

# GRTC Freezeroo 2016-2017. 01-28-2017

## Results by Category: Hearnish 5 mile

Date: 28 Jan 2017

| Pos | No | Name | From | Time | O.Pos | Time Behind Categ | Time Behind Winner |
|-----|----|------|------|------|-------|-------------------|--------------------|
|-----|----|------|------|------|-------|-------------------|--------------------|

### Male : Under 19

|   |     |                    |                 |             |     |           |           |
|---|-----|--------------------|-----------------|-------------|-----|-----------|-----------|
| 1 | 133 | Jk Guy             | Rochester, NY   | 32:24.607   | 12  | 0.000     | 4:21.080  |
| 2 | 599 | Christian Erickson | Fairport, NY    | 41:06.273   | 63  | 8:41.667  | 13:02.747 |
| 3 | 104 | Aaron Clark        | Scottsville, NY | 41:37.973   | 71  | 9:13.367  | 13:34.447 |
| 4 | 601 | Davon Bloom        | Buffalo, NY     | 57:22.273   | 118 | 24:57.667 | 29:18.747 |
| 5 | 600 | Tyrone House       | Rochester, NY   | 1:09:53.490 | 132 | 37:28.883 | 41:49.963 |

### Female : Under 19

|   |     |                  |                 |           |    |        |          |
|---|-----|------------------|-----------------|-----------|----|--------|----------|
| 1 | 95  | Katie Russell    | Scottsville, NY | 40:58.743 | 61 | 0.000  | 8:24.023 |
| 2 | 140 | Nicole Natarelli | Victor, NY      | 41:06.973 | 64 | 8.230  | 8:32.253 |
| 3 | 102 | Leslie Noble     | Scottsville, NY | 41:38.660 | 72 | 39.917 | 9:03.940 |

### Male : Ages 20-24

|   |     |                |          |             |     |       |           |
|---|-----|----------------|----------|-------------|-----|-------|-----------|
| 1 | 602 | Marcus Corbett | 6719, NY | 1:10:00.620 | 133 | 0.000 | 41:57.093 |
|---|-----|----------------|----------|-------------|-----|-------|-----------|

### Female : Ages 20-24

|   |     |                  |               |           |     |          |           |
|---|-----|------------------|---------------|-----------|-----|----------|-----------|
| 1 | 583 | Jennifer Lachell | Waterford, NY | 44:02.537 | 79  | 0.000    | 11:27.817 |
| 2 | 589 | Hannah Riggall   | webster, NY   | 51:24.470 | 106 | 7:21.933 | 18:49.750 |

### Female : Ages 25-29

|   |     |                  |               |             |     |           |           |
|---|-----|------------------|---------------|-------------|-----|-----------|-----------|
| 1 | 588 | Theresa Rosato   | Rochester, NY | 53:12.867   | 109 | 0.000     | 20:38.147 |
| 2 | 587 | Nikki Speranza   | Rochester, NY | 53:12.937   | 110 | 0.070     | 20:38.217 |
| 3 | 580 | Caledonia Corwin | Rochester, NY | 58:43.227   | 123 | 5:30.360  | 26:08.507 |
| 4 | 586 | Shalyn Kanaley   | Rochester, NY | 1:04:13.430 | 127 | 11:00.563 | 31:38.710 |

### Male : Ages 30-34

|   |     |                |                   |           |    |           |           |
|---|-----|----------------|-------------------|-----------|----|-----------|-----------|
| 1 | 144 | Chad Byler     | Honeoye Falls, NY | 29:05.427 | 3  | 0.000     | 1:01.900  |
| 2 | 103 | Adam Cornwell  | Rochester, NY     | 33:00.443 | 17 | 3:55.017  | 4:56.917  |
| 3 | 118 | Chris Van Kirk | Geneva, NY        | 36:12.543 | 33 | 7:07.117  | 8:09.017  |
| 4 | 106 | Andrew Davis   | Spencerport, NY   | 39:41.320 | 52 | 10:35.893 | 11:37.793 |
| 5 | 52  | Tim Raggets    | Rochester, NY     | 44:13.877 | 80 | 15:08.450 | 16:10.350 |

