

2023-2024 Freezeroo. Hearnish 5 mile

1/20/2024

Results by Gender

Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Age Grp	Points
1	150	Hansen, Jennie	Rochester, NY	Female	39	35-39 Female	32:58.857	8	1	100.00
2	128	Higgins, Laura	Rochester, NY	Female	37	35-39 Female	33:15.283	9	2	99.18
3	129	Nagel, Kirsten	Pittsford, NY	Female	40	40-44 Female	34:19.113	13	1	96.10
4	117	Patterson, Heather	Rochester, NY	Female	48	45-49 Female	35:57.683	15	1	91.71
5	97	Antonio, Sara	Rochester, NY	Female	32	30-34 Female	36:15.117	17	1	90.98
6	124	Bice, Lisa	Churchville, NY	Female	55	55-59 Female	38:22.540	26	1	85.94
7	18	Hays, Michelle	Penfield, NY	Female	52	50-54 Female	39:32.863	31	1	83.40
8	72	Lindblom, Bonnie	Rochester, NY	Female	60	60-64 Female	39:38.113	33	1	83.21
9	35	DiSalvo, Jennifer	Spencerport, NY	Female	49	45-49 Female	39:38.947	34	2	83.18
10	116	George, Jeanette	Palmyra, NY	Female	49	45-49 Female	40:00.093	37	3	82.45
11	405	Reif, Carol	Victor, NY	Female	59	55-59 Female	40:25.190	40	2	81.60
12	152	Abdella, Michelle	Batavia, NY	Female	51	50-54 Female	40:43.793	41	2	80.97
13	93	Vanderberg, Carol	Batavia, NY	Female	61	60-64 Female	41:48.180	44	2	78.90
14	472	Jividen, Margaret	Victor, NY	Female	27	25-29 Female	41:51.363	45	1	78.80
15	168	Merz, Kerrie	Rochester, NY	Female	52	50-54 Female	42:16.357	48	3	78.02
16	63	Valvano, Joy	Pittsford, NY	Female	61	60-64 Female	42:35.180	51	3	77.44
17	69	Della Pietra, Rachael	East Rochester, NY	Female	44	40-44 Female	42:58.580	53	2	76.74
18	60	Frye, Michelle	Rochester, NY	Female	51	50-54 Female	43:06.987	54	4	76.49
19	46	Cratsley, Lori	Springwater, NY	Female	53	50-54 Female	43:10.543	55	5	76.39
20	155	Ashenfelder, Stephanie	Henrietta, NY	Female	50	50-54 Female	43:19.343	58	6	76.13
21	420	Walker, Traci	Honeoye Falls, NY	Female	52	50-54 Female	43:29.303	59	7	75.84
22	158	Frese, Jennifer	Honeoye Falls, NY	Female	47	45-49 Female	43:35.173	60	4	75.67
23	142	Ruhland, Elizabeth	North Chili, NY	Female	23	20-24 Female	43:37.633	61	1	75.60

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24	166	White, Marie	Henrietta, NY	Female	63	60-64 Female	44:07.633	64	4	74.74
25	34	Shields, Ruth	Canandaigua, NY	Female	51	50-54 Female	44:10.063	65	8	74.67
26	156	Perry, Ashley	Springwater, NY	Female	36	35-39 Female	44:24.040	66	3	74.28
27	95	Guth, Cheryl	Rochester, NY	Female	69	65-69 Female	44:38.973	67	1	73.87
28	84	McLyman, Christina	Rochester, NY	Female	56	55-59 Female	44:40.153	68	3	73.83
29	29	Douglass, Violet	Rochester, NY	Female	42	40-44 Female	44:45.203	69	3	73.69
30	24	Reisig, Susan	Rochester, NY	Female	52	50-54 Female	45:37.493	71	9	72.29
31	90	Eisenman, Carol	Rochester, NY	Female	66	65-69 Female	45:43.003	72	2	72.14
32	427	Rybak, Jennifer	Rochester, NY	Female	53	50-54 Female	47:29.163	75	10	69.45
33	115	Trabucco, Cathie	Rochester, NY	Female	64	60-64 Female	47:44.820	77	5	69.07
34	55	Ciaio, Laura	Victor, NY	Female	56	55-59 Female	48:15.727	80	4	68.34
35	92	Valverde, Alex	ROCHESER, NY	Female	52	50-54 Female	50:59.407	84	11	64.68
36	131	Smith, Cynthia	Canandaigua, NY	Female	59	55-59 Female	51:02.867	85	5	64.61
37	441	Carey, Julie	Lima, NY	Female	34	30-34 Female	51:29.220	86	2	64.06
38	111	Spencer, Lisa	Honeoye Falls, NY	Female	34	30-34 Female	51:30.087	87	3	64.04
39	105	Riley, Anne	Fairport, NY	Female	67	65-69 Female	51:33.063	88	3	63.98
40	21	Gaudino, Jennifer	Rochester, NY	Female	50	50-54 Female	53:04.613	89	12	62.14
41	61	Reynolds, Jenny	Arkport, NY	Female	45	45-49 Female	54:29.223	92	5	60.53
42	62	Dipasquale, Kimberly	Conesus, NY	Female	59	55-59 Female	54:51.450	93	6	60.12
43	51	Battaglia, Linda	Rochester, NY	Female	60	60-64 Female	55:28.643	94	6	59.45
44	141	Labarron-roberts, Kathy	hornell, NY	Female	54	50-54 Female	55:55.463	96	13	58.97
45	110	Lewandowski, Mitzie	Rochester, NY	Female	76	75-79 Female	55:55.840	97	1	58.97
46	12	Jones, Erica	Pittsford, NY	Female	38	35-39 Female	56:19.137	98	4	58.56

