

2023-2024 Freezeroo. Don Curran Memorial 5K

12/8/2023

Results by Gender

Female

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Age Grp	Points
1	150	Hansen, Jennie	Rochester, NY	Female	39	35-39 Female	20:12.177	15	1	
2	128	Higgins, Laura	Rochester, NY	Female	37	35-39 Female	20:23.293	17	2	
3	129	Nagel, Kirsten	Pittsford, NY	Female	40	40-44 Female	20:53.863	20	1	
4	117	Patterson, Heather	Rochester, NY	Female	48	45-49 Female	21:17.387	21	1	
5	97	Antonio, Sara	Rochester, NY	Female	32	30-34 Female	21:22.733	22	1	
6	127	Bardin, Addie	Rochester, NY	Female	37	35-39 Female	22:18.743	31	3	
7	124	Bice, Lisa	Churchville, NY	Female	55	55-59 Female	22:42.593	36	1	
8	8	Larson, Cindy	Rochester, NY	Female	52	50-54 Female	23:06.680	41	1	
9	18	Hays, Michelle	Penfield, NY	Female	52	50-54 Female	23:17.860	42	2	
10	126	Courtney, Katie	spencerport, NY	Female	42	40-44 Female	23:25.490	47	2	
11	417	Gottfried, Lynn	Penfield, NY	Female	43	40-44 Female	23:34.237	48	3	
12	152	Abdella, Michelle	Batavia, NY	Female	51	50-54 Female	24:04.513	54	3	
13	77	Dowling, Rachel	Rochester, NY	Female	44	40-44 Female	24:12.383	56	4	
14	116	George, Jeanette	Palmyra, NY	Female	49	45-49 Female	24:17.427	57	2	
15	35	DiSalvo, Jennifer	Spencerport, NY	Female	49	45-49 Female	24:36.047	61	3	
16	93	Vanderberg, Carol	Batavia, NY	Female	61	60-64 Female	24:54.503	62	1	
17	46	Cratsley, Lori	Springwater, NY	Female	53	50-54 Female	25:15.363	65	4	
18	60	Frye, Michelle	Rochester, NY	Female	51	50-54 Female	25:16.053	66	5	
19	95	Guth, Cheryl	Rochester, NY	Female	69	65-69 Female	25:28.967	68	1	
20	155	Ashenfelder, Stephanie	Henrietta, NY	Female	50	50-54 Female	25:39.957	69	6	
21	158	Frese, Jennifer	Honeoye Falls, NY	Female	47	45-49 Female	25:40.227	70	4	
22	63	Valvano, Joy	Pittsford, NY	Female	61	60-64 Female	25:52.897	72	2	
23	28	McFarlane, Melissa	Canandaigua, NY	Female	44	40-44 Female	25:58.637	73	5	

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Female

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24	69	Della Pietra, Rachael	East Rochester, NY	Female	44	40-44 Female	26:14.373	75	6	
25	84	McLyman, Christina	Rochester, NY	Female	56	55-59 Female	26:30.000	77	2	
26	156	Perry, Ashley	Springwater, NY	Female	36	35-39 Female	26:30.087	78	4	
27	24	Reisig, Susan	Rochester, NY	Female	52	50-54 Female	26:38.043	79	7	
28	108	Crowe, Mary	Rochester, NY	Female	67	65-69 Female	26:39.317	80	2	
29	142	Ruhland, Elizabeth	North Chili, NY	Female	23	20-24 Female	26:55.397	82	1	
30	86	Jakubowski, Bonnie	Fairport, NY	Female	55	55-59 Female	27:07.310	83	3	
31	29	Douglass, Violet	Rochester, NY	Female	42	40-44 Female	27:25.333	87	7	
32	34	Shields, Ruth	Canandaigua, NY	Female	51	50-54 Female	27:30.333	88	8	
33	414	Weber, Jean	Fairport, NY	Female	56	55-59 Female	27:32.540	89	4	
34	115	Trabucco, Cathie	Rochester, NY	Female	64	60-64 Female	27:54.257	91	3	
35	419	White, Marie	Henrietta, NY	Female	62	60-64 Female	28:24.617	92	4	
36	111	Spencer, Lisa	Honeoye Falls, NY	Female	34	30-34 Female	28:36.077	93	2	
37	137	Mudar, Pamela	Orchard Park, NY	Female	60	60-64 Female	28:45.437	95	5	
38	57	Niertit, Amy	Rochester, NY	Female	42	40-44 Female	28:53.793	96	8	
39	41	McCabe, Carly	West Henrietta, NY	Female	39	35-39 Female	28:56.477	97	5	
40	61	Reynolds, Jenny	Arkport, NY	Female	45	45-49 Female	28:57.573	98	5	
41	141	Labarron-roberts, Kathy	hornell, NY	Female	54	50-54 Female	29:07.400	99	9	
42	55	Ciaio, Laura	Victor, NY	Female	56	55-59 Female	29:20.567	100	5	
43	136	Godshall, Karen	Spencerport, NY	Female	59	55-59 Female	29:25.097	102	6	
44	105	Riley, Anne	Fairport, NY	Female	67	65-69 Female	30:09.417	107	3	
45	62	Dipasquale, Kimberly	Conesus, NY	Female	59	55-59 Female	30:21.913	108	7	
46	22	Nesbitt, Christina	Caledonia, NY	Female	38	35-39 Female	31:25.173	114	6	

