

2021-2022 Freezeroo. Don Curran Memorial 5K

12/11/2021

Results by Age Group

19 and Under Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	159 Everts, Joey	Scottsville, NY	Male	17	19 and Under Male	18:28.473	6	5	97.35
2	410 Panzarella, Charles	Silver Lake, NY	Male	17	19 and Under Male	29:39.547	98	61	60.64
3	140 Post, Lucas	Spencerport, NY	Male	13	19 and Under Male	36:16.893	123	73	49.57



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Results by Age Group

25-29 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	65 Urs, Sanjay	Brockport, NY	Male	29	25-29 Male	23:38.480	29	22	76.07
2	409 Alston, Hyena	Rochester, NY	Male	28	25-29 Male	52:30.277	135	80	34.25



2021-2022 Freezeroo. Don Curran Memorial 5K

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Results by Age Group

30-34 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	64 Bulloch, Alexi	Rochester, NY	Female	31	30-34 Female	21:14.440	16	3	84.32



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Results by Age Group

30-34 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	157 Nobles, Aaron	Rochester, NY	Male	33	30-34 Male	21:18.140	17	14	84.43



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Results by Age Group

35-39 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	155 Nagel, Kirsten	Pittsford, NY	Female	38	35-39 Female	21:40.520	19	4	82.62
2	133 Bronson, Diana	Hilton, NY	Female	36	35-39 Female	23:45.443	33	9	75.38
3	163 Pouliot, Carolynne	Rochester, NY	Female	39	35-39 Female	24:42.253	44	14	72.49
4	107 McCabe, Carly	West Henrietta, NY	Female	37	35-39 Female	31:08.030	105	41	57.52



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Results by Age Group

35-39 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	84	Hameline, AJ	Macedon, NY	Male	36	35-39 Male	17:59.080	2	1	100.00
2	132	Sullivan, Peter	Rochester, NY	Male	38	35-39 Male	18:08.430	4	3	99.14
3	160	Merriam, Richie	North Chili, NY	Male	38	35-39 Male	18:13.853	5	4	98.65
4	117	Van Kirk, Chris	Palmyra, NY	Male	37	35-39 Male	20:18.443	9	8	88.56
5	31	Cornwell, Adam	Rochester, NY	Male	36	35-39 Male	21:09.990	15	13	84.97
6	125	Burgoyne, Russell	Honeoye Falls, NY	Male	37	35-39 Male	21:39.867	18	15	83.01
7	54	Bigelow, Donald	Churchville, NY	Male	35	35-39 Male	24:45.243	45	31	72.65
8	135	Grant, Dan	Henrietta, NY	Male	36	35-39 Male	24:57.763	49	35	72.05
9	98	Albert, Greg	Rochester, NY	Male	38	35-39 Male	25:44.230	60	41	69.88



2021-2022 Freezeroo. Don Curran Memorial 5K

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Results by Age Group

40-44 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	129	Johnson-White, Melissa	Fairport, NY	Female	40	40-44 Female	17:54.550	1	1	100.00
2	149	Matthews, Elizabeth	Pittsford, NY	Female	41	40-44 Female	21:02.960	14	2	85.08
3	124	Courtney, Katie	spencerport, NY	Female	40	40-44 Female	24:16.107	38	11	73.80
4	1	Della Pietra, Rachael	East Rochester, NY	Female	42	40-44 Female	26:09.013	68	24	68.49
5	141	McFarlane, Melissa	Canandaigua, NY	Female	42	40-44 Female	28:08.030	82	31	63.66



2021-2022 Freezeroo. Don Curran Memorial 5K

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Results by Age Group

40-44 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	25 Glor, Paul	Rochester, NY	Male	43	40-44 Male	18:51.730	7	6	95.35
2	29 Barkau, Greg	Penfield, NY	Male	42	40-44 Male	20:43.607	12	11	86.77
3	23 Panzarella, Joe	East Rochetser, NY	Male	40	40-44 Male	24:51.360	47	33	72.36
4	86 Hettrick, Jeff	Avon, NY	Male	41	40-44 Male	25:40.280	59	40	70.06



