| _ | 19 and Under Female | | | | | | | | |
|---|----------------------|-----------------|--------|-----|------------------|-------------|---------|--------|--------|
| | Pos Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
| | 1 65 Noble, Leslie | Scottsville, NY | Female | 19 | 19 and Under Fem | 42:36.993 | 68 | 14 | 70.99 |
| | 2 147 Russell, Katie | Scottsville, NY | Female | 19 | 19 and Under Fem | 47:38.073 | 90 | 25 | 63.51 |

| 9 and | Under | Male |
|-------|-------|------|
|-------|-------|------|

| Pos | Bib Last, First | City, State Gen Age Age G | | Age Group | Finish Time | Overall | Overall Gender | | |
|-----|---------------------|---------------------------|------|-----------|-------------------|-----------|----------------|----|-------|
| 1 | 100 Wehle, Kevin | Scottsville, NY | Male | 17 | 19 and Under Male | 38:43.007 | 45 | 37 | 73.41 |
| 2 | 101 Wehle, Connor | Scottsville, NY | Male | 15 | 19 and Under Male | 40:31.930 | 54 | 44 | 70.12 |
| 3 | 82 Jorstad, Matthew | Rochester, NY | Male | 13 | 19 and Under Male | 45:04.573 | 81 | 63 | 63.05 |

| Pos Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|---------------------|---------------------|------|-----|------------|-------------|---------|--------|--------|
| 1 544 Dorge, Ky | le Indianapolis, IN | Male | 24 | 20-24 Male | 32:15.333 | 8 | 7 | 88.11 |
| 2 545 Hamilton, | Jakob Rochester, NY | Male | 23 | 20-24 Male | 36:12.913 | 31 | 27 | 78.48 |
| 3 163 Carr IV, Jo | oe Churchville, NY | Male | 23 | 20-24 Male | 41:47.733 | 61 | 50 | 68.00 |
| 4 151 Clark, Aar | on Scottsville, NY | Male | 20 | 20-24 Male | 42:37.080 | 69 | 55 | 66.69 |

| 5-2 | <i>1</i> Q | F۵ | m | al | ۵ |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|------------------------|---------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 176 Menarchem, Cathryn | Rochester, NY | Female | 25 | 25-29 Female | 39:17.793 | 47 | 9 | 76.98 |
| 2 | 41 Lachell, Jennifer | Waterford, NY | Female | 25 | 25-29 Female | 45:50.843 | 83 | 19 | 65.98 |

| .5 | -29 | Μ | ١a | le |
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| Pos | Bib Last, First | City, State | Gen | Age A | \ge Group | Finish Time | Overall | Gender | Points |
|-----|----------------------|---------------|------|-------|------------|-------------|---------|--------|--------|
| 1 | 551 Green, Jeff | Rochester, NY | Male | 27 2 | 25-29 Male | 33:09.703 | 12 | 11 | 85.70 |
| 2 | 184 Young, Johnny | Rochester, NY | Male | 29 2 | 25-29 Male | 35:23.460 | 22 | 19 | 80.30 |
| 3 | 448 Voronkin, Sergei | Rochester, NY | Male | 29 2 | 25-29 Male | 42:50.580 | 71 | 56 | 66.34 |

| (|)- | 3 | 4 | H | eı | n | a | le |
|---|----|---|---|---|----|---|---|----|
|---|----|---|---|---|----|---|---|----|

| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|------------------------|---------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 114 Galeazzo, Laura | Rochester, NY | Female | 31 | 30-34 Female | 30:15.143 | 3 | 1 | 100.00 |
| 2 | 548 Stuckless, Abigail | Penfield, NY | Female | 30 | 30-34 Female | 47:59.593 | 93 | 27 | 63.03 |
| 3 | 117 Briggs, Nicole | Rochester, NY | Female | 33 | 30-34 Female | 57:59.790 | 119 | 41 | 52.16 |