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47	144	O'Keefe, Margaret	Victor, NY	Female	60	60-64 Female	57:04.493	101	7	57.79
48	67	Sanford, Tanya	Rochester, NY	Female	53	50-54 Female	1:01:11.373	107	14	53.90
49	48	Schofield, Coleen	Rochester, NY	Female	55	55-59 Female	1:02:21.223	109	7	52.89
50	2	DuBreck, Catherine	Webster, NY	Female	30	30-34 Female	1:08:17.090	110	4	48.30
51	459	Suriani, Alice	Canandaigua, NY	Female	47	45-49 Female	1:08:38.193	111	6	48.05
52	15	Beaver, Vickey	Rochester, NY	Female	49	45-49 Female	1:08:47.297	112	7	47.95
53	447	Lord, Amy	Honeoye Falls, NY	Female	61	60-64 Female	1:09:49.083	113	8	47.24
54	82	Pellegrin, Tina	Rochester, NY	Female	49	45-49 Female	1:10:56.057	114	8	46.50
55	44	Ziomek, Jessica	Pittsford, NY	Female	35	35-39 Female	1:15:34.260	115	5	43.64
56	43	Critelli, Megan	Rochester, NY	Female	37	35-39 Female	1:15:35.647	116	6	43.63
57	38	Lyon, Danielle	Canandaigua, NY	Female	39	35-39 Female	1:17:25.403	117	7	42.60

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Male

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1	101	Richards, David	Rochester, NY	Male	31	30-34 Male	26:51.533	1	1	100.00
2	133	Byler, Chad	Honeoye Falls, NY	Male	40	40-44 Male	29:33.227	2	1	90.88
3	464	Ferri, Nick	Fairport, NY	Male	20	20-24 Male	29:51.630	3	1	89.95
4	88	Gajewski, Benjamin	Geneseo, NY	Male	37	35-39 Male	30:20.457	4	1	88.52
5	500	Adanti, Seth	Rochester, NY	Male	44	40-44 Male	32:03.133	5	2	83.80
6	40	Brunett, Peter	Honeoye Falls, NY	Male	65	65-69 Male	32:10.530	6	1	83.48
7	20	Dwyer, Tim	Rochester, NY	Male	64	60-64 Male	32:43.610	7	1	82.07
8	58	Ekholm, Eric	Honeoye Falls, NY	Male	55	55-59 Male	33:42.690	10	1	79.67
9	112	Ruhland, Matthew	Hilton, NY	Male	25	25-29 Male	33:59.477	11	1	79.02
10	102	Beatty, Ian	Avon, NY	Male	39	35-39 Male	34:14.840	12	2	78.43
11	7	Larson, Mark	Rochester, NY	Male	54	50-54 Male	34:33.153	14	1	77.73
12	153	Vidmar, Jason	Rochester, NY	Male	46	45-49 Male	36:06.273	16	1	74.39
13	75	Weber, Bill	Fairport, NY	Male	57	55-59 Male	36:44.143	18	2	73.11
14	122	Kramer, Josh	Irondequoit, NY	Male	33	30-34 Male	37:17.080	19	2	72.04
15	96	Rubeck, Christopher	Conesus, NY	Male	55	55-59 Male	37:18.453	20	3	71.99
16	1	Lopez, Carlos	Webster, NY	Male	51	50-54 Male	37:34.960	21	2	71.47
17	130	Burgoyne, Russell	Honeoye Falls, NY	Male	39	35-39 Male	37:50.653	22	3	70.97
18	64	Palmieri, John	Baldwinsville, NY	Male	66	65-69 Male	37:51.270	23	2	70.95
19	100	Bongard, Jim	Webster, NY	Male	59	55-59 Male	38:07.643	24	4	70.45
20	165	Sweeting, Tyler	Ontario, NY	Male	46	45-49 Male	38:16.723	25	2	70.17
21	78	Woods, Simon	Pittsford (Go Bills), NY	Male	51	50-54 Male	38:40.360	27	3	69.45
22	134	MacAllister, Bill	Webster, NY	Male	43	40-44 Male	38:40.653	28	3	69.44
23	54	Ciaio, Andrew	Victor, NY	Male	58	55-59 Male	39:15.777	29	5	68.41

