

2023-2024 Freezeroo. Hearnish 5 mile

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Results by Age Group

19 and Under Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	147 Flanagan, Harrison	Holley, NY	Male	14	19 and Under Male	39:34.770	32	25	67.86

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Results by Age Group

20-24 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	142 Ruhland, Elizabeth	North Chili, NY	Female	23	20-24 Female	43:37.633	61	23	75.60

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Results by Age Group

20-24 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	464 Ferri, Nick	Fairport, NY	Male	20	20-24 Male	29:51.630	3	3	89.95

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Results by Age Group

25-29 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	472 Jividen, Margaret	Victor, NY	Female	27	25-29 Female	41:51.363	45	14	78.80

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Results by Age Group

25-29 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	112 Ruhland, Matthew	Hilton, NY	Male	25	25-29 Male	33:59.477	11	9	79.02

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Results by Age Group

30-34 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	97 Antonio, Sara	Rochester, NY	Female	32	30-34 Female	36:15.117	17	5	90.98
2	441 Carey, Julie	Lima, NY	Female	34	30-34 Female	51:29.220	86	37	64.06
3	111 Spencer, Lisa	Honeoye Falls, NY	Female	34	30-34 Female	51:30.087	87	38	64.04
4	2 DuBreck, Catherine	Webster, NY	Female	30	30-34 Female	1:08:17.090	110	50	48.30

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Results by Age Group

30-34 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	101 Richards, David	Rochester, NY	Male	31	30-34 Male	26:51.533	1	1	100.00
2	122 Kramer, Josh	Irondequoit, NY	Male	33	30-34 Male	37:17.080	19	14	72.04
3	49 Curley, Luke	Rochester, NY	Male	33	30-34 Male	48:08.540	79	46	55.79

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Results by Age Group

35-39 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	150 Hansen, Jennie	Rochester, NY	Female	39	35-39 Female	32:58.857	8	1	100.00
2	128 Higgins, Laura	Rochester, NY	Female	37	35-39 Female	33:15.283	9	2	99.18
3	156 Perry, Ashley	Springwater, NY	Female	36	35-39 Female	44:24.040	66	26	74.28
4	12 Jones, Erica	Pittsford, NY	Female	38	35-39 Female	56:19.137	98	46	58.56
5	44 Ziomek, Jessica	Pittsford, NY	Female	35	35-39 Female	1:15:34.260	115	55	43.64
6	43 Critelli, Megan	Rochester, NY	Female	37	35-39 Female	1:15:35.647	116	56	43.63
7	38 Lyon, Danielle	Canandaigua, NY	Female	39	35-39 Female	1:17:25.403	117	57	42.60

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Results by Age Group

35-39 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	88 Gajewski, Benjamin	Geneseo, NY	Male	37	35-39 Male	30:20.457	4	4	88.52
2	102 Beatty, Ian	Avon, NY	Male	39	35-39 Male	34:14.840	12	10	78.43
3	130 Burgoyne, Russell	Honeoye Falls, NY	Male	39	35-39 Male	37:50.653	22	17	70.97
4	444 Brod, William	Fort Drum, NY	Male	39	35-39 Male	49:07.587	81	47	54.67

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Results by Age Group

40-44 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	129 Nagel, Kirsten	Pittsford, NY	Female	40	40-44 Female	34:19.113	13	3	96.10
2	69 Della Pietra, Rachael	East Rochester, NY	Female	44	40-44 Female	42:58.580	53	17	76.74
3	29 Douglass, Violet	Rochester, NY	Female	42	40-44 Female	44:45.203	69	29	73.69

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Results by Age Group

40-44 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	133 Byler, Chad	Honeoye Falls, NY	Male	40	40-44 Male	29:33.227	2	2	90.88
2	500 Adanti, Seth	Rochester, NY	Male	44	40-44 Male	32:03.133	5	5	83.80
3	134 MacAllister, Bill	Webster, NY	Male	43	40-44 Male	38:40.653	28	22	69.44
4	437 Ryan, Jonathon	Rochester, NY	Male	41	40-44 Male	40:14.953	39	29	66.73
5	445 Schickling, Ian	Rochester, NY	Male	40	40-44 Male	43:15.890	57	38	62.08
6	91 OBrien, Andy	ROCHESER, NY	Male	42	40-44 Male	43:41.523	62	39	61.47
7	151 Parente, Nicholas	Victor, NY	Male	42	40-44 Male	47:22.333	74	43	56.70
8	14 Sherwood, Spencer	Rochester, NY	Male	40	40-44 Male	47:54.013	78	45	56.07
9	39 Lyon, Thomas	Canandaigua, NY	Male	44	40-44 Male	57:38.007	102	55	46.60

