evan	Rochester, NY	Male	39	00:24:26.487	12
12	270	Rolli, Carlos	Rochester, NY	Male	34	00:24:33.823	13
13	77	Fraley, Thomas	Penfield, NY	Male	45	00:25:57.067	16
14	3	Romas, Stephen	Pittsford, NY	Male	24	00:26:00.057	17
15	21	DeRycke, Mark	Fairport, NY	Male	51	00:26:02.110	18
16	300	VanKerkhove, Karl	Rochester, NY	Male	53	00:26:16.527	19
17	337	Budinski, Marty	Rochester, NY	Male	56	00:26:39.800	20
18	502	Clark, Andrew	Rochester, NY	Male	31	00:26:55.247	22
19	382	Doak, Dyllon	Rochester, NY	Male	37	00:26:59.717	24
20	263	Mangini, Nick	Rochester, NY	Male	27	00:27:22.770	27
21	388	Galusha, Jason	Rochester, NY	Male	39	00:27:23.113	28
22	349	Rivera, Mike	Rochester, NY	Male	41	00:27:54.043	29
23	500	Appleton, Ted	Byron, NY	Male	25	00:28:21.207	32
24	24	Mendoza, Julian	Rochester, NY	Male	10	00:28:33.363	35
25	492	Vasquez, Anibal	Rochester, NY	Male	45	00:28:55.500	37
26	308	LaRocca, Mike	Rochester, NY	Male	44	00:29:19.883	40
27	386	Kozlowski, Michael	Rochester, NY	Male	57	00:29:31.197	42
28	505	VanBrederode, Jim	Rochester, NY	Male	54	00:29:43.313	44
29	23	Mendoza, Michael	Rochester, NY	Male	44	00:29:44.090	45
30	358	Copeland, Chris	Sodus, NY	Male	33	00:30:20.230	47
31	245	Bowman, Dan	Rochester, NY	Male	33	00:31:11.587	49
32	197	rosario, Jose	Rochester, NY	Male	34	00:31:39.647	50
33	301	Roat, Tom	Rochester, NY	Male	67	00:31:52.563	53



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Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
34	176	Dobbertin, Timothy	Hilton, NY	Male	55	00:31:54.843	54
35	443	Martin, Stanley	Rochester, NY	Male	36	00:32:12.913	55
36	169	Lanza, Frank	Rochester, NY	Male	31	00:32:13.987	57
37	165	Pusateri, Anthony	Webster, NY	Male	9	00:32:15.653	58
38	400	Clifford, Carl	Rochester, NY	Male	58	00:32:21.297	60
39	465	Isaman, Matthew	Pittsford, NY	Male	36	00:32:22.117	61
40	485	Mercer, Mark	Orchard Park, NY	Male	61	00:34:10.660	67
41	268	McNulty, Tadd	Webster, NY	Male	32	00:34:36.000	70
42	288	Budinski, Jeff	Rochester, NY	Male	49	00:35:24.613	76
43	166	Pusateri, Dominic	Webster, NY	Male	11	00:35:57.550	79
44	168	Lombardo, Sam	Webster, NY	Male	45	00:36:04.073	83
45	346	Ruiz, Christopher Jr	Rochester, NY	Male	11	00:37:03.030	88
46	236	Kinsella, Brendan	Webster, NY	Male	24	00:37:15.317	92
47	463	Gleason, Shane	Webster, NY	Male	23	00:37:15.703	93
48	446	Davis, Joshua	Sharon Springs, NY	Male	37	00:37:32.060	94
49	442	Gray, Randy	Corry, PA	Male	53	00:37:32.947	95
50	393	Popil, Ed	Fairport, NY	Male	47	00:38:00.717	96
51	187	Di Santo, Benjamin	Rochester, NY	Male	8	00:38:02.457	97
52	185	Di Santo, John	Rochester, NY	Male	50	00:38:02.623	98
53	30	gray, jeffrey	Rochester, NY	Male	53	00:38:02.787	99
54	394	Levins, Steven	Fairport, NY	Male	53	00:38:10.173	100
55	59	Dent, Sam	Fairport, NY	Male	7	00:38:15.497	101
56	58	Dent, Scott	Fairport, NY	Male	46	00:38:17.777	103
57	264	Macrillo, Joseph	Ontario, NY	Male	45	00:39:26.617	105
58	484	Lofaso, Gary	Rochester, NY	Male	55	00:39:36.487	106
59	501	Lofaso, Mackin	Rochester, NY	Male	9	00:39:36.973	107
60	221	Falletti, Giandomenico	Rochester, NY	Male	21	00:39:53.007	109
61	327	Aponte, Jose	Rochester, NY	Male	46	00:40:17.313	111
62	468	Smith, Brian	Rochester, NY	Male	33	00:41:45.167	114
63	383	Bush, Ryan	Rochester, NY	Male	37	00:42:04.993	118
64	345	Jones, Bendan	Rochester, NY	Male	37	00:42:05.540	119
65	499	Specht, Mike	Penfield, NY	Male	47	00:43:01.097	120
66	369	szulgit, david	Rochester, NY	Male	50	00:45:22.117	125