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Female

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47	110	Lewandowski, Mitzie	Rochester, NY	Female	76	75-79 Female	31:27.200	115	1	
48	410	Anbar, Rebecca	Syracuse, NY	Female	26	25-29 Female	31:43.947	118	1	
49	51	Battaglia, Linda	Rochester, NY	Female	60	60-64 Female	32:04.400	119	6	
50	139	Paeth, Marlene	Kendall, NY	Female	60	60-64 Female	33:07.847	121	7	
51	12	Jones, Erica	Pittsford, NY	Female	38	35-39 Female	33:10.100	122	7	
52	402	Strutz, Laura	Rochester, NY	Female	59	55-59 Female	33:32.750	124	8	
53	406	Schmidt, Alayna	East Rochester, NY	Female	26	25-29 Female	35:44.483	131	2	
54	104	HENWOOD, EILEEN	Fairport, NY	Female	55	55-59 Female	35:56.540	132	9	
55	13	Meyers, Marti	Henrietta, NY	Female	62	60-64 Female	36:04.810	133	8	
56	48	Schofield, Coleen	Rochester, NY	Female	55	55-59 Female	36:26.207	135	10	
57	411	Aragon, Merelyn	Rochester, NY	Female	26	25-29 Female	37:52.643	136	3	
58	403	Shavick, Margaret	Rochester, NY	Female	67	65-69 Female	38:26.057	137	4	
59	26	Arnold, Carolyn	Rochester, NY	Female	47	45-49 Female	39:13.917	139	6	
60	67	Sanford, Tanya	Rochester, NY	Female	53	50-54 Female	39:14.037	140	10	
61	16	Obrien, Nancy	Webster, NY	Female	69	65-69 Female	45:59.190	142	5	
62	44	Ziomek, Jessica	Pittsford, NY	Female	35	35-39 Female	48:21.840	143	8	
63	38	Lyon, Danielle	Canandaigua, NY	Female	39	35-39 Female	52:52.023	144	9	
64	15	Beaver, Vickey	Rochester, NY	Female	49	45-49 Female	57:25.620	145	7	
65	42	Lamark, Peg	Rochester, NY	Female	68	65-69 Female	57:26.977	146	6	
66	409	Ralph, Gloria	Rochester, NY	Female	62	60-64 Female	59:49.647	147	9	