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Results by Age Group

45-49 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	117	Patterson, Heather	Rochester, NY	Female	48	45-49 Female	35:57.683	15	4	91.71
2	35	DiSalvo, Jennifer	Spencerport, NY	Female	49	45-49 Female	39:38.947	34	9	83.18
3	116	George, Jeanette	Palmyra, NY	Female	49	45-49 Female	40:00.093	37	10	82.45
4	158	Frese, Jennifer	Honeoye Falls, NY	Female	47	45-49 Female	43:35.173	60	22	75.67
5	61	Reynolds, Jenny	Arkport, NY	Female	45	45-49 Female	54:29.223	92	41	60.53
6	459	Suriani, Alice	Canandaigua, NY	Female	47	45-49 Female	1:08:38.193	111	51	48.05
7	15	Beaver, Vickey	Rochester, NY	Female	49	45-49 Female	1:08:47.297	112	52	47.95
8	82	Pellegrin, Tina	Rochester, NY	Female	49	45-49 Female	1:10:56.057	114	54	46.50

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Results by Age Group

45-49 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	153 Vidmar, Jason	Rochester, NY	Male	46	45-49 Male	36:06.273	16	12	74.39
2	165 Sweeting, Tyler	Ontario, NY	Male	46	45-49 Male	38:16.723	25	20	70.17
3	146 Flanagan, Joe	Holley, NY	Male	45	45-49 Male	39:28.557	30	24	68.04
4	161 Smith, Michael	Rochester, NY	Male	48	45-49 Male	42:17.210	49	34	63.52
5	449 Knarr, Jason	Webster, NY	Male	47	45-49 Male	43:12.497	56	37	62.16
6	85 Cefalo, Michael	Rochester, NY	Male	47	45-49 Male	53:26.587	91	51	50.26

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Results by Age Group

50-54 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	18	Hays, Michelle	Penfield, NY	Female	52	50-54 Female	39:32.863	31	7	83.40
2	152	Abdella, Michelle	Batavia, NY	Female	51	50-54 Female	40:43.793	41	12	80.97
3	168	Merz, Kerrie	Rochester, NY	Female	52	50-54 Female	42:16.357	48	15	78.02
4	60	Frye, Michelle	Rochester, NY	Female	51	50-54 Female	43:06.987	54	18	76.49
5	46	Cratsley, Lori	Springwater, NY	Female	53	50-54 Female	43:10.543	55	19	76.39
6	155	Ashenfelder, Stephanie	Henrietta, NY	Female	50	50-54 Female	43:19.343	58	20	76.13
7	420	Walker, Traci	Honeoye Falls, NY	Female	52	50-54 Female	43:29.303	59	21	75.84
8	34	Shields, Ruth	Canandaigua, NY	Female	51	50-54 Female	44:10.063	65	25	74.67
9	24	Reisig, Susan	Rochester, NY	Female	52	50-54 Female	45:37.493	71	30	72.29
10	427	Rybak, Jennifer	Rochester, NY	Female	53	50-54 Female	47:29.163	75	32	69.45
11	92	Valverde, Alex	ROCHESER, NY	Female	52	50-54 Female	50:59.407	84	35	64.68
12	21	Gaudino, Jennifer	Rochester, NY	Female	50	50-54 Female	53:04.613	89	40	62.14
13	141	Labarron-roberts, Kathy	hornell, NY	Female	54	50-54 Female	55:55.463	96	44	58.97
14	67	Sanford, Tanya	Rochester, NY	Female	53	50-54 Female	1:01:11.373	107	48	53.90

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Results by Age Group

50-54 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	7 Larson, Mark	Rochester, NY	Male	54	50-54 Male	34:33.153	14	11	77.73
2	1 Lopez, Carlos	Webster, NY	Male	51	50-54 Male	37:34.960	21	16	71.47
3	78 Woods, Simon	Pittsford (Go Bills), NY	Male	51	50-54 Male	38:40.360	27	21	69.45
4	27 Heeks, Dale	Fairport, NY	Male	50	50-54 Male	39:48.913	35	26	67.46
5	172 MEEHAN, RICHARD		Male	53	50-54 Male	42:45.610	52	36	62.81
6	114 Ciecierega, Joseph	Geneseo, NY	Male	50	50-54 Male	43:44.723	63	40	61.40
7	169 Adams, Dave	Palmyra, NY	Male	50	50-54 Male	47:41.103	76	44	56.33

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Results by Age Group

55-59 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	124	Bice, Lisa	Churchville, NY	Female	55	55-59 Female	38:22.540	26	6	85.94
2	405	Reif, Carol	Victor, NY	Female	59	55-59 Female	40:25.190	40	11	81.60
3	84	McLyman, Christina	Rochester, NY	Female	56	55-59 Female	44:40.153	68	28	73.83
4	55	Ciaio, Laura	Victor, NY	Female	56	55-59 Female	48:15.727	80	34	68.34
5	131	Smith, Cynthia	Canandaigua, NY	Female	59	55-59 Female	51:02.867	85	36	64.61
6	62	Dlpasquale, Kimberly	Conesus, NY	Female	59	55-59 Female	54:51.450	93	42	60.12
7	48	Schofield, Coleen	Rochester, NY	Female	55	55-59 Female	1:02:21.223	109	49	52.89

