

# Hearts of Iron

## Results by Category: 5K

Date: 24 Mar 2018

Pos	No	Name	From	Time	O. Pos	Time Behind Categ	Time Behind Winner
<b>Male : 14 and Under</b>							
1	83	Kaden Kays	Stanley, NY	20:48.050	4	0.000	3:07.643
2	21	Jonny Borisuk	Rushville, NY	22:19.547	7	1:31.497	4:39.140
3	22	David Borisuk	Rushville, NY	23:21.570	10	2:33.520	5:41.163
4	81	Luke McCrobie	Rushville, NY	24:16.790	14	3:28.740	6:36.383
5	72	Connor Gorton	Middlesex, NY	28:15.353	34	7:27.303	10:34.947
6	59	Ryan Clark	Rushville, NY	29:04.157	39	8:16.107	11:23.750
7	57	Teryn Fox	Stanley, NY	34:26.953	56	13:38.903	16:46.547
8	45	Chase Lagger	Stanley, NY	34:30.107	58	13:42.057	16:49.700
9	82	Emmitt Woodworth	Canandaigua, NY	34:35.133	59	13:47.083	16:54.727
10	78	Reese Metcalf	Penn Yan, NY	34:58.487	60	14:10.437	17:18.080
11	58	Edwin Diaz	Stanley, NY	35:18.737	62	14:30.687	17:38.330
12	28	Christyan Borsching	Penn Yan, NY	39:36.043	71	18:47.993	21:55.637
<b>Female : 14 and Under</b>							
1	67	Skylar Matello	Waterloo, NY	27:07.753	29	0.000	4:41.200
2	74	Lydia Merz	Stanley, NY	42:25.073	74	15:17.320	19:58.520
3	33	Lilyanna Carroll	Rushville, NY	47:53.903	78	20:46.150	25:27.350
4	41	Alissa Gorton	Middlesex, NY	47:54.967	79	20:47.213	25:28.413
<b>Male : Ages 15-19</b>							
1	11	Alex Lyons	Middlesex, NY	20:19.443	2	0.000	2:39.037
2	43	Jacob Nemitz	Middlesex, NY	21:01.160	5	41.717	3:20.753
<b>Female : Ages 15-19</b>							
1	23	Amy Borisuk	Rushville, NY	32:17.250	49	0.000	9:50.697
<b>Male : Ages 20-29</b>							
1	85	Timothy Stahlnecker	Waterloo, NY	17:40.407	1	0.000	0.000
2	94	Mark Zavorin	Rochester, NY	23:14.503	9	5:34.097	5:34.097
3	77	Tyler Sutphen	Rochester, NY	24:17.353	15	6:36.947	6:36.947
4	53	Mike Warner	Geneva, NY	28:19.413	35	10:39.007	10:39.007
5	54	Kyle Ackart	Penn Yan, NY	32:46.447	52	15:06.040	15:06.040
6	37	Ethan Eschler	Owego, NY	40:32.677	72	22:52.270	22:52.270
7	95	Rob Marvald	Rochester, NY	56:57.640	85	39:17.233	39:17.233
<b>Female : Ages 20-29</b>							
1	76	Kaley Sutphen	Rochester, NY	24:33.070	16	0.000	2:06.517
2	93	Danielle Crean	30 Holloway Rd, NY	25:40.047	23	1:06.977	3:13.493
3	64	Stephanie Tagliatela	Rochester, NY	26:39.427	26	2:06.357	4:12.873
4	90	Kelsey Hunt	Penn Yan, NY	31:07.157	45	6:34.087	8:40.603
5	84	Marissa Doebert	Rochester, NY	31:14.303	46	6:41.233	8:47.750
6	60	Jennifer Everdyke	Rochester, NY	37:00.460	65	12:27.390	14:33.907

Pos	No	Name	From	Time	O.Pos	Time Behind Categ	Time Behind Winner
7	3	Carlie Bossard	Rushville, NY	39:13.140	69	14:40.070	16:46.587
8	16	Alyssa Carlineo	Stanley, NY	53:37.553	81	29:04.483	31:11.000
9	69	Alexa Mina	Rochester, NY	56:47.983	84	32:14.913	34:21.430

Male : Ages 30-39

1	7	Robert Anderson	Keuka Park, NY	23:43.103	12	0.000	6:02.697
2	13	Justin Matwiejow	Bath, NY	25:22.670	21	1:39.567	7:42.263
3	18	jamie stamm	Victor, NY	31:23.193	47	7:40.090	13:42.787
4	52	Matthew Murphy	Clifton Springs, NY	31:47.937	48	8:04.833	14:07.530
5	51	Josh Burden	Penn Yan, NY	32:21.463	50	8:38.360	14:41.057
6	17	Patrick Pendleton	Rushville, NY	33:24.860	55	9:41.757	15:44.453
7	25	Andrew Easling	Dundee, NY	35:11.550	61	11:28.447	17:31.143
8	36	Andrew Bradley	Rushville, NY	43:41.087	76	19:57.983	26:00.680
9	70	Brennen Colwell	Rochester, NY	57:02.663	86	33:19.560	39:22.257

