

2022-2023 Freezeroo. Pineway Ponds Park 5 mile

1/7/2023

Results by Age Group

19 and Under Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	534 Dixon, Helena	Fairport, NY	Female	14	19 and Under Fem	40:06.390	45	13	81.15

2022-2023 Freezeroo. Pineway Ponds Park 5 mile

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Results by Age Group

19 and Under Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	139 Dixon, Jake	Fairport, NY	Male	16	19 and Under Male	30:40.950	5	5	90.56
2	161 Soucy, Finnegan	Avon, NY	Male	15	19 and Under Male	34:04.860	17	16	81.53

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Results by Age Group

20-24 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	517 Burdick, Shannon	penfield, NY	Female	21	20-24 Female	59:33.377	120	54	54.65

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Results by Age Group

20-24 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	536 Guy, Jacob-Kurtis	,	Male	20	20-24 Male	28:42.463	3	3	96.79
2	507 Buse, Zach	Macedon, NY	Male	23	20-24 Male	54:47.027	103	61	50.72

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Results by Age Group

30-34 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	533 Huselton, Laura	ROCHESTER, NY	Female	33	30-34 Female	32:32.693	9	1	100.00
2	529 Schultz, Gina	Rochester, NY	Female	30	30-34 Female	49:58.380	89	35	65.12
3	71 Roberts, Anna	Rochester, NY	Female	33	30-34 Female	56:36.293	110	47	57.49
4	94 Spencer, Lisa	Honeoye Falls, NY	Female	33	30-34 Female	56:39.193	112	48	57.45
5	104 Ziomek, Jessica	Pittsford, NY	Female	34	30-34 Female	1:07:07.783	129	61	48.48

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Results by Age Group

30-34 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	151 Richards, David	Rochester, NY	Male	30	30-34 Male	27:47.233	1	1	100.00
2	107 Kramer, Josh	Irondequoit, NY	Male	32	30-34 Male	38:04.383	36	29	72.98
3	3 Killik, Morgan	Fairport, NY	Male	33	30-34 Male	1:03:46.600	125	68	43.57

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Results by Age Group

35-39 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	114 Nagel, Kirsten	Pittsford, NY	Female	39	35-39 Female	34:38.830	22	3	93.93
2	175 Higgins, Laura	,	Female	36	35-39 Female	34:48.593	23	4	93.49
3	28 McCabe, Carly	West Henrietta, NY	Female	38	35-39 Female	53:01.423	98	39	61.38
4	40 Nesbitt, Christina	Caledonia, NY	Female	37	35-39 Female	53:40.170	99	40	60.64
5	113 Jones, Erica	Pittsford, NY	Female	37	35-39 Female	57:13.837	115	51	56.87
6	143 Critelli, Megan	Rochester, NY	Female	36	35-39 Female	1:07:09.240	130	62	48.46
7	145 Maki, Amanda	Churchville, NY	Female	37	35-39 Female	1:13:28.527	134	64	44.29



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Results by Age Group

35-39 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	53	Byler, Chad	Honeoye Falls, NY	Male	39	35-39 Male	28:36.943	2	2	97.10
2	75	Hameline, AJ	Macedon, NY	Male	37	35-39 Male	29:45.247	4	4	93.39
3	170	Smith, Brian	Pittsford, NY	Male	38	35-39 Male	31:18.423	7	7	88.76
4	84	Gajewski, Ben	Geneseo, NY	Male	36	35-39 Male	32:53.200	12	11	84.49
5	535	Lowe, Nathaniel	Rochester, NY	Male	37	35-39 Male	33:41.803	14	13	82.46
6	31	Rapone, Joe	Le Roy, NY	Male	39	35-39 Male	34:32.323	21	19	80.45
7	62	Cornwell, Adam	Rochester, NY	Male	37	35-39 Male	37:02.283	31	25	75.02
8	100	Grant, Dan	Henrietta, NY	Male	37	35-39 Male	40:42.883	48	35	68.25
9	126	Burgoyne, Russell	Honeoye Falls, NY	Male	38	35-39 Male	40:57.993	49	36	67.83