### Female : Ages 30-34

|   |     |                    |               |             |     |           |           |
|---|-----|--------------------|---------------|-------------|-----|-----------|-----------|
| 1 | 152 | Kiki Novick        | Rochester, NY | 32:34.720   | 14  | 0.000     | 0.000     |
| 2 | 101 | Molly Romano       | Pittsford, NY | 34:34.327   | 25  | 1:59.607  | 1:59.607  |
| 3 | 108 | Carol Robinson     | Conesus, NY   | 38:56.560   | 47  | 6:21.840  | 6:21.840  |
| 4 | 595 | Carolyn Whitbeck   | Rochester, NY | 50:49.037   | 103 | 18:14.317 | 18:14.317 |
| 5 | 43  | Alicia Bohrer      | Rochester, NY | 54:32.077   | 114 | 21:57.357 | 21:57.357 |
| 6 | 592 | Elizabeth Woodhams | Henrietta, NY | 1:09:45.997 | 131 | 37:11.277 | 37:11.277 |

### Male : Ages 35-39

|   |     |               |              |           |   |          |          |
|---|-----|---------------|--------------|-----------|---|----------|----------|
| 1 | 603 | Darren Schutt | webster, NY  | 28:03.527 | 1 | 0.000    | 0.000    |
| 2 | 147 | Matt Blodgett | Fairport, NY | 29:21.850 | 4 | 1:18.323 | 1:18.323 |

| Pos | No  | Name              | From              | Time      | O.Pos | Time Behind Categ | Time Behind winner |
|-----|-----|-------------------|-------------------|-----------|-------|-------------------|--------------------|
| 3   | 36  | Joshua Caselli    | Fairport,NY       | 32:00.193 | 9     | 3:56.667          | 3:56.667           |
| 4   | 149 | Blake Landry      | webster,NY        | 32:25.590 | 13    | 4:22.063          | 4:22.063           |
| 5   | 143 | Dan ward          | Rochester,NY      | 32:46.280 | 15    | 4:42.753          | 4:42.753           |
| 6   | 115 | Joseph Stevenson  | Geneseo,NY        | 33:32.940 | 18    | 5:29.413          | 5:29.413           |
| 7   | 120 | Chad Skarzynski   | Rochester,NY      | 37:12.957 | 37    | 9:09.430          | 9:09.430           |
| 8   | 61  | Joseph Panzarella | East Rochetser,NY | 41:16.040 | 66    | 13:12.513         | 13:12.513          |
| 9   | 138 | Cory Berardi      | Rochester,NY      | 41:30.443 | 69    | 13:26.917         | 13:26.917          |
| 10  | 25  | Saad Rassam       | Pittsford,NY      | 47:57.563 | 89    | 19:54.037         | 19:54.037          |
| 11  | 151 | Brian Glass       | Spencerport,NY    | 57:07.707 | 117   | 29:04.180         | 29:04.180          |

Female : Ages 35-39

|   |     |                     |               |             |     |           |           |
|---|-----|---------------------|---------------|-------------|-----|-----------|-----------|
| 1 | 128 | Aida Kuhlkin        | Hamlin,NY     | 35:29.130   | 30  | 0.000     | 2:54.410  |
| 2 | 585 | Jackie Augustine    | Geneva,NY     | 41:37.070   | 70  | 6:07.940  | 9:02.350  |
| 3 | 110 | Rachael DellaPietra | Pittsford,NY  | 47:42.087   | 88  | 12:12.957 | 15:07.367 |
| 4 | 96  | Sarah Post          | Henrietta,NY  | 50:48.200   | 102 | 15:19.070 | 18:13.480 |
| 5 | 584 | Christine walker    | Farmington,NY | 1:07:37.240 | 129 | 32:08.110 | 35:02.520 |

Male : Ages 40-44

|   |     |              |              |           |    |          |           |
|---|-----|--------------|--------------|-----------|----|----------|-----------|
| 1 | 109 | Joe Williams | Rochester,NY | 33:53.220 | 21 | 0.000    | 5:49.693  |
| 2 | 58  | Dave Adams   | Macedon,NY   | 33:58.447 | 22 | 5.227    | 5:54.920  |
| 3 | 596 | Jeff Novak   | Lancaster,NY | 34:09.190 | 24 | 15.970   | 6:05.663  |
| 4 | 26  | Prem Kumar   | Pittsford,NY | 41:28.757 | 68 | 7:35.537 | 13:25.230 |