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Results by Age Group

45-49 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	116	Patterson, Heather	Rochester, NY	Female	46	45-49 Female	21:53.407	20	5	81.81
2	74	Abdella, Michelle	Batavia, NY	Female	49	45-49 Female	23:59.173	36	10	74.66
3	158	Gunther, Claire	Fairport, NY	Female	46	45-49 Female	24:21.130	40	12	73.54
4	53	George, Jeanette	Palmyra, NY	Female	47	45-49 Female	24:21.650	41	13	73.52
5	52	Shields, Ruth	Canandaigua, NY	Female	49	45-49 Female	25:08.493	52	16	71.23
6	120	Gelfuso, Jennifer	Spencerport, NY	Female	46	45-49 Female	25:45.550	61	20	69.53
7	35	DiSalvo, Jennifer	Ontario, NY	Female	47	45-49 Female	26:06.303	67	23	68.60
8	63	Bell, Renee	Fairport, NY	Female	48	45-49 Female	28:35.017	87	34	62.66
9	126	Gaudino, Jennifer	Rochester, NY	Female	48	45-49 Female	29:23.077	96	37	60.95
10	50	Strossman, Sarah	Rochester, NY	Female	49	45-49 Female	29:47.987	101	39	60.10
11	154	Montrois, Cara	Spencerport, NY	Female	45	45-49 Female	32:33.073	111	44	55.02
12	417	Bolton, Dana	,	Female	45	45-49 Female	37:54.190	128	52	47.25
13	406	caruana, colleen	Rochester, NY	Female	46	45-49 Female	41:02.183	130	54	43.64



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Results by Age Group

45-49 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	112 Kumar, Prem	Pittsford, NY	Male	46	45-49 Male	20:30.337	10	9	87.71
2	28 Adams, Dave	Palmyra, NY	Male	48	45-49 Male	21:54.520	21	16	82.09
3	130 Johnson, Chad	Fairport, NY	Male	45	45-49 Male	22:19.843	24	18	80.54
4	59 Ciecierega, Joseph	Geneseo, NY	Male	48	45-49 Male	25:39.680	57	39	70.08
5	412 Schmidt, Timothy	East Rochester, NY	Male	47	45-49 Male	25:48.717	62	42	69.68
6	14 Heeks, Dale	Fairport, NY	Male	48	45-49 Male	26:58.770	74	48	66.66
7	139 Post, Richard	Spencerport, NY	Male	46	45-49 Male	36:38.857	125	75	49.07



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Results by Age Group

50-54 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	43	Bice, Lisa	Churchville, NY	Female	53	50-54 Female	21:58.213	22	6	81.52
2	48	Mathis, Carolyn	Penfield, NY	Female	52	50-54 Female	23:08.703	26	7	77.38
3	10	Larson, Cindy	Rochester, NY	Female	50	50-54 Female	23:40.733	31	8	75.63
4	68	Thoen, Sue	Penfield, NY	Female	51	50-54 Female	25:39.740	58	19	69.79
5	156	Treanor, Kaye	Fairport, NY	Female	52	50-54 Female	25:59.423	66	22	68.91
6	71	McLyman, Christina	Rochester, NY	Female	54	50-54 Female	27:20.213	77	27	65.51
7	90	Burdick, Maureen	penfield, NY	Female	54	50-54 Female	27:20.390	78	28	65.51
8	75	Kean, Valerie	Palmyra, NY	Female	52	50-54 Female	28:12.113	84	32	63.50
9	58	Ciaio, Laura	Victor, NY	Female	54	50-54 Female	28:18.097	86	33	63.28
10	4	Cratsley, Lori	Springwater, NY	Female	51	50-54 Female	29:03.420	92	36	61.63
11	12	Schofield, Coleen	Rochester, NY	Female	53	50-54 Female	31:25.483	107	43	56.99
12	148	Sanford, Tanya	Rochester, NY	Female	51	50-54 Female	41:02.047	129	53	43.64



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Results by Age Group

50-54 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	108	Gage, Marcus	Palmyra, NY	Male	50	50-54 Male	18:00.370	3	2	99.88
2	9	Larson, Mark	Rochester, NY	Male	52	50-54 Male	23:15.827	27	20	77.31
3	114	Salvador, John	Penfield, NY	Male	51	50-54 Male	23:28.310	28	21	76.62
4	44	Tedquist, Michael	Rochester, NY	Male	54	50-54 Male	24:30.610	42	29	73.38
5	33	Flores, Joao	Rochester, NY	Male	54	50-54 Male	24:54.507	48	34	72.20
6	414	Kean, Richard	Palmyra, NY	Male	54	50-54 Male	28:11.723	83	52	63.79
7	7	Whorton, James	Rochester, NY	Male	54	50-54 Male	28:36.213	88	54	62.88
8	95	Freiberger, John	East Rochester, NY	Male	50	50-54 Male	30:13.887	103	64	59.49
9	61	Arbelo, Ralph	West Henrietta, NY	Male	51	50-54 Male	31:52.460	109	66	56.42
10	67	Caswell, Doug	Fairport, NY	Male	52	50-54 Male	33:56.230	116	70	52.99



