

2024-2025 Freezeroo. Pineway Ponds Park 5 mile

1/18/2025

Results by Age Group

19 and Under Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	440 Dixon, Jake	Cambridge, MA	Male	18	19 and Under Male	31:45.983	7	7	94.54
2	141 Jamison, Eli	Spencerport, NY	Male	14	19 and Under Male	34:47.513	24	21	86.32
3	113 Flanagan, Harrison	Holley, NY	Male	15	19 and Under Male	39:33.563	42	33	75.91
4	112 Flanagan, Sullivan	Holley, NY	Male	12	19 and Under Male	59:47.207	116	66	50.23

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Results by Age Group

20-24 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	152 Mantha, Kara	Rochester, NY	Female	22	20-24 Female	51:18.067	95	38	66.80
2	153 Smithoover, Torrie	Rochester, NY	Female	21	20-24 Female	51:26.273	96	39	66.63

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Results by Age Group

20-24 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	83 Carr, Ken	Churchville, NY	Male	23	20-24 Male	40:21.150	45	34	74.42

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Results by Age Group

25-29 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	160 Kanaley, Kathleen		Female	28	25-29 Female	34:22.257	21	3	99.71
2	499 Erickson, Marissa	Honeoye, NY	Female	29	25-29 Female	48:12.150	86	31	71.10
3	487 Collins, Michelle	Brockport, NY	Female	29	25-29 Female	56:39.640	106	45	60.48

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Results by Age Group

25-29 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	26 Ruhland, Matthew	Hilton, NY	Male	26	25-29 Male	33:40.163	14	14	89.19
2	99 Stone, Johnny	Rochester, NY	Male	25	25-29 Male	44:19.423	67	48	67.75
3	498 Pan, Kenny	Hemlock, NY	Male	29	25-29 Male	58:35.090	112	64	51.26

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Results by Age Group

30-34 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	79 Antonio, Sara	Rochester, NY	Female	33	30-34 Female	36:51.600	30	5	92.98
2	138 Smith, Christina	Rochester, NY	Female	33	30-34 Female	42:03.607	51	12	81.48
3	135 Christensen, Kathryn	Rochester, NY	Female	32	30-34 Female	42:46.747	55	13	80.11
4	495 Clarke, Mary	Spencerport, NY	Female	30	30-34 Female	44:59.567	71	23	76.17
5	29 Marianetti, Calli	Hilton, NY	Female	33	30-34 Female	45:10.373	74	26	75.87

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Results by Age Group

30-34 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	106 Budinski, Nick	Rochester, NY	Male	31	30-34 Male	30:05.577	2	2	99.79
2	501 VanAuker, Matt	Penfield, NY	Male	32	30-34 Male	32:32.623	10	10	92.28
3	130 Curley, Luke	Rochester, NY	Male	34	30-34 Male	42:40.977	53	41	70.36

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Results by Age Group

35-39 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	2 Konikowski, Jennifer	Geneva, NY	Female	37	35-39 Female	45:07.377	73	25	75.95
2	65 Smith, Kelli	Batavia, NY	Female	36	35-39 Female	46:28.983	79	28	73.73
3	72 Tretter, Kristi	Batavia, NY	Female	36	35-39 Female	47:24.603	82	29	72.29
4	41 Spencer, Lisa	Honeoye Falls, NY	Female	35	35-39 Female	54:08.737	100	42	63.29
5	103 Nesbitt, Christina	Caledonia, NY	Female	39	35-39 Female	55:40.370	104	44	61.56
6	94 Smith, Anna	West Henrietta, NY	Female	37	35-39 Female	57:52.603	110	47	59.21
7	18 Jones, Erica	Pittsford, NY	Female	39	35-39 Female	59:06.520	115	50	57.98

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Results by Age Group

35-39 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	104 Nesbitt, Philip	Caledonia, NY	Male	38	35-39 Male	30:01.870	1	1	100.00
2	114 Gajewski, Benjamin	Geneseo, NY	Male	38	35-39 Male	31:32.530	6	6	95.21
3	497 Smith, Colin	Rochester, NY	Male	36	35-39 Male	32:20.530	9	9	92.85
4	425 Lawrence, Ryan	Union City, PA	Male	38	35-39 Male	35:23.580	26	22	84.85
5	463 Snyder, Danie	Canandaigua, NY	Male	36	35-39 Male	47:08.837	81	53	63.70
6	157 Sampson, Jason	Newark, NY	Male	38	35-39 Male	47:48.957	85	55	62.81