| Pos Bib La | ast, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|------------|----------------|---------------|------|-----|------------|-------------|---------|--------|--------|
| 1 112 Gi | ianniny, Max | Rochester, NY | Male | 30 | 30-34 Male | 32:15.273 | 7 | 6 | 88.11 |
| 2 88 Cd | ornwell, Adam | Rochester, NY | Male | 33 | 30-34 Male | 33:59.817 | 13 | 12 | 83.60 |
| 3 62 Va | an Kirk, Chris | Geneva, NY | Male | 34 | 30-34 Male | 36:33.867 | 35 | 29 | 77.73 |
| 4 496 Bo | oshes, William | Rochester, NY | Male | 30 | 30-34 Male | 44:54.277 | 80 | 62 | 63.29 |

| | 3 | 5- | 39 | Femal | le |
|--|---|----|----|-------|----|
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|--------------------------|--------------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 150 Gottfried, Lynn | Penfield, NY | Female | 39 | 35-39 Female | 34:49.433 | 17 | 3 | 86.87 |
| 2 | 157 Pouliot, Carolynne | Rochester, NY | Female | 36 | 35-39 Female | 35:24.520 | 23 | 4 | 85.44 |
| 3 | 11 Vanderlip, Tracy | Rochester, NY | Female | 38 | 35-39 Female | 36:19.563 | 32 | 5 | 83.28 |
| 4 | 49 Della Pietra, Rachael | East Rochester, NY | Female | 39 | 35-39 Female | 43:48.850 | 77 | 18 | 69.05 |
| 5 | 479 McFarlane, Melissa | Canandaigua, NY | Female | 39 | 35-39 Female | 48:12.913 | 95 | 29 | 62.74 |

| 35-39 | Male | |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|----------------------|-----------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 61 Glass, Brian | Spencerport, NY | Male | 39 | 35-39 Male | 35:02.547 | 19 | 16 | 81.10 |
| 2 | 18 BARKAU, GREG | Penfield, NY | Male | 39 | 35-39 Male | 35:38.943 | 26 | 22 | 79.72 |
| 3 | 144 Scott, Steve | Rochester, NY | Male | 37 | 35-39 Male | 37:10.777 | 39 | 31 | 76.44 |
| 4 | 165 Heerkens Jr, Ron | Webster, NY | Male | 38 | 35-39 Male | 42:06.380 | 65 | 53 | 67.50 |

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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|-----------------------|---------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 71 Patterson, Heather | Rochester, NY | Female | 43 | 40-44 Female | 34:24.407 | 15 | 2 | 87.93 |
| 2 | 26 Croll, Alexandra | Rochester, NY | Female | 44 | 40-44 Female | 46:38.693 | 87 | 22 | 64.86 |
| 3 | 42 Cassetta, Alvi | Rochester, NY | Female | 44 | 40-44 Female | 50:58.523 | 102 | 33 | 59.35 |
| 4 | 142 Beaver, Vickey | Rochester, NY | Female | 44 | 40-44 Female | 53:06.607 | 108 | 36 | 56.96 |
| 5 | 85 Pellegrin, Tina | Rochester, NY | Female | 44 | 40-44 Female | 1:08:17.313 | 126 | 46 | 44.30 |

| 40-44 Male | |
|------------|--|
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|---------------------|------------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 194 Harter, Josh | AVON, NY | Male | 43 | 40-44 Male | 28:25.240 | 1 | 1 | 100.00 |
| 2 | 193 Blodgett, Matt | Fairport, NY | Male | 41 | 40-44 Male | 29:17.133 | 2 | 2 | 97.05 |
| 3 | 15 Kumar, Prem | Pittsford, NY | Male | 43 | 40-44 Male | 34:47.930 | 16 | 14 | 81.67 |
| 4 | 543 Dean, Clifford | Rochester, NY | Male | 44 | 40-44 Male | 35:13.233 | 21 | 18 | 80.69 |
| 5 | 115 Morgan, Phil | Rochester, NY | Male | 41 | 40-44 Male | 35:34.867 | 25 | 21 | 79.88 |
| 6 | 12 Ward, Dan | Rochester, NY | Male | 41 | 40-44 Male | 35:54.283 | 28 | 24 | 79.16 |
| 7 | 161 Berardi, Cory | Rochester, NY | Male | 40 | 40-44 Male | 41:34.967 | 58 | 47 | 68.35 |
| 8 | 549 Wallace, Carlos | Grand Island, NY | Male | 43 | 40-44 Male | 46:17.897 | 85 | 65 | 61.39 |