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Results by Age Group

55-59 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	56 Vanderberg, Carol	Batavia, NY	Female	59	55-59 Female	25:28.557	54	17	70.30
2	144 Iovoli, JoAnne	Honeoye Falls, NY	Female	57	55-59 Female	26:27.757	70	25	67.68
3	100 Godshall, Karen	Spencerport, NY	Female	57	55-59 Female	28:05.690	81	30	63.75
4	60 Battaglia, Linda	Rochester, NY	Female	58	55-59 Female	31:04.647	104	40	57.63
5	136 Tantillo, Maria	Webster, NY	Female	58	55-59 Female	34:03.973	117	47	52.57
6	96 DeHond, Christine	Rochester, NY	Female	56	55-59 Female	35:36.103	120	48	50.30



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Results by Age Group

55-59 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	97	Ciancione, Tim	Geneseo, NY	Male	56	55-59 Male	19:41.130	8	7	91.36
2	19	Kellman, Matthew	Penfield, NY	Male	57	55-59 Male	20:37.523	11	10	87.20
3	78	Taggerty, Daniel	Rochester, NY	Male	58	55-59 Male	22:03.217	23	17	81.55
4	106	Bongard, Jim	Webster, NY	Male	57	55-59 Male	22:39.723	25	19	79.36
5	416	Nowakowski, Greg	,	Male	55	55-59 Male	23:39.723	30	23	76.01
6	118	Mruzek, Daniel	Fairport, NY	Male	56	55-59 Male	23:46.407	34	25	75.65
7	143	lovoli, Louis	Honeoye Falls, NY	Male	56	55-59 Male	24:18.643	39	28	73.98
8	102	Reinhardt, Mike	Rochester, NY	Male	58	55-59 Male	24:47.517	46	32	72.54
9	62	Bambury, Kevin	Fairport, NY	Male	59	55-59 Male	25:00.297	50	36	71.92
10	77	Erickson, Paul	Hemlock, NY	Male	55	55-59 Male	27:13.210	75	49	66.07
11	413	Welch, Mark	Eldred, PA	Male	55	55-59 Male	29:13.310	94	58	61.55
12	66	Savoca, Steven	Fairport, NY	Male	56	55-59 Male	31:52.373	108	65	56.43
13	55	Paeth, Ron	Holley, NY	Male	58	55-59 Male	33:55.327	115	69	53.02
14	72	Ganze, Pete	Rochester, NY	Male	56	55-59 Male	43:45.927	131	77	41.09



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Results by Age Group

60-64 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	73	Spiotta, Janice	Batavia, NY	Female	64	60-64 Female	25:53.850	65	21	69.15
2	103	Trabucco, Cathie	Rochester, NY	Female	62	60-64 Female	26:44.963	73	26	66.95
3	45	Eisenman, Carol	Rochester, NY	Female	64	60-64 Female	27:59.600	80	29	63.98
4	164	WHITE, MARIE	,	Female	61	60-64 Female	29:00.780	91	35	61.73
5	411	McCarroll, Carolyn	Rochester, NY	Female	64	60-64 Female	31:12.657	106	42	57.38
6	6	Meyers, Marti	Henrietta, NY	Female	60	60-64 Female	33:40.990	114	46	53.17
7	146	Cowan, Rosemary	Elba, NY	Female	64	60-64 Female	35:52.120	121	49	49.93