Female : Ages 40-44

|   |     |                    |                  |             |     |           |           |
|---|-----|--------------------|------------------|-------------|-----|-----------|-----------|
| 1 | 112 | Pam Ayers          | Rochester,NY     | 36:04.737   | 31  | 0.000     | 3:30.017  |
| 2 | 66  | Christine Antonini | Hilton,NY        | 36:54.150   | 35  | 49.413    | 4:19.430  |
| 3 | 134 | Nikki Guy          | Rochester,NY     | 50:15.763   | 95  | 14:11.027 | 17:41.043 |
| 4 | 13  | Amy Fromm          | North Chili,NY   | 53:16.907   | 111 | 17:12.170 | 20:42.187 |
| 5 | 591 | Laura Johnson      | Honeoye Falls,NY | 54:09.230   | 113 | 18:04.493 | 21:34.510 |
| 6 | 125 | Lorrie Nitti       | Rochester,NY     | 54:41.807   | 115 | 18:37.070 | 22:07.087 |
| 7 | 111 | Jennifer Gaudino   | Rochester,NY     | 58:03.467   | 122 | 21:58.730 | 25:28.747 |
| 8 | 581 | Darlene DeBona     | North Chili,NY   | 1:02:46.177 | 125 | 26:41.440 | 30:11.457 |
| 9 | 41  | Tina Pellegrin     | Rochester,NY     | 1:02:54.377 | 126 | 26:49.640 | 30:19.657 |

Male : Ages 45-49

|   |     |                   |              |           |    |           |           |
|---|-----|-------------------|--------------|-----------|----|-----------|-----------|
| 1 | 130 | Roger Bolton      | Albion,NY    | 31:09.137 | 6  | 0.000     | 3:05.610  |
| 2 | 15  | Mark Larson       | Rochester,NY | 31:13.127 | 7  | 3.990     | 3:09.600  |
| 3 | 132 | David Sauter      | Penfield,NY  | 33:35.530 | 19 | 2:26.393  | 5:32.003  |
| 4 | 6   | Jeremy McLaughlin | Rochester,NY | 38:39.607 | 44 | 7:30.470  | 10:36.080 |
| 5 | 17  | James Whorton     | Rochester,NY | 39:35.100 | 51 | 8:25.963  | 11:31.573 |
| 6 | 90  | Joao Flores       | Rochester,NY | 41:10.867 | 65 | 10:01.730 | 13:07.340 |
| 7 | 76  | James Treuthart   | webster,NY   | 41:22.290 | 67 | 10:13.153 | 13:18.763 |
| 8 | 5   | Kenneth Gardner   | Rochester,NY | 45:51.593 | 84 | 14:42.457 | 17:48.067 |

Female : Ages 45-49

|   |     |                    |              |           |    |          |           |
|---|-----|--------------------|--------------|-----------|----|----------|-----------|
| 1 | 16  | Cindy Larson       | Rochester,NY | 36:57.343 | 36 | 0.000    | 4:22.623  |
| 2 | 150 | Jen Popen          | Macedon,NY   | 39:50.317 | 53 | 2:52.973 | 7:15.597  |
| 3 | 86  | Christina Mcllyman | rochester,NY | 40:54.253 | 59 | 3:56.910 | 8:19.533  |
| 4 | 55  | Laura Ciaio        | Victor,NY    | 44:17.277 | 81 | 7:19.933 | 11:42.557 |

| Pos | No | Name              | From            | Time      | O.Pos | Time Behind Categ | Time Behind winner |
|-----|----|-------------------|-----------------|-----------|-------|-------------------|--------------------|
| 5   | 88 | Lora Marrapese    | Rochester, NY   | 45:09.227 | 83    | 8:11.883          | 12:34.507          |
| 6   | 63 | Christina Ruhland | North Chili, NY | 50:32.497 | 98    | 13:35.153         | 17:57.777          |
| 7   | 21 | Mary Norman       | Rochester, NY   | 50:46.457 | 101   | 13:49.113         | 18:11.737          |
| 8   | 56 | Tanya Landon      | Rochester, NY   | 51:08.817 | 105   | 14:11.473         | 18:34.097          |

Male : Ages 50-54

|    |     |                   |                   |             |     |           |           |
|----|-----|-------------------|-------------------|-------------|-----|-----------|-----------|
| 1  | 598 | Mike Nier         | Rochester, NY     | 28:52.607   | 2   | 0.000     | 49.080    |
| 2  | 146 | Edward Juiliani   | Henrietta, NY     | 31:48.837   | 8   | 2:56.230  | 3:45.310  |
| 3  | 97  | Timothy Ciancione | Rochester, NY     | 32:20.017   | 11  | 3:27.410  | 4:16.490  |
| 4  | 597 | Mike Reinhardt    | Rochester, NY     | 33:41.707   | 20  | 4:49.100  | 5:38.180  |
| 5  | 1   | Alex Johnson      | Baldwinsville, NY | 34:36.633   | 26  | 5:44.027  | 6:33.107  |
| 6  | 74  | Steven Derks      | Henrietta, NY     | 35:17.223   | 29  | 6:24.617  | 7:13.697  |
| 7  | 8   | Daniel Mruzek     | Fairport, NY      | 36:09.470   | 32  | 7:16.863  | 8:05.943  |
| 8  | 82  | Daniel Taggerty   | Rochester, NY     | 38:59.367   | 48  | 10:06.760 | 10:55.840 |
| 9  | 54  | Andrew Ciaio      | Victor, NY        | 38:59.883   | 49  | 10:07.277 | 10:56.357 |
| 10 | 40  | Joaquim Flores    | Rochester, NY     | 41:40.643   | 73  | 12:48.037 | 13:37.117 |
| 11 | 77  | Steven Savoca     | Fairport, NY      | 50:35.570   | 99  | 21:42.963 | 22:32.043 |
| 12 | 64  | Thomas Butler     | Rochester, NY     | 1:08:27.987 | 130 | 39:35.380 | 40:24.460 |