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Pos	Bib	Last, First	City, State	Gen	Age	Finish Time	Overall
67	16	Klapka, Colin	Rochester, NY	Male	44	00:45:37.140	127
68	6	Kozlowski, Kevin	Fairport, NY	Male	32	00:48:38.930	137
69	219	Falletti, John	Rochester, NY	Male	50	00:50:03.420	143
70	334	Velazquez, James	Rochester, NY	Male	36	00:50:11.107	145
71	417	Murphy, Andre	Rochester, NY	Male	52	00:52:04.610	151
72	347	Martinez, Miguel	Rochester, NY	Male	37	00:53:26.653	152
73	503	Carroll, Scott	Rochester, NY	Male	40	00:53:34.220	153
74	189	Fowler, Justin	Rochester, NY	Male	27	00:54:25.217	156
75	38	McDougal, Connor	Victor, NY	Male	6	00:54:26.380	157
76	373	Bryniarski, Gregory	Rochester, NY	Male	54	00:55:36.513	168
77	450	QUINONES, PEDRO	Batavia, NY	Male	50	00:55:49.103	170
78	381	Holman, Christopher	Batavia, NY	Male	59	00:57:38.453	174
79	504	Moyles, Mike	Corfu, NY	Male	40	00:57:38.537	175
80	439	Murphy, Francis	Victor, NY	Male	71	00:57:48.850	178
81	14	Kemp, Dave	Rochester, NY	Male	69	00:58:43.707	180
82	37	McDougal, Zachary	Victor, NY	Male	8	00:59:10.953	184
83	36	McDougal, Kevin	Victor, NY	Male	42	00:59:12.073	185
84	438	Forsyth, Kevin	Basom, NY	Male	37	00:59:27.443	186
85	258	Cuyler, Otto	Webster, NY	Male	62	01:00:37.300	190
86	171	Mullin, Joe	Rochester, NY	Male	63	01:01:42.753	195
87	433	Doty, Joseph	Rochester, NY	Male	29	01:01:53.657	197
88	145	Hinton, Daniel	West Henrietta, NY	Male	10	01:03:35.487	200
89	164	Forken, Doug	Rochester, NY	Male	42	01:04:34.117	204
90	366	Goodlein, Andrew	Rochester, NY	Male	29	01:05:26.830	205
91	54	Sirianni, OmniDon	WebsterW, NY	Male	52	01:05:46.227	208
92	419	Stubbings, Terry	Rochester, NY	Male	49	01:06:28.530	211
93	402	Gates, Jared	Hilton, NY	Male	21	01:06:38.503	213
94	425	Hilberer, Collin	Phelps, NY	Male	7	01:06:46.933	217
95	254	Matzen, Caleb	Cohoes, NY	Male	2	01:07:16.597	219
96	255	Matzen, William	Cohoes, NY	Male	2	01:07:16.777	220
97	253	Matzen, Shane	Cohoes, NY	Male	27	01:07:17.577	222
98	124	Serio, Hunter	Scottsburg, NY	Male	7	01:08:15.090	226
99	123	Serio, Bob	Scottsburg, NY	Male	45	01:08:16.813	228





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## Results by Gender

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100	135	Hadderfield, Quinn	Rochester, NY	Male	17	01:10:50.960	229
101	138	wood, Drew	Rochester, NY	Male	19	01:10:52.750	230
102	139	Kearns, TJ	Rochester, NY	Male	20	01:10:54.680	231
103	131	Rose, Andrew	Rochester, NY	Male	35	01:11:12.417	234
104	424	Hilberer, Kaiden	Phelps, NY	Male	10	01:13:08.220	242
105	191	Halat, Kevin	Rochester, NY	Male	44	01:18:53.190	250