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Results by Age Group

40-44 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	56 Matthews, Elizabeth	Pittsford, NY	Female	44	40-44 Female	34:16.263	18	1	100.00
2	101 Hansen, Jennie	Rochester, NY	Female	40	40-44 Female	34:18.093	19	2	99.91
3	60 Nagel, Kirsten	Pittsford, NY	Female	41	40-44 Female	35:08.040	25	4	97.54
4	155 Pouliot, Carolynne	Rochester, NY	Female	42	40-44 Female	37:22.893	34	7	91.68
5	117 Courtney, Katie	spencerport, NY	Female	43	40-44 Female	39:35.660	43	10	86.56
6	30 McCabe, Carly	West Henrietta, NY	Female	40	40-44 Female	53:16.400	98	40	64.33
7	96 Moscicki, Ann	Honeoye Falls, NY	Female	42	40-44 Female	54:08.697	99	41	63.30
8	5 Lyon, Danielle	Canandaigua, NY	Female	40	40-44 Female	1:16:25.153	126	55	44.85

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Results by Age Group

40-44 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	22	Byler, Chad	Honeoye Falls, NY	Male	41	40-44 Male	33:28.353	12	12	89.72
2	151	Jamison, Jon		Male	42	40-44 Male	34:21.413	20	18	87.41
3	102	Hansen, David	Rochester, NY	Male	41	40-44 Male	34:23.223	22	19	87.33
4	55	Beatty, Ian	Avon, NY	Male	40	40-44 Male	35:51.353	27	23	83.76
5	84	Ryan, Jonathon	Rochester, NY	Male	42	40-44 Male	36:58.460	32	26	81.22
6	139	MacAllister, Bill	Webster, NY	Male	44	40-44 Male	38:21.293	39	31	78.30
7	80	Parente, Nicholas	Victor, NY	Male	43	40-44 Male	45:31.270	77	50	65.97
8	19	Sherwood, Spencer	Rochester, NY	Male	41	40-44 Male	47:44.280	83	54	62.91
9	500	Nesbitt, Christopher	Caledonia, NY	Male	44	40-44 Male	1:18:18.837	127	72	38.35

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Results by Age Group

45-49 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	66 Palacio, Maria	Palmyra, NY	Female	45	45-49 Female	37:53.920	36	8	90.43
2	489 Geary, Lisa	Avon, NY	Female	45	45-49 Female	42:48.030	56	14	80.07
3	54 Dowling, Rachel	Rochester, NY	Female	45	45-49 Female	42:54.610	58	16	79.87
4	494 Brogan, Kimberly	West Henrietta, NY	Female	49	45-49 Female	44:10.223	65	19	77.59
5	4 McFarlane, Melissa	Canandaigua, NY	Female	45	45-49 Female	44:42.500	70	22	76.65
6	74 Della Pietra, Rachael	E. Rochester, NY	Female	45	45-49 Female	45:04.517	72	24	76.03

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Results by Age Group

45-49 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	156	Harter, Joshua	Avon, NY	Male	49	45-49 Male	30:35.403	4	4	98.17
2	140	Presby, David	Fairport, NY	Male	47	45-49 Male	31:14.370	5	5	96.13
3	496	Nowatchik, Joel	Lockport, NY	Male	47	45-49 Male	32:14.000	8	8	93.17
4	59	Vidmar, Jason	Rochester, NY	Male	47	45-49 Male	34:09.173	17	17	87.93
5	108	Kumar, Prem	Pittsford, NY	Male	49	45-49 Male	36:00.450	29	25	83.40
6	124	Maneiro, Jeremias JMan	Rochester, NY	Male	45	45-49 Male	37:46.757	35	28	79.49
7	111	Flanagan, Joe	Holley, NY	Male	46	45-49 Male	41:43.833	50	39	71.96
8	493	Brogan, William	West Henrietta, NY	Male	48	45-49 Male	42:34.527	52	40	70.54
9	6	Lyon, Thomas	Canandaigua, NY	Male	45	45-49 Male	54:36.137	101	59	55.00