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Results by Age Group

55-59 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	58 Ekholm, Eric	Honeoye Falls, NY	Male	55	55-59 Male	33:42.690	10	8	79.67
2	75 Weber, Bill	Fairport, NY	Male	57	55-59 Male	36:44.143	18	13	73.11
3	96 Rubeck, Christopher	Conesus, NY	Male	55	55-59 Male	37:18.453	20	15	71.99
4	100 Bongard, Jim	Webster, NY	Male	59	55-59 Male	38:07.643	24	19	70.45
5	54 Ciaio, Andrew	Victor, NY	Male	58	55-59 Male	39:15.777	29	23	68.41
6	10 Whorton, James	Rochester, NY	Male	56	55-59 Male	41:54.663	46	32	64.09
7	94 Erickson, Paul	Hemlock, NY	Male	57	55-59 Male	46:51.270	73	42	57.32
8	107 Kinnear, John	Manchester, NY	Male	56	55-59 Male	53:12.893	90	50	50.47
9	119 Butler, Thomas	Rochester, NY	Male	59	55-59 Male	58:08.203	103	56	46.20

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Results by Age Group

60-64 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	72 Lindblom, Bonnie	Rochester, NY	Female	60	60-64 Female	39:38.113	33	8	83.21
2	93 Vanderberg, Carol	Batavia, NY	Female	61	60-64 Female	41:48.180	44	13	78.90
3	63 Valvano, Joy	Pittsford, NY	Female	61	60-64 Female	42:35.180	51	16	77.44
4	166 White, Marie	Henrietta, NY	Female	63	60-64 Female	44:07.633	64	24	74.74
5	115 Trabucco, Cathie	Rochester, NY	Female	64	60-64 Female	47:44.820	77	33	69.07
6	51 Battaglia, Linda	Rochester, NY	Female	60	60-64 Female	55:28.643	94	43	59.45
7	144 O'Keefe, Margaret	Victor, NY	Female	60	60-64 Female	57:04.493	101	47	57.79
8	447 Lord, Amy	Honeoye Falls, NY	Female	61	60-64 Female	1:09:49.083	113	53	47.24

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Results by Age Group

60-64 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	20	Dwyer, Tim	Rochester, NY	Male	64	60-64 Male	32:43.610	7	7	82.07
2	106	Hunt, Bill	Brockport, NY	Male	62	60-64 Male	40:07.113	38	28	66.95
3	121	Madigan, Mark	Pittsford, NY	Male	62	60-64 Male	41:23.663	43	31	64.89
4	74	Lindblom, Peter	Rochester, NY	Male	62	60-64 Male	42:13.833	47	33	63.60
5	73	Brewster, Novis	Rochester, NY	Male	64	60-64 Male	42:21.333	50	35	63.41
6	52	Norris, James	Fairport, NY	Male	64	60-64 Male	56:19.627	99	53	47.68

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Results by Age Group

65-69 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	95 Guth, Cheryl	Rochester, NY	Female	69	65-69 Female	44:38.973	67	27	73.87
2	90 Eisenman, Carol	Rochester, NY	Female	66	65-69 Female	45:43.003	72	31	72.14
3	105 Riley, Anne	Fairport, NY	Female	67	65-69 Female	51:33.063	88	39	63.98

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Results by Age Group

65-69 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	40	Brunett, Peter	Honeoye Falls, NY	Male	65	65-69 Male	32:10.530	6	6	83.48
2	64	Palmieri, John	Baldwinsville, NY	Male	66	65-69 Male	37:51.270	23	18	70.95
3	143	Benson, John	Rochester, NY	Male	65	65-69 Male	39:53.180	36	27	67.34
4	19	DeWeaver, Douglas	Rochester, NY	Male	66	65-69 Male	40:53.077	42	30	65.69
5	76	Degma, Matt	Rochester, NY	Male	69	65-69 Male	49:17.030	82	48	54.50
6	163	Curry, John	Brockport, NY	Male	66	65-69 Male	49:53.763	83	49	53.83
7	123	Sillick, Daniel	Hilton, NY	Male	67	65-69 Male	59:26.467	106	59	45.19
8	47	Alston, Wilton	Rochester, NY	Male	65	65-69 Male	1:01:28.520	108	60	43.69

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Results by Age Group

70-74 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	164 Coyne, David	Avon, NY	Male	72	70-74 Male	45:17.033	70	41	59.31
2	446 Jones, Loren	Basom, NY	Male	73	70-74 Male	55:48.910	95	52	48.12
3	154 Burkhardt, Glen	Fairport, NY	Male	73	70-74 Male	56:26.253	100	54	47.59
4	37 Zonitch, John	Albion, NY	Male	70	70-74 Male	58:24.427	104	57	45.99
5	6 Matzan, Andy	Rochester, NY	Male	71	70-74 Male	58:30.447	105	58	45.91

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Results by Age Group

75-79 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	110 Lewandowski, Mitzie	Rochester, NY	Female	76	75-79 Female	55:55.840	97	45	58.97

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Results by Age Group

75-79 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	9 Murphy, William	Rochester, NY	Male	75	75-79 Male	2:14:36.207	118	61	19.95