2018-2018 Freezeoo. Hearnish 5 mile 1/26/2019 Results by Age Group

45-49 Female

| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|-----------------------|-----------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 110 Mathis, Carolyn | Penfield, NY | Female | 49 | 45-49 Female | 36:24.637 | 33 | 6 | 83.09 |
| 2 | 14 Thoen, Susan | Penfield, NY | Female | 48 | 45-49 Female | 41:09.140 | 56 | 11 | 73.51 |
| 3 | 72 Gilman, Gail Marie | Churchville, NY | Female | 49 | 45-49 Female | 41:54.137 | 64 | 12 | 72.20 |
| 4 | 32 Cratsley, Lori | Springwater, NY | Female | 48 | 45-49 Female | 43:35.183 | 74 | 17 | 69.41 |
| 5 | 81 Jorstad, Amy | Rochester, NY | Female | 47 | 45-49 Female | 46:41.620 | 88 | 23 | 64.79 |
| 6 | 54 Gaudino, Jennifer | Rochester, NY | Female | 45 | 45-49 Female | 49:17.507 | 101 | 32 | 61.37 |
| 7 | 57 Lok, Amy | Fairport, NY | Female | 45 | 45-49 Female | 55:03.207 | 112 | 37 | 54.95 |
| 8 | 116 Sanford, Tanya | Webster, NY | Female | 48 | 45-49 Female | 56:59.720 | 116 | 39 | 53.08 |

| 45-4 | 19 <i>I</i> | Male |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|---------------------|--------------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 1 Larson, Mark | Rochester, NY | Male | 49 | 45-49 Male | 32:22.313 | 9 | 8 | 87.79 |
| 2 | 104 Bolton, Roger | Albion, NY | Male | 48 | 45-49 Male | 32:59.370 | 11 | 10 | 86.15 |
| 3 | 177 Mauro, Douglas | Penfield, NY | Male | 45 | 45-49 Male | 35:09.597 | 20 | 17 | 80.83 |
| 4 | 10 Adams, Dave | Macedon, NY | Male | 45 | 45-49 Male | 37:42.580 | 41 | 33 | 75.37 |
| 5 | 70 Gardner, Kenneth | Rochester, NY | Male | 47 | 45-49 Male | 38:36.933 | 44 | 36 | 73.60 |
| 6 | 27 Tally, Joseph | Fairport, NY | Male | 47 | 45-49 Male | 39:08.200 | 46 | 38 | 72.62 |
| 7 | 58 Heeks, Dale | Churchville, NY | Male | 45 | 45-49 Male | 43:46.357 | 76 | 59 | 64.93 |
| 8 | 168 Holley, Steven | Batavia, NY | Male | 48 | 45-49 Male | 44:26.197 | 79 | 61 | 63.96 |
| 9 | 124 Arbelo, Ralph | West Henrietta, NY | Male | 48 | 45-49 Male | 48:44.013 | 98 | 68 | 58.32 |

| 0-54 F | emale |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|------------------------|-----------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 189 Bice, Lisa | Churchville, NY | Female | 50 | 50-54 Female | 36:48.907 | 38 | 8 | 82.17 |
| 2 | 154 Iovoli, JoAnne | Mendon, NY | Female | 54 | 50-54 Female | 39:39.760 | 51 | 10 | 76.27 |
| 3 | 64 Ciaio, Laura | Victor, NY | Female | 51 | 50-54 Female | 48:05.140 | 94 | 28 | 62.91 |
| 4 | 127 Ruhland, Christina | North Chili, NY | Female | 50 | 50-54 Female | 51:14.143 | 103 | 34 | 59.05 |