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Results by Gender

Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Age Grp	Points
1	101	Richards, David	Rochester, NY	Male	31	30-34 Male	16:26.447	1	1	
2	415	Andrews, Mark	Rochester, NY	Male	52	50-54 Male	16:36.633	2	1	
3	132	Mackenzie, Samuel	Rochester, NY	Male	40	40-44 Male	17:30.087	3	1	
4	23	Nesbitt, Philip	Caledonia, NY	Male	37	35-39 Male	17:57.557	4	1	
5	145	Dixon, Jake	Fairport, NY	Male	17	19 and Under Male	18:04.267	5	1	
6	133	Byler, Chad	Honeoye Falls, NY	Male	40	40-44 Male	18:10.800	6	2	
7	149	Gala, John	Spencerport, NY	Male	27	25-29 Male	18:20.437	7	1	
8	88	Gajewski, Benjamin	Geneseo, NY	Male	37	35-39 Male	18:22.167	8	2	
9	408	Organ, Jeff	Durango, CO	Male	45	45-49 Male	18:43.180	9	1	
10	103	Ciancione, Timothy	Rochester, NY	Male	58	55-59 Male	19:18.780	10	1	
11	40	Brunett, Peter	Honeoye Falls, NY	Male	65	65-69 Male	19:36.083	11	1	
12	20	Dwyer, Tim	Rochester, NY	Male	64	60-64 Male	19:47.700	12	1	
13	160	Hansen, David	Rochester, NY	Male	40	40-44 Male	19:53.137	13	3	
14	30	Rapone, Joe	Le Roy, NY	Male	40	40-44 Male	19:54.160	14	4	
15	112	Ruhland, Matthew	Hilton, NY	Male	25	25-29 Male	20:15.750	16	2	
16	7	Larson, Mark	Rochester, NY	Male	54	50-54 Male	20:33.067	18	2	
17	99	Kellman, Matthew	Penfield, NY	Male	59	55-59 Male	20:50.037	19	2	
18	58	Ekholm, Eric	Honeoye Falls, NY	Male	55	55-59 Male	21:24.127	23	3	
19	102	Beatty, Ian	Avon, NY	Male	39	35-39 Male	21:25.787	24	3	
20	96	Rubeck, Christopher	Conesus, NY	Male	55	55-59 Male	21:34.893	25	4	
21	79	Davio, Michael	Fairport, NY	Male	52	50-54 Male	21:49.717	26	3	
22	75	Weber, Bill	Fairport, NY	Male	57	55-59 Male	22:04.930	27	5	
23	65	Taggerty, Daniel	Rochester, NY	Male	60	60-64 Male	22:10.627	28	2	

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Male

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24	130	Burgoyne, Russell	Honeoye Falls, NY	Male	39	35-39 Male	22:16.040	29	4	
25	143	Benson, John	Rochester, NY	Male	65	65-69 Male	22:17.440	30	2	
26	64	Palmieri, John	Baldwinsville, NY	Male	66	65-69 Male	22:21.237	32	3	
27	100	Bongard, Jim	Webster, NY	Male	59	55-59 Male	22:23.420	33	6	
28	5	Cox, Jeffrey	Rochester, NY	Male	55	55-59 Male	22:29.187	34	7	
29	113	Kumar, Prem	Pittsford, NY	Male	48	45-49 Male	22:37.817	35	2	
30	134	MacAllister, Bill	Webster, NY	Male	43	40-44 Male	22:43.173	37	5	
31	122	Kramer, Josh	Irondequoit, NY	Male	33	30-34 Male	22:51.857	38	2	
32	89	Jorstad, Matthew	Rochester, NY	Male	18	19 and Under Male	22:55.133	39	2	
33	412	Knarr, Jason	Webster, NY	Male	46	45-49 Male	22:59.540	40	3	
34	147	Flanagan, Harrison	Holley, NY	Male	14	19 and Under Male	23:18.330	43	3	
35	54	Ciaio, Andrew	Victor, NY	Male	58	55-59 Male	23:19.267	44	8	
36	27	Heeks, Dale	Fairport, NY	Male	50	50-54 Male	23:20.260	45	4	
37	153	Vidmar, Jason	Rochester, NY	Male	46	45-49 Male	23:20.433	46	4	
38	49	Curley, Luke	Rochester, NY	Male	33	30-34 Male	23:34.697	49	3	
39	121	Madigan, Mark	Pittsford, NY	Male	62	60-64 Male	23:37.110	50	3	
40	161	Smith, Michael	Rochester, NY	Male	48	45-49 Male	23:42.670	51	5	
41	418	Nowakowski, Gregory	Rochester, NY	Male	55	55-59 Male	23:51.333	52	9	
42	106	Hunt, Bill	Brockport, NY	Male	62	60-64 Male	23:54.837	53	4	
43	70	Schmidt, Timothy	East Rochester, NY	Male	48	45-49 Male	24:11.103	55	6	
44	413	Persia, Paul	Batavia, NY	Male	71	70-74 Male	24:23.750	58	1	
45	19	DeWeaver, Douglas	Rochester, NY	Male	66	65-69 Male	24:25.257	59	4	
46	416	Foster, Joe	Shadyside, OH	Male	59	55-59 Male	24:31.327	60	10	