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Results by Age Group

40-44 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	74	Matthews, Elizabeth	Pittsford, NY	Female	42	40-44 Female	36:54.027	30	6	88.20
2	22	Courtney, Katie	spencerport, NY	Female	41	40-44 Female	38:02.870	35	7	85.54
3	24	Palacio, Maria	Palmyra, NY	Female	43	40-44 Female	42:35.260	61	16	76.42
4	44	Della Pietra, Rachael	East Rochester, NY	Female	43	40-44 Female	42:38.847	63	17	76.31
5	39	McFarlane, Melissa	Canandaigua, NY	Female	43	40-44 Female	45:06.453	74	22	72.15
6	156	Adanti, Megan	Rochester, NY	Female	43	40-44 Female	45:58.123	76	23	70.80
7	174	Young, Kelly	,	Female	43	40-44 Female	48:37.140	87	33	66.94
8	430	Smith, Michele	Naples, NY	Female	40	40-44 Female	55:34.700	105	44	58.56
9	438	Hirschman, Melanie	Barker, NY	Female	40	40-44 Female	55:34.773	106	45	58.56
10	531	Gardner, Nicole	Livonia, NY	Female	42	40-44 Female	56:02.517	107	46	58.07
11	92	Moscicki, Ann	Honeoye Falls, NY	Female	40	40-44 Female	56:40.097	113	49	57.43
12	516	Andruczyk, Tori	Honeoye Falls, NY	Female	43	40-44 Female	58:53.353	118	53	55.26
13	526	Barczys, Kelli	Spencerport, NY	Female	44	40-44 Female	1:13:29.783	135	65	44.28



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Results by Age Group

40-44 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	155 Adanti, Seth	Rochester, NY	Male	43	40-44 Male	32:49.320	11	10	84.66
2	36 Barkau, Greg	Penfield, NY	Male	43	40-44 Male	34:51.833	24	20	79.70
3	93 Moscicki, Craig	Honeoye Falls, NY	Male	43	40-44 Male	41:57.710	58	43	66.22
4	152 Berardi, Cory	Rochester, NY	Male	44	40-44 Male	44:48.140	72	52	62.02

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Results by Age Group

45-49 Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	83	Patterson, Heather	Rochester, NY	Female	47	45-49 Female	34:13.810	18	2	95.08
2	419	Doyle, Paula	Honeoye, NY	Female	49	45-49 Female	35:02.763	25	5	92.86
3	110	George, Jeanette	Palmyra, NY	Female	48	45-49 Female	38:47.840	40	9	83.88
4	52	DiSalvo, Jennifer	Ontario, NY	Female	48	45-49 Female	44:07.867	69	20	73.75
5	144	Puckett, Theresa	Grand Island, NY	Female	49	45-49 Female	46:30.387	79	26	69.98
6	23	Pietrzykowski, Jessica	Rochester, NY	Female	47	45-49 Female	54:42.203	102	42	59.49
7	47	Beaver, Vickey	Rochester, NY	Female	48	45-49 Female	56:55.447	114	50	57.17
8	77	Arnold, Carolyn	Rochester, NY	Female	46	45-49 Female	1:02:52.903	124	57	51.76
9	96	Pellegrin, Tina	Rochester, NY	Female	48	45-49 Female	1:10:04.397	133	63	46.44



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Results by Age Group

45-49 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	76	Presby, David	Fairport, NY	Male	45	45-49 Male	31:48.713	8	8	87.35
2	166	Williams, Josh	Avon, NY	Male	48	45-49 Male	34:22.870	19	17	80.82
3	109	Adams, Dave	Palmyra, NY	Male	49	45-49 Male	35:15.867	27	22	78.80
4	85	Kumar, Prem	Pittsford, NY	Male	47	45-49 Male	35:18.867	28	23	78.69
5	45	Schmidt, Timothy	East Rochester, NY	Male	47	45-49 Male	42:21.233	60	45	65.61
6	9	Heeks, Dale	Fairport, NY	Male	49	45-49 Male	43:45.007	67	48	63.51
7	125	Ciecierega, Joseph	Geneseo, NY	Male	49	45-49 Male	45:06.620	75	53	61.60