| 30 3 1 Mate |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|------------------------|---------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 94 Kellman, Matthew | Penfield, NY | Male | 54 | 50-54 Male | 31:45.923 | 5 | 4 | 89.47 |
| 2 | 164 Ciancione, Timothy | Rochester, NY | Male | 53 | 50-54 Male | 31:53.070 | 6 | 5 | 89.14 |
| 3 | 2 Cox, Jeffrey | Rochester, NY | Male | 50 | 50-54 Male | 35:32.367 | 24 | 20 | 79.97 |
| 4 | 173 Mahood, Cameron | Chili, NY | Male | 50 | 50-54 Male | 35:43.737 | 27 | 23 | 79.55 |
| 5 | 102 Mruzek, Daniel | Fairport, NY | Male | 53 | 50-54 Male | 36:00.927 | 29 | 25 | 78.91 |
| 6 | 126 Crilly, Anthony F. | Rochester, NY | Male | 54 | 50-54 Male | 36:03.647 | 30 | 26 | 78.81 |
| 7 | 63 Ciaio, Andrew | Victor, NY | Male | 53 | 50-54 Male | 36:32.223 | 34 | 28 | 77.79 |
| 8 | 546 Markese, Andrew | Victor, NY | Male | 51 | 50-54 Male | 37:30.247 | 40 | 32 | 75.78 |
| 9 | 118 Flores, Joao | Rochester, NY | Male | 51 | 50-54 Male | 38:26.770 | 43 | 35 | 73.92 |
| 10 | 155 Iovoli, Louis | Mendon, NY | Male | 53 | 50-54 Male | 39:41.980 | 52 | 42 | 71.59 |
| 11 | 134 Natarelli, David | Ionia, NY | Male | 51 | 50-54 Male | 39:42.453 | 53 | 43 | 71.57 |
| 12 | 35 Lanthier, Nick | Pittsford, NY | Male | 50 | 50-54 Male | 41:18.620 | 57 | 46 | 68.80 |
| 13 | 7 Whorton, James | Rochester, NY | Male | 51 | 50-54 Male | 41:39.937 | 59 | 48 | 68.21 |
| 14 | 120 Savoca, Steven | Fairport, NY | Male | 53 | 50-54 Male | 45:11.047 | 82 | 64 | 62.90 |
| 15 | 153 Trifiro, Nicholas | Pittsford, NY | Male | 52 | 50-54 Male | 51:35.233 | 104 | 70 | 55.09 |
| 16 | 59 Flores, Joaquim | Rochester, NY | Male | 52 | 50-54 Male | 56:59.650 | 115 | 77 | 49.87 |
| 17 | 30 Butler, Thomas | Rochester, NY | Male | 54 | 50-54 Male | 1:01:40.523 | 124 | 79 | 46.08 |

2018-2018 Freezeoo. Hearnish 5 mile 1/26/2019 Results by Age Group

55-59 Female

| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|----------------------|-------------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 13 Lindblom, Bonnie | Rochester, NY | Female | 55 | 55-59 Female | 36:41.600 | 36 | 7 | 82.45 |
| 2 | 83 Vanderberg, Carol | Batavia, NY | Female | 56 | 55-59 Female | 42:09.533 | 66 | 13 | 71.76 |
| 3 | 180 White, Marie | Henrietta, NY | Female | 58 | 55-59 Female | 43:15.163 | 73 | 16 | 69.94 |
| 4 | 38 Keefe, Margaret | Rochester, NY | Female | 59 | 55-59 Female | 46:01.090 | 84 | 20 | 65.74 |
| 5 | 86 Nudd, Pam | Rochester, NY | Female | 57 | 55-59 Female | 47:04.980 | 89 | 24 | 64.25 |
| 6 | 96 Merberg, Eileen | Fairport, NY | Female | 57 | 55-59 Female | 47:50.887 | 91 | 26 | 63.23 |
| 7 | 55 Battaglia, Linda | Rochester, NY | Female | 55 | 55-59 Female | 48:42.337 | 97 | 30 | 62.11 |
| 8 | 122 Maynard, Donna C | Rochester, NY | Female | 57 | 55-59 Female | 48:59.517 | 100 | 31 | 61.75 |
| 9 | 52 Lord, Amy | Honeoye Falls, NY | Female | 56 | 55-59 Female | 57:27.280 | 117 | 40 | 52.65 |