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Results by Age Group

50-54 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	13 Larson, Cindy	Rochester, NY	Female	53	50-54 Female	42:50.433	57	15	80.00
2	105 Nash, Kelly	Rochester, NY	Female	53	50-54 Female	43:11.347	59	17	79.35
3	34 Frye, Michelle	Rochester, NY	Female	52	50-54 Female	44:22.160	68	20	77.24
4	70 Croll, Alexandra	Rochester, NY	Female	50	50-54 Female	49:26.337	90	35	69.32
5	420 Fromm, Amy	North Chili, NY	Female	52	50-54 Female	55:09.843	103	43	62.13
6	122 Gaudino, Jennifer	Rochester, NY	Female	51	50-54 Female	58:50.867	113	49	58.24

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Results by Age Group

50-54 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	87	Gage, Marcus	Palmyra, NY	Male	53	50-54 Male	30:20.303	3	3	98.99
2	491	Williams, Josh	Avon, NY	Male	50	50-54 Male	32:35.380	11	11	92.15
3	110	Park, Ohsoon	Victor, NY	Male	52	50-54 Male	33:41.290	15	15	89.14
4	132	Miller, Mike	Batavia, NY	Male	53	50-54 Male	34:37.593	23	20	86.73
5	3	Lopez, Carlos	Webster, NY	Male	52	50-54 Male	38:20.610	38	30	78.32
6	9	Heeks, Dale	Fairport, NY	Male	51	50-54 Male	41:02.210	47	36	73.18
7	93	Smith, Daniel	Le Roy, NY	Male	52	50-54 Male	41:09.830	48	37	72.96
8	36	MEEHAN, RICHARD	Farmington, NY	Male	54	50-54 Male	42:45.627	54	42	70.23
9	159	Bolton, Roger	Albion, NY	Male	54	50-54 Male	44:17.367	66	47	67.81

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Results by Age Group

55-59 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	27 Bice, Lisa	Churchville, NY	Female	56	55-59 Female	36:55.477	31	6	92.81
2	144 McLyman, Christina	Rochester, NY	Female	57	55-59 Female	45:24.767	76	27	75.47
3	490 McDowell, Kim	Avon, NY	Female	57	55-59 Female	49:22.070	89	34	69.42
4	90 Ciaio, Laura	Victor, NY	Female	57	55-59 Female	49:44.557	91	36	68.90
5	25 Ruhland, Christina	North Chili, NY	Female	56	55-59 Female	58:31.390	111	48	58.56
6	78 Schofield, Coleen	Rochester, NY	Female	56	55-59 Female	1:03:56.997	121	53	53.59

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Results by Age Group

55-59 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	40	Ciancione, Timothy	Rochester, NY	Male	59	55-59 Male	33:28.913	13	13	89.69
2	20	Rubeck, Christopher	Conesus, NY	Male	56	55-59 Male	35:53.057	28	24	83.69
3	12	Larson, Mark	Rochester, NY	Male	55	55-59 Male	37:02.433	33	27	81.08
4	42	Weber, Bill	Fairport, NY	Male	58	55-59 Male	37:58.357	37	29	79.09
5	89	Ciaio, Andrew	Victor, NY	Male	59	55-59 Male	39:29.293	41	32	76.05
6	137	Iovoli, Louis	Mendon, NY	Male	59	55-59 Male	43:46.793	63	46	68.60
7	14	Cox, Jeffrey	Rochester, NY	Male	56	55-59 Male	46:42.553	80	52	64.29
8	15	Whorton, James	Rochester, NY	Male	57	55-59 Male	49:49.743	92	56	60.27
9	85	Erickson, Paul	Hemlock, NY	Male	58	55-59 Male	50:35.200	94	57	59.37