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Results by Age Group

50-54 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	117 Hays, Michelle	Penfield, NY	Female	51	50-54 Female	39:37.617	42	11	82.13
2	172 Abdella, Michelle	Batavia, NY	Female	50	50-54 Female	39:50.953	44	12	81.67
3	65 Popen, Jen	Macedon, NY	Female	51	50-54 Female	41:52.680	56	15	77.71
4	525 Rybak, Jennifer	Rochester, NY	Female	52	50-54 Female	42:45.227	64	18	76.12
5	12 Cratsley, Lori	Springwater, NY	Female	52	50-54 Female	45:06.147	73	21	72.16
6	527 Berghash, Christina	Scottsville, NY	Female	51	50-54 Female	47:52.407	85	31	67.98
7	51 Reisig, Susan	Rochester, NY	Female	51	50-54 Female	50:43.580	92	36	64.16
8	532 Fromm, Amy	North Chili, NY	Female	50	50-54 Female	54:40.380	100	41	59.53
9	158 HENWOOD, EILEEN	Fairport, NY	Female	54	50-54 Female	1:00:22.143	121	55	53.91
10	54 Sanford, Tanya	Rochester, NY	Female	52	50-54 Female	1:02:52.660	123	56	51.76



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Results by Age Group

50-54 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	25	Gage, Marcus	Palmyra, NY	Male	51	50-54 Male	30:58.927	6	6	89.69
2	13	Larson, Mark	Rochester, NY	Male	53	50-54 Male	33:49.560	15	14	82.15
3	137	Ekholm, Eric	Honeoye Falls, NY	Male	54	50-54 Male	34:25.897	20	18	80.70
4	8	Lopez, Carlos	Webster, NY	Male	50	50-54 Male	37:14.257	32	26	74.62
5	153	Bolton, Roger	Albion, NY	Male	52	50-54 Male	37:19.413	33	27	74.45
6	173	Cox, Jeffrey	,	Male	54	50-54 Male	40:59.020	50	37	67.80
7	1	Spencer, Matt	Pittsford, NY	Male	52	50-54 Male	41:09.517	51	38	67.51
8	168	Meehan, Richard	,	Male	52	50-54 Male	41:15.707	52	39	67.34
9	73	Freiberger, John	Rochester, NY	Male	51	50-54 Male	46:59.050	81	54	59.14
10	537	Ouriel, Jeffrey	,	Male	54	50-54 Male	50:17.060	90	55	55.26
11	423	Reynolds, Peter	Avon, NY	Male	54	50-54 Male	52:16.203	96	58	53.16



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Results by Age Group

55-59 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	95 Lindblom, Bonnie	Rochester, NY	Female	59	55-59 Female	38:25.037	38	8	84.71
2	530 Weber, Jean	Fairport, NY	Female	56	55-59 Female	46:00.643	77	24	70.73
3	61 Godshall, Karen	Spencerport, NY	Female	58	55-59 Female	46:50.133	80	27	69.49
4	80 Ciaio, Laura	Victor, NY	Female	55	55-59 Female	48:14.033	86	32	67.47
5	471 Burdick, Maureen	penfield, NY	Female	55	55-59 Female	49:30.470	88	34	65.74
6	105 Tantillo, Maria	Ontario, NY	Female	59	55-59 Female	58:51.257	117	52	55.30
7	72 DeHond, Christine	Rochester, NY	Female	57	55-59 Female	1:03:54.760	126	58	50.92



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Results by Age Group

55-59 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	124	Ciancione, Timothy	Rochester, NY	Male	57	55-59 Male	32:38.333	10	9	85.14
2	66	Kellman, Matthew	Penfield, NY	Male	58	55-59 Male	35:09.653	26	21	79.03
3	57	Weber, Bill	Fairport, NY	Male	56	55-59 Male	35:28.297	29	24	78.34
4	35	Lambert, Hugh	Rochester, NY	Male	55	55-59 Male	37:34.283	34	28	73.96
5	67	Bongard, Jim	Webster, NY	Male	58	55-59 Male	38:21.223	37	30	72.45
6	79	Ciaio, Andrew	Victor, NY	Male	57	55-59 Male	38:33.530	39	31	72.06
7	68	Iovoli, Louis	Honeoye Falls, NY	Male	57	55-59 Male	40:42.763	47	34	68.25
8	21	Zawacki, Mark	Pittsford, NY	Male	55	55-59 Male	41:57.300	57	42	66.23
9	16	Whorton, James	Rochester, NY	Male	55	55-59 Male	43:48.207	68	49	63.44
10	56	Mruzek, Daniel	Fairport, NY	Male	57	55-59 Male	44:09.513	70	50	62.93
11	425	McLaen, William	Spencerport, NY	Male	57	55-59 Male	52:35.487	97	59	52.84
12	160	Butler, Thomas	Rochester, NY	Male	58	55-59 Male	1:09:21.793	132	70	40.06