Female : Ages 30-39

1	68	Amanda Irwin	Penn Yan, NY	22:26.553	8	0.000	0.000
2	48	Heidi Westfall	Geneva, NY	23:53.307	13	1:26.753	1:26.753
3	47	Jamie Murphy	Clifton Springs, NY	24:50.570	18	2:24.017	2:24.017
4	38	Kristin Hare	Geneva, NY	25:27.880	22	3:01.327	3:01.327
5	19	Jill MacKerchar	Penn Yan, NY	26:00.600	24	3:34.047	3:34.047
6	62	Jessica Tuck	Rochester, NY	26:39.433	27	4:12.880	4:12.880
7	4	Andrea Robertson	Stanley, NY	27:11.860	30	4:45.307	4:45.307
8	50	Amy McNicholas	Phelps, NY	27:14.907	31	4:48.353	4:48.353
9	29	Janet Kleiman	Canandaigua, NY	32:26.287	51	9:59.733	9:59.733
10	66	Danielle LaRocca	Canandaigua, NY	35:36.400	63	13:09.847	13:09.847
11	30	Amanda Angell	Canandaigua, NY	37:33.747	66	15:07.193	15:07.193
12	20	Amy Harter	Bloomfield, NY	37:49.160	67	15:22.607	15:22.607
13	14	Meredith Freida	Canandaigua, NY	39:34.413	70	17:07.860	17:07.860
14	40	Kellie Gorton	Middlesex, NY	43:37.297	75	21:10.743	21:10.743
15	32	Amy Carroll	Rushville, NY	53:37.183	80	31:10.630	31:10.630

Male : Ages 40-49

1	1	John Kolh	Camillus, NY	20:25.793	3	0.000	2:45.387
2	86	Jody McLaughlin	Canandaigua, NY	21:25.807	6	1:00.013	3:45.400
3	73	David Ferrett	Rochester, NY	23:37.323	11	3:11.530	5:56.917
4	49	Eric Heleck	Geneva, NY	24:39.223	17	4:13.430	6:58.817
5	44	David Delforte	Canandaigua, NY	25:01.273	19	4:35.480	7:20.867
6	80	Jacob Woodworth	Canandaigua, NY	25:13.897	20	4:48.103	7:33.490
7	8	Jeremy Clingerman	Rushville, NY	26:19.103	25	5:53.310	8:38.697
8	89	Joe DiMariano	Clifton Springs, NY	26:57.157	28	6:31.363	9:16.750
9	24	Jonathan Borisuk	Rushville, NY	28:50.573	38	8:24.780	11:10.167
10	5	Scott Castle	Rochester, NY	29:28.937	41	9:03.143	11:48.530
11	87	Rob Bailey	Victor, NY	30:56.313	44	10:30.520	13:15.907
12	88	Todd Whitford	Keuka Park, NY	32:47.440	53	12:21.647	15:07.033
13	79	Chris Metclaf	Penn Yan, NY	34:29.147	57	14:03.353	16:48.740

Female : Ages 40-49

1	55	Mindy Griffin	Auburn, NY	27:57.167	33	0.000	5:30.613
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Pos	No	Name	From	Time	O.Pos	Time Behind Categ	Time Behind Winner
2	10	Amy Delforte	Canandaigua,NY	28:29.920	37	32.753	6:03.367
3	42	Stephanie Bode	Stanley,NY	41:57.337	73	14:00.170	19:30.783
4	75	Julie Merz	Stanley,NY	46:18.917	77	18:21.750	23:52.363

Male : Ages 50-59

1	12	Kevin Brown	Henrietta,NY	27:43.900	32	0.000	10:03.493
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Female : Ages 50-59

1	92	Mary Freischlag	Ontario,NY	28:22.233	36	0.000	5:55.680
2	56	Colleen Johnston	Geneva,NY	30:03.297	42	1:41.063	7:36.743
3	91	Laurie Turner	Stanley,NY	30:09.850	43	1:47.617	7:43.297
4	9	Lori Morgan	Bloomfield,NY	33:15.063	54	4:52.830	10:48.510
5	65	Wendy Wicks	Spencerport,NY	35:59.717	64	7:37.483	13:33.163
6	6	Deanna Bagley	Canandaigua,NY	38:12.573	68	9:50.340	15:46.020
7	26	Anna Jannes	Henrietta,NY	54:21.453	82	25:59.220	31:54.900

Female : 60+

1	46	Martha Roberts	Penn Yan,NY	29:20.877	40	0.000	6:54.323
2	15	Deborah Howell	Penn Yan,NY	54:28.360	83	25:07.483	32:01.807