Female : Ages 50-54

|   |     |                  |                   |           |     |           |           |
|---|-----|------------------|-------------------|-----------|-----|-----------|-----------|
| 1 | 59  | Bonnie Lindblom  | Rochester, NY     | 37:59.353 | 40  | 0.000     | 5:24.633  |
| 2 | 142 | Carol Vanderberg | Batavia, NY       | 40:39.237 | 56  | 2:39.883  | 8:04.517  |
| 3 | 122 | Karen Marcus     | Irondequoit, NY   | 49:18.873 | 91  | 11:19.520 | 16:44.153 |
| 4 | 98  | Laurie Zazzara   | Rochester, NY     | 49:24.547 | 92  | 11:25.193 | 16:49.827 |
| 5 | 94  | Linda Battaglia  | Rochester, NY     | 50:18.610 | 96  | 12:19.257 | 17:43.890 |
| 6 | 23  | Amy Lord         | Honeoye Falls, NY | 53:40.360 | 112 | 15:41.007 | 21:05.640 |

Male : Ages 55-59

|    |     |                  |                 |           |     |           |           |
|----|-----|------------------|-----------------|-----------|-----|-----------|-----------|
| 1  | 7   | Tim Dwyer        | Rochester, NY   | 30:16.063 | 5   | 0.000     | 2:12.537  |
| 2  | 590 | Ted Thull        | Macedon, NY     | 32:06.177 | 10  | 1:50.113  | 4:02.650  |
| 3  | 148 | Randy Dunham     | Spencerport, NY | 34:05.493 | 23  | 3:49.430  | 6:01.967  |
| 4  | 83  | Russell Herman   | Hilton, NY      | 34:49.343 | 27  | 4:33.280  | 6:45.817  |
| 5  | 65  | Douglas Deweaver | Rochester, NY   | 36:26.287 | 34  | 6:10.223  | 8:22.760  |
| 6  | 100 | KEITH HADLEY     | Rochester, NY   | 38:03.060 | 41  | 7:46.997  | 9:59.533  |
| 7  | 91  | wilton Alston    | Rochester, NY   | 38:37.070 | 43  | 8:21.007  | 10:33.543 |
| 8  | 75  | Tom Jerris       | Livonia, NY     | 38:43.993 | 46  | 8:27.930  | 10:40.467 |
| 9  | 80  | Douglas Prindle  | Fairport, NY    | 40:36.163 | 55  | 10:20.100 | 12:32.637 |
| 10 | 71  | Jim Marchetti    | Rochester, NY   | 40:57.697 | 60  | 10:41.633 | 12:54.170 |
| 11 | 124 | Glenn Schaefer   | Pittsford, NY   | 43:06.690 | 75  | 12:50.627 | 15:03.163 |
| 12 | 79  | Bob Merberg      | Fairport, NY    | 43:19.413 | 76  | 13:03.350 | 15:15.887 |
| 13 | 68  | Tom Sweeney      | Rochester, NY   | 43:29.557 | 78  | 13:13.493 | 15:26.030 |
| 14 | 2   | David Fitzgerald | Rochester, NY   | 48:58.533 | 90  | 18:42.470 | 20:55.007 |
| 15 | 35  | Robert Cope      | Livonia, NY     | 50:57.437 | 104 | 20:41.373 | 22:53.910 |