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Results by Age Group

60-64 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	126 Lindblom, Bonnie	Rochester, NY	Female	61	60-64 Female	38:32.960	40	9	88.90
2	97 Reif, Carol	Victor, NY	Female	60	60-64 Female	40:04.550	44	11	85.52
3	67 Vanderberg, Carol	Batavia, NY	Female	62	60-64 Female	43:52.753	64	18	78.10
4	136 Iovoli, JoAnne	Honeoye Falls, NY	Female	60	60-64 Female	44:24.623	69	21	77.17
5	107 Godshall, Karen	Spencerport, NY	Female	60	60-64 Female	48:57.007	88	33	70.01
6	118 Sullivan, Lynn	Victor, NY	Female	62	60-64 Female	1:06:12.533	125	54	51.76

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Results by Age Group

60-64 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	158	Bongard, Jim	Webster, NY	Male	60	60-64 Male	40:46.200	46	35	73.66
2	95	Madigan, Mark	Pittsford, NY	Male	63	60-64 Male	43:31.367	60	43	69.00
3	127	Lindblom, Peter	Rochester, NY	Male	63	60-64 Male	43:33.883	61	44	68.93
4	119	Lyons, Michael	Rochester, NY	Male	61	60-64 Male	55:06.587	102	60	54.49
5	50	Cope, Robert	Livonia, NY	Male	64	60-64 Male	56:52.543	107	62	52.80
6	116	Tarduno, John	Rochester, NY	Male	63	60-64 Male	59:03.800	114	65	50.85
7	82	Carr, Joe	Churchville, NY	Male	61	60-64 Male	1:03:10.180	120	68	47.54
8	129	Butler, Thomas	Rochester, NY	Male	60	60-64 Male	1:05:37.160	124	71	45.77

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Results by Age Group

65-69 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	48 Whalen, Beverly	Farmington, NY	Female	66	65-69 Female	47:45.823	84	30	71.75
2	32 Riley, Anne	Fairport, NY	Female	68	65-69 Female	48:19.643	87	32	70.91
3	17 Eisenman, Carol	Rochester, NY	Female	67	65-69 Female	50:08.297	93	37	68.35
4	47 Pryor, Marilee	Rochester, NY	Female	69	65-69 Female	1:00:29.483	117	51	56.65
5	462 Jay, Cindy	Hilton, NY	Female	69	65-69 Female	1:02:07.580	119	52	55.16

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Results by Age Group

65-69 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	63	Dwyer, Tim	Rochester, NY	Male	65	65-69 Male	33:49.573	16	16	88.78
2	115	DeWeaver, Douglas	Rochester, NY	Male	67	65-69 Male	41:30.263	49	38	72.36
3	58	Brewster, Novis	Rochester, NY	Male	65	65-69 Male	43:45.430	62	45	68.63
4	62	Jerris, Tom	Livonia, NY	Male	66	65-69 Male	45:22.363	75	49	66.19
5	7	TheWonderDog, Callie	Rochester, NY	Male	68	65-69 Male	1:01:44.720	118	67	48.64

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Results by Age Group

70-74 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	120 Lyons, Patricia	East Aurora, NY	Female	73	70-74 Female	1:19:40.750	129	56	43.01

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Results by Age Group

70-74 Male

Pos	Bib	Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	16	Kane, Brian	Rochester, NY	Male	70	70-74 Male	45:35.483	78	51	65.87
2	61	Degma, Matt	Rochester, NY	Male	70	70-74 Male	53:09.397	97	58	56.50
3	125	Burkhardt, Glen	Fairport, NY	Male	74	70-74 Male	56:38.393	105	61	53.02
4	492	Jones, Loren	Basom, NY	Male	74	70-74 Male	57:51.487	109	63	51.90
5	1	Zonitch, John	Albion, NY	Male	71	70-74 Male	1:04:19.050	122	69	46.69
6	57	Matzan, Andy	Rochester, NY	Male	72	70-74 Male	1:04:55.630	123	70	46.25

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Results by Age Group

75-79 Female

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	51 Lewandowski, Mitzie	Rochester, NY	Female	77	75-79 Female	57:43.383	108	46	59.37

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Results by Age Group

75-79 Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	21 Murphy, William	Rochester, NY	Male	76	75-79 Male	1:56:02.790	130	74	25.88

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Results by Age Group

80 and Over Male

Pos	Bib Last, First	City, State	Gen	Age	Age Group	Finish Time	Overall	Gender	Points
1	121 LYONS, WALTER	EAST AURORA, NY	Male	83	80 and Over Male	1:19:32.397	128	73	37.76