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Results by Age Group

60-64 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	163 Martin, Ann	Victor, NY	Female	64	60-64 Female	46:10.717	78	25	70.48
2	165 White, Marie	Henrietta, NY	Female	62	60-64 Female	47:23.263	82	28	68.68
3	141 Trabucco, Cathie	Rochester, NY	Female	63	60-64 Female	47:30.470	84	30	68.50
4	7 Maynard, Donna	Rochester, NY	Female	61	60-64 Female	55:06.437	104	43	59.06
5	111 Meyers, Marti	Henrietta, NY	Female	61	60-64 Female	1:05:50.273	128	60	49.43



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Results by Age Group

60-64 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	26	Dwyer, Tim	Rochester, NY	Male	63	60-64 Male	33:38.763	13	12	82.59
2	55	Brunett, Peter	Honeoye Falls, NY	Male	64	60-64 Male	34:01.813	16	15	81.65
3	91	Lindblom, Peter	Rochester, NY	Male	61	60-64 Male	39:44.720	43	32	69.91
4	136	Brewster, Novis	Rochester, NY	Male	63	60-64 Male	41:41.913	55	41	66.64
5	112	Madigan, Mark	Pittsford, NY	Male	61	60-64 Male	42:13.210	59	44	65.82
6	49	Hunt, Bill	Brockport, NY	Male	61	60-64 Male	43:03.920	66	47	64.52
7	528	BYRNE, PATRICK	Pittsford, NY	Male	63	60-64 Male	54:40.933	101	60	50.82
8	69	Cope, Robert	Livonia, NY	Male	62	60-64 Male	58:25.747	116	65	47.56
9	46	Colavecchia, Frank	ROCHESTER, NY	Male	63	60-64 Male	59:30.570	119	66	46.69

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Results by Age Group

65-69 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	149 Christo, Therese	Rochester, NY	Female	69	65-69 Female	39:16.313	41	10	82.87
2	118 Guth, Cheryl	Rochester, NY	Female	68	65-69 Female	41:26.853	53	14	78.52
3	121 Crowe, Mary	Rochester, NY	Female	66	65-69 Female	42:48.543	65	19	76.02
4	171 Eisenman, Carol	Rochester, NY	Female	65	65-69 Female	47:25.617	83	29	68.62
5	63 Riley, Anne	Fairport, NY	Female	66	65-69 Female	51:22.800	93	37	63.34
6	148 Cowan, Rosemary	Elba, NY	Female	65	65-69 Female	1:05:47.050	127	59	49.47



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Results by Age Group

65-69 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	99 DeWeaver, Douglas	Rochester, NY	Male	65	65-69 Male	41:27.210	54	40	67.03
2	29 Kane, Brian	Rochester, NY	Male	69	65-69 Male	42:36.847	62	46	65.21
3	147 Cowan, Roger	Elba, NY	Male	65	65-69 Male	44:14.127	71	51	62.82
4	4 TheWonderDog, Callie	Irondequoit, NY	Male	66	65-69 Male	50:27.680	91	56	55.07
5	103 Degma, Matt	Rochester, NY	Male	68	65-69 Male	51:59.553	94	57	53.44
6	150 Sillick, Daniel	Hilton, NY	Male	66	65-69 Male	56:09.900	108	62	49.47
7	42 Clary, Kevin	Pavilion, NY	Male	65	65-69 Male	1:01:39.970	122	67	45.06



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Results by Age Group

70-74 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	122 Crowe, Bill	Rochester, NY	Male	72	70-74 Male	40:38.830	46	33	68.36
2	426 Jones, Loren	Basom, NY	Male	72	70-74 Male	56:29.417	109	63	49.19
3	43 Matzan, Andy	Rochester, NY	Male	70	70-74 Male	56:37.487	111	64	49.07
4	17 Murphy, William	Rochester, NY	Male	74	70-74 Male	2:01:24.710	136	71	22.89

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Results by Age Group

75-79 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	38 Lewandowski, Mitzie	Rochester, NY	Female	75	75-79 Female	52:13.807	95	38	62.31

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Results by Age Group

80 and Over Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	88 Rogers, Dwight	Churchville, NY	Male	81	80 and Over Male	1:08:03.773	131	69	40.83