Female : Ages 55-59

|   |     |                |               |           |    |          |           |
|---|-----|----------------|---------------|-----------|----|----------|-----------|
| 1 | 136 | Marie White    | Henrietta, NY | 38:05.440 | 42 | 0.000    | 5:30.720  |
| 2 | 34  | Laura Francz   | Webster, NY   | 39:00.707 | 50 | 55.267   | 6:25.987  |
| 3 | 141 | Pam Nudd       | Rochester, NY | 43:27.587 | 77 | 5:22.147 | 10:52.867 |
| 4 | 78  | Eileen Merberg | Fairport, NY  | 47:21.800 | 87 | 9:16.360 | 14:47.080 |

| Pos                 | No  | Name               | From            | Time        | O.Pos | Time Behind Categ | Time Behind winner |
|---------------------|-----|--------------------|-----------------|-------------|-------|-------------------|--------------------|
| 5                   | 121 | Rosemary Cowan     | Elba, NY        | 49:56.933   | 94    | 11:51.493         | 17:22.213          |
| Male : Ages 60-64   |     |                    |                 |             |       |                   |                    |
| 1                   | 67  | Kevin Clinefelter  | Rochester, NY   | 32:49.797   | 16    | 0.000             | 4:46.270           |
| 2                   | 604 | Bob Hamilton       | Lyons, NY       | 35:12.930   | 28    | 2:23.133          | 7:09.403           |
| 3                   | 107 | Matt Degma         | Rochester, NY   | 40:21.660   | 54    | 7:31.863          | 12:18.133          |
| 4                   | 105 | John Wagner        | Irondequoit, NY | 40:51.587   | 58    | 8:01.790          | 12:48.060          |
| 5                   | 3   | Mark Lavner        | Fairport, NY    | 44:23.243   | 82    | 11:33.447         | 16:19.717          |
| 6                   | 84  | Daniel Sillick     | Hilton, NY      | 46:18.620   | 85    | 13:28.823         | 18:15.093          |
| 7                   | 81  | John Zonitch       | Albion, NY      | 50:22.073   | 97    | 17:32.277         | 22:18.547          |
| 8                   | 62  | Bob Dyjak          | Rochester, NY   | 50:37.097   | 100   | 17:47.300         | 22:33.570          |
| 9                   | 594 | Richard Mabry      | Fairport, NY    | 51:32.097   | 107   | 18:42.300         | 23:28.570          |
| 10                  | 126 | Donald Galetto     | Spencerport, NY | 57:46.757   | 120   | 24:56.960         | 29:43.230          |
| Female : Ages 60-64 |     |                    |                 |             |       |                   |                    |
| 1                   | 57  | Cheryl Guth        | Rochester, NY   | 37:54.573   | 39    | 0.000             | 5:19.853           |
| 2                   | 69  | Mary Crowe         | Rochester, NY   | 41:05.923   | 62    | 3:11.350          | 8:31.203           |
| 3                   | 11  | Anne Riley         | Fairport, NY    | 47:21.517   | 86    | 9:26.943          | 14:46.797          |
| 4                   | 20  | Marilee Pryor      | Scottsville, NY | 52:43.623   | 108   | 14:49.050         | 20:08.903          |
| 5                   | 116 | Janine Quinlan     | Sodus Point, NY | 57:47.787   | 121   | 19:53.213         | 25:13.067          |
| Male : Ages 65-69   |     |                    |                 |             |       |                   |                    |
| 1                   | 70  | Bill Crowe         | Rochester, NY   | 37:29.580   | 38    | 0.000             | 9:26.053           |
| 2                   | 93  | Glen Burkhartt     | Fairport, NY    | 38:40.307   | 45    | 1:10.727          | 10:36.780          |
| 3                   | 60  | David Davenport    | Rochester, NY   | 40:40.847   | 57    | 3:11.267          | 12:37.320          |
| 4                   | 593 | Bruce Rychwalski   | Rochester, NY   | 55:18.797   | 116   | 17:49.217         | 27:15.270          |
| 5                   | 4   | William Murphy     | Rochester, NY   | 1:17:40.247 | 134   | 40:10.667         | 49:36.720          |
| Female : Ages 65-69 |     |                    |                 |             |       |                   |                    |
| 1                   | 18  | Patricia Lyons     | East Aurora, NY | 42:43.693   | 74    | 0.000             | 10:08.973          |
| 2                   | 27  | Mitzie Lewandowski | Rochester, NY   | 49:31.090   | 93    | 6:47.397          | 16:56.370          |
| Female : Ages 70-74 |     |                    |                 |             |       |                   |                    |
| 1                   | 73  | Carolyn Kriesen    | Webster, NY     | 1:06:09.733 | 128   | 0.000             | 33:35.013          |
| Male : Ages 75-79   |     |                    |                 |             |       |                   |                    |
| 1                   | 19  | Walter Lyons       | East Aurora, NY | 1:01:35.003 | 124   | 0.000             | 33:31.477          |
| Male : Over 80      |     |                    |                 |             |       |                   |                    |
| 1                   | 49  | Charles Sabatine   | Victor, NY      | 57:46.017   | 119   | 0.000             | 29:42.490          |