| 5-59 | Mal | le |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|------------------------|-----------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 47 Dwyer, Tim | Rochester, NY | Male | 59 | 55-59 Male | 30:44.123 | 4 | 3 | 92.47 |
| 2 | 17 Madigan, Mark | Pittsford, NY | Male | 57 | 55-59 Male | 35:01.393 | 18 | 15 | 81.15 |
| 3 | 175 Gleason, Phil | Geneva, NY | Male | 55 | 55-59 Male | 39:23.077 | 48 | 39 | 72.16 |
| 4 | 179 Brewster, Novis | Rochester, NY | Male | 59 | 55-59 Male | 40:48.393 | 55 | 45 | 69.65 |
| 5 | 111 Van Dusen, Scott R | Rochester, NY | Male | 58 | 55-59 Male | 42:24.460 | 67 | 54 | 67.02 |
| 6 | 97 Merberg, Bob | Fairport, NY | Male | 58 | 55-59 Male | 48:45.323 | 99 | 69 | 58.29 |
| 7 | 162 Carr, Joe | Churchville, NY | Male | 55 | 55-59 Male | 1:08:50.153 | 127 | 81 | 41.29 |

| o o i i ciliate | 0-64 | l Femal | le |
|-----------------|------|---------|----|
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|---------------------------|-----------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 44 Crowe, Mary | Rochester, NY | Female | 62 | 60-64 Female | 42:46.473 | 70 | 15 | 70.73 |
| 2 | 98 Cowan, Rosemary | Elba, NY | Female | 61 | 60-64 Female | 52:57.167 | 107 | 35 | 57.13 |
| 3 | 119 Quinlan, Janine | sodus point, NY | Female | 63 | 60-64 Female | 58:35.627 | 120 | 42 | 51.63 |
| 4 | 133 Helman, Joyce | Rochester, NY | Female | 63 | 60-64 Female | 1:00:15.933 | 122 | 44 | 50.20 |
| 5 | 132 Bauman-O'Dell, Marian | Rochester, NY | Female | 64 | 60-64 Female | 1:00:44.977 | 123 | 45 | 49.80 |

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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall (| Gender | Points |
|-----|-----------------------|-------------------|------|-----|------------|-------------|-----------|--------|--------|
| 1 | 24 Clinefelter, Kevin | Rochester, NY | Male | 63 | 60-64 Male | 32:28.293 | 10 | 9 | 87.52 |
| 2 | 31 DeWeaver, Douglas | Rochester, NY | Male | 61 | 60-64 Male | 37:52.143 | 42 | 34 | 75.05 |
| 3 | 169 Cowan, Roger | Elba, NY | Male | 61 | 60-64 Male | 39:32.343 | 49 | 40 | 71.88 |
| 4 | 519 Henderson, David | Honeoye Falls, NY | Male | 60 | 60-64 Male | 41:43.843 | 60 | 49 | 68.10 |
| 5 | 146 Degma, Matt | Rochester, NY | Male | 64 | 60-64 Male | 42:53.500 | 72 | 57 | 66.26 |
| 6 | 23 Lavner, Mark | Fairport, NY | Male | 62 | 60-64 Male | 43:36.147 | 75 | 58 | 65.18 |
| 7 | 50 Mills, Mark | Conesus, NY | Male | 60 | 60-64 Male | 52:18.557 | 106 | 72 | 54.33 |
| 8 | 92 Alston, Wilton | Rochester, NY | Male | 60 | 60-64 Male | 54:39.523 | 111 | 75 | 52.00 |
| 9 | 520 Erdeli, Scott | Palmyra, NY | Male | 60 | 60-64 Male | 1:07:47.750 | 125 | 80 | 41.92 |