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Results by Age Group

60-64 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	119	Thull, Ted	Macedon, NY	Male	60	60-64 Male	20:51.913	13	12	86.19
2	115	Dunham, Randy	Spencerport, NY	Male	60	60-64 Male	23:44.317	32	24	75.76
3	153	Benson, John	Rochester, NY	Male	63	60-64 Male	24:36.790	43	30	73.07
4	150	Lindblom, Peter	Rochester, NY	Male	60	60-64 Male	25:25.333	53	37	70.74
5	41	Brewster, Novis	Rochester, NY	Male	62	60-64 Male	25:53.510	63	43	69.46
6	122	DeWeaver, Douglas	Rochester, NY	Male	64	60-64 Male	25:53.773	64	44	69.45
7	145	Cowan, Roger	Elba, NY	Male	64	60-64 Male	26:41.250	71	46	67.39
8	127	McELROY, Brian	Buffalo, NY	Male	60	60-64 Male	26:42.243	72	47	67.35
9	21	Fitzgerald, David	Rochester, NY	Male	60	60-64 Male	28:54.117	89	55	62.23
10	408	Hawkins, Tom	Williamson, NY	Male	64	60-64 Male	29:00.217	90	56	62.01
11	105	Sochia, Martin	Rochester, NY	Male	61	60-64 Male	29:18.003	95	59	61.38
12	87	Rosengrant, Wes	Churchville, NY	Male	61	60-64 Male	29:24.573	97	60	61.15
13	91	Vazquez, Julio	Rochester, NY	Male	63	60-64 Male	29:57.540	102	63	60.03
14	82	Norris, James	Fairport, NY	Male	62	60-64 Male	32:54.337	112	68	54.66
15	81	Cope, Robert	Livonia, NY	Male	61	60-64 Male	34:32.277	119	72	52.07
16	42	Dwyer, Tim	Rochester, NY	Male	62	60-64 Male	45:11.870	132	78	39.79
17	39	Alston, Wilton	Rochester, NY	Male	63	60-64 Male	52:30.067	134	79	34.26



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Results by Age Group

65-69 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	88 Guth, Cheryl	Rochester, NY	Female	67	65-69 Female	25:02.367	51	15	71.52
2	26 Crowe, Mary	Rochester, NY	Female	65	65-69 Female	25:29.783	55	18	70.24
3	16 Riley, Anne	East Rochester, NY	Female	65	65-69 Female	29:45.970	100	38	60.17
4	134 Pryor, Marilee	Rochester, NY	Female	66	65-69 Female	33:28.990	113	45	53.49
5	415 gatas, kathy	,	Female	67	65-69 Female	35:56.110	122	50	49.84
6	110 Quinlan, Janine	Webster, NY	Female	66	65-69 Female	37:26.523	126	51	47.83



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Results by Age Group

65-69 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	34	Moran, Thomas	Batavia, NY	Male	69	65-69 Male	23:51.177	35	26	75.40
2	69	Kane, Brian	Rochester, NY	Male	68	65-69 Male	25:38.510	56	38	70.14
3	5	Lavner, Mark	Fairport, NY	Male	65	65-69 Male	27:18.800	76	50	65.85
4	152	Boyce, Randy	Oakfield, NY	Male	65	65-69 Male	27:44.257	79	51	64.84
5	147	Degma, Matt	Rochester, NY	Male	67	65-69 Male	28:16.653	85	53	63.60
6	15	TheWonderDog, Callie	Irondequoit, NY	Male	65	65-69 Male	29:44.747	99	62	60.46
7	24	Zonitch, John	Albion, NY	Male	68	65-69 Male	32:27.483	110	67	55.41
8	138	Sillick, Daniel	Hilton, NY	Male	65	65-69 Male	34:23.717	118	71	52.29



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Results by Age Group

70-74 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	407 Persia, Paul	Batavia, NY	Male	71	70-74 Male	24:03.650	37	27	74.75
2	27 Crowe, Bill	Rochester, NY	Male	71	70-74 Male	26:26.037	69	45	68.04
3	11 Murphy, William	Rochester, NY	Male	73	70-74 Male	1:02:38.130	136	81	28.71



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Results by Age Group

75-79 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	37 Kriesen, Carolyn	Webster, NY	Female	78	75-79 Female	48:31.043	133	55	36.91



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Results by Age Group

75-79 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	405 Howe, Roger	Rochester, NY	Male	75	75-79 Male	29:05.510	93	57	61.82



2021-2022 Freezeroo. Don Curran Memorial 5K

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Results by Age Group

80 and Over Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	18 Rogers, Dwight	Churchville, NY	Male	80	80 and Over Male	36:36.117	124	74	49.14
2	404 Bolton, Sid	Albion, NY	Male	80	80 and Over Male	37:52.657	127	76	47.48