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24	146	Flanagan, Joe	Holley, NY	Male	45	45-49 Male	39:28.557	30	3	68.04
25	147	Flanagan, Harrison	Holley, NY	Male	14	19 and Under Male	39:34.770	32	1	67.86
26	27	Heeks, Dale	Fairport, NY	Male	50	50-54 Male	39:48.913	35	4	67.46
27	143	Benson, John	Rochester, NY	Male	65	65-69 Male	39:53.180	36	3	67.34
28	106	Hunt, Bill	Brockport, NY	Male	62	60-64 Male	40:07.113	38	2	66.95
29	437	Ryan, Jonathon	Rochester, NY	Male	41	40-44 Male	40:14.953	39	4	66.73
30	19	DeWeaver, Douglas	Rochester, NY	Male	66	65-69 Male	40:53.077	42	4	65.69
31	121	Madigan, Mark	Pittsford, NY	Male	62	60-64 Male	41:23.663	43	3	64.89
32	10	Whorton, James	Rochester, NY	Male	56	55-59 Male	41:54.663	46	6	64.09
33	74	Lindblom, Peter	Rochester, NY	Male	62	60-64 Male	42:13.833	47	4	63.60
34	161	Smith, Michael	Rochester, NY	Male	48	45-49 Male	42:17.210	49	4	63.52
35	73	Brewster, Novis	Rochester, NY	Male	64	60-64 Male	42:21.333	50	5	63.41
36	172	MEEHAN, RICHARD		Male	53	50-54 Male	42:45.610	52	5	62.81
37	449	Knarr, Jason	Webster, NY	Male	47	45-49 Male	43:12.497	56	5	62.16
38	445	Schickling, Ian	Rochester, NY	Male	40	40-44 Male	43:15.890	57	5	62.08
39	91	OBrien, Andy	ROCHESER, NY	Male	42	40-44 Male	43:41.523	62	6	61.47
40	114	Ciecierega, Joseph	Geneseo, NY	Male	50	50-54 Male	43:44.723	63	6	61.40
41	164	Coyne, David	Avon, NY	Male	72	70-74 Male	45:17.033	70	1	59.31
42	94	Erickson, Paul	Hemlock, NY	Male	57	55-59 Male	46:51.270	73	7	57.32
43	151	Parente, Nicholas	Victor, NY	Male	42	40-44 Male	47:22.333	74	7	56.70
44	169	Adams, Dave	Palmyra, NY	Male	50	50-54 Male	47:41.103	76	7	56.33
45	14	Sherwood, Spencer	Rochester, NY	Male	40	40-44 Male	47:54.013	78	8	56.07
46	49	Curley, Luke	Rochester, NY	Male	33	30-34 Male	48:08.540	79	3	55.79

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47	444	Brod, William	Fort Drum, NY	Male	39	35-39 Male	49:07.587	81	4	54.67
48	76	Degma, Matt	Rochester, NY	Male	69	65-69 Male	49:17.030	82	5	54.50
49	163	Curry, John	Brockport, NY	Male	66	65-69 Male	49:53.763	83	6	53.83
50	107	Kinnear, John	Manchester, NY	Male	56	55-59 Male	53:12.893	90	8	50.47
51	85	Cefalo, Michael	Rochester, NY	Male	47	45-49 Male	53:26.587	91	6	50.26
52	446	Jones, Loren	Basom, NY	Male	73	70-74 Male	55:48.910	95	2	48.12
53	52	Norris, James	Fairport, NY	Male	64	60-64 Male	56:19.627	99	6	47.68
54	154	Burkhardt, Glen	Fairport, NY	Male	73	70-74 Male	56:26.253	100	3	47.59
55	39	Lyon, Thomas	Canandaigua, NY	Male	44	40-44 Male	57:38.007	102	9	46.60
56	119	Butler, Thomas	Rochester, NY	Male	59	55-59 Male	58:08.203	103	9	46.20
57	37	Zonitch, John	Albion, NY	Male	70	70-74 Male	58:24.427	104	4	45.99
58	6	Matzan, Andy	Rochester, NY	Male	71	70-74 Male	58:30.447	105	5	45.91
59	123	Sillick, Daniel	Hilton, NY	Male	67	65-69 Male	59:26.467	106	7	45.19
60	47	Alston, Wilton	Rochester, NY	Male	65	65-69 Male	1:01:28.520	108	8	43.69
61	9	Murphy, William	Rochester, NY	Male	75	75-79 Male	2:14:36.207	118	1	19.95