2018-2018 Freezeoo. Hearnish 5 mile 1/26/2019 Results by Age Group

65-69 Female

| Pos Bib Last, First | City, State | Gen | Age Age Group | Finish Time Overall Gender | Points |
|-----------------------|-------------|--------|-----------------|----------------------------|--------|
| 1 36 Boettrich, Ellen | Hilton, NY | Female | 68 65-69 Female | 59:37.073 121 43 | 50.74 |

| 55-69 Male |
|------------|
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|--------------------------|-----------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 547 MCMULLEN, TIMOTHY R. | CHURCHVILLE, NY | Male | 65 | 65-69 Male | 34:14.163 | 14 | 13 | 83.01 |
| 2 | 77 Moran, Thomas | Batavia, NY | Male | 66 | 65-69 Male | 36:44.400 | 37 | 30 | 77.36 |
| 3 | 45 Crowe, Bill | Rochester, NY | Male | 68 | 65-69 Male | 39:34.533 | 50 | 41 | 71.81 |
| 4 | 68 Kane, Brian | Rochester, NY | Male | 65 | 65-69 Male | 41:51.383 | 62 | 51 | 67.90 |
| 5 | 28 Davenport, David | Rochester, NY | Male | 67 | 65-69 Male | 41:52.907 | 63 | 52 | 67.86 |
| 6 | 149 Hedges, Stephen | Rochester, NY | Male | 69 | 65-69 Male | 47:57.783 | 92 | 66 | 59.26 |
| 7 | 75 Zonitch, John | Albion, NY | Male | 65 | 65-69 Male | 53:28.843 | 109 | 73 | 53.14 |
| 8 | 67 ODell, Dale | Rochester, NY | Male | 65 | 65-69 Male | 54:31.343 | 110 | 74 | 52.13 |
| 9 | 46 Matzan, Andy | Rochester, NY | Male | 66 | 65-69 Male | 55:50.810 | 113 | 76 | 50.89 |
| 10 | 550 Galetto, Donald | Spencorport, NY | Male | 66 | 65-69 Male | 57:28.647 | 118 | 78 | 49.45 |

| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|------------------------|-----------------|--------|-----|--------------|-------------|---------|--------|--------|
| 1 | 99 McGuire, Lynda | Scottsville, NY | Female | 70 | 70-74 Female | 46:21.653 | 86 | 21 | 65.25 |
| 2 | 78 Lewandowski, Mitzie | Rochester, NY | Female | 71 | 70-74 Female | 56:14.653 | 114 | 38 | 53.79 |

| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|--------------------|---------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 183 Howe, Roger | Rochester, NY | Male | 71 | 70-74 Male | 44:25.273 | 78 | 60 | 63.98 |
| 2 | 84 Murphy, William | Rochester, NY | Male | 70 | 70-74 Male | 1:39:48.437 | 129 | 82 | 28.48 |

2018-2018 Freezeoo. Hearnish 5 mile 1/26/2019 Results by Age Group

75-79 Female

| Pos Bib Last, First | City, State | Gen | Age Age Group | Finish Time Overall Gend | ler Points |
|-----------------------|-------------|--------|-----------------|--------------------------|------------|
| 1 51 Kriesen, Carolyn | Webster, NY | Female | 75 75-79 Female | 1:09:38.987 128 47 | 43.43 |

| ′5-79 Ma | le |
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| Pos | Bib Last, First | City, State | Gen | Age | Age Group | Finish Time | Overall | Gender | Points |
|-----|-------------------|-----------------|------|-----|------------|-------------|---------|--------|--------|
| 1 | 109 Otto, Bob | Rochester, NY | Male | 79 | 75-79 Male | 48:13.100 | 96 | 67 | 58.94 |
| 2 | 90 Rogers, Dwight | Churchville, NY | Male | 77 | 75-79 Male | 52:00.183 | 105 | 71 | 54.65 |