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47	10	Whorton, James	Rochester, NY	Male	56	55-59 Male	24:56.047	63	11	
48	66	MEEHAN, RICHARD	Farmington, NY	Male	53	50-54 Male	25:13.060	64	5	
49	33	DeMarco, Joe	Nunda, NY	Male	69	65-69 Male	25:17.493	67	5	
50	74	Lindblom, Peter	Rochester, NY	Male	62	60-64 Male	25:48.533	71	5	
51	73	Brewster, Novis	Rochester, NY	Male	64	60-64 Male	26:02.277	74	6	
52	114	Ciecierega, Joseph	Geneseo, NY	Male	50	50-54 Male	26:27.393	76	6	
53	151	Parente, Nicholas	Victor, NY	Male	42	40-44 Male	26:43.710	81	6	
54	4	Berardi, Cory	Rochester, NY	Male	45	45-49 Male	27:08.980	84	7	
55	109	Crowe, Bill	Rochester, NY	Male	73	70-74 Male	27:11.157	85	2	
56	14	Sherwood, Spencer	Rochester, NY	Male	40	40-44 Male	27:24.137	86	7	
57	94	Erickson, Paul	Hemlock, NY	Male	57	55-59 Male	27:36.193	90	12	
58	138	Paeth, Ronald	Kendall, NY	Male	60	60-64 Male	28:40.137	94	7	
59	87	Rosengrant, Wes	Churchville, NY	Male	63	60-64 Male	29:22.207	101	8	
60	85	Cefalo, Michael	Rochester, NY	Male	47	45-49 Male	29:44.267	103	8	
61	159	Blatto-Vallee, Gary	Webster, NY	Male	53	50-54 Male	29:56.487	104	7	
62	146	Flanagan, Joe	Holley, NY	Male	45	45-49 Male	29:57.057	105	9	
63	148	Flanagan, Sullivan	Holley, NY	Male	11	19 and Under Male	29:57.927	106	4	
64	91	OBrien, Andy	ROCHESER, NY	Male	42	40-44 Male	30:42.187	109	8	
65	76	Degma, Matt	Rochester, NY	Male	69	65-69 Male	30:46.460	110	6	
66	407	Hawkins, Tom	Williamson, NY	Male	64	60-64 Male	31:01.280	111	9	
67	107	Kinnear, John	Manchester, NY	Male	56	55-59 Male	31:05.417	112	13	
68	163	Curry, John	Brockport, NY	Male	66	65-69 Male	31:05.807	113	7	
69	47	Alston, Wilton	Rochester, NY	Male	65	65-69 Male	31:28.613	116	8	

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70	32	TheWonderDog, Callie	Rochester, NY	Male	67	65-69 Male	31:41.480	117	9	
71	39	Lyon, Thomas	Canandaigua, NY	Male	44	40-44 Male	33:01.963	120	9	
72	154	Burkhartt, Glen	Fairport, NY	Male	73	70-74 Male	33:24.077	123	3	
73	37	Zonitch, John	Albion, NY	Male	70	70-74 Male	34:21.453	125	4	
74	123	Sillick, Daniel	Hilton, NY	Male	67	65-69 Male	34:43.660	126	10	
75	3	Cope, Robert	Livonia, NY	Male	63	60-64 Male	34:45.007	127	10	
76	404	Clary, Kevin	Pavilion, NY	Male	65	65-69 Male	35:27.673	128	11	
77	119	Butler, Thomas	Rochester, NY	Male	59	55-59 Male	35:32.877	129	14	
78	52	Norris, James	Fairport, NY	Male	64	60-64 Male	35:37.617	130	11	
79	6	Matzan, Andy	Rochester, NY	Male	71	70-74 Male	36:14.953	134	5	
80	125	Fires, David	Rochester, NY	Male	43	40-44 Male	38:50.520	138	10	
81	56	Rogers, Dwight	Churchville, NY	Male	82	80 and Over Male	40:20.677	141	1	
82	9	Murphy, William	Rochester, NY	Male	75	75-79 Male	1:03:31